

sweet dreams diy diffuser & spray kit



spray. Drift off into dreamland with this sweet dreams diy diffuser & spray kit. The unique fragrance contains proprietary sleep technology to help promote relaxation and improve sleep. Make it for yourself or give the gift of a good night's sleep to a loved one.

ready set prep.

Cover your workspace and gather all your materials. Check off the list below to make sure all your tools are clean and ready for making!

kit supplies from makesy

- 1x 4 oz perfumer's alcohol
- 1x 0.5 oz lullaby lavender & dreamy jasmine
- 1x 4 oz frosted bottles
- 1x smooth white sprayer
- 1x stirring stick
- 1x funnel
- 1x product label

additional tools needed from your home

- glass mixing bowl

ideas and info.



Additional ideas to repurpose your spray bottle after use:

- hand sanitizer
- refreshing face mist
- linen spray

For more inspo and ideas for your next makesy diy kit project, search the rest of our amazing diy kits on our website at www.makesy.com



carcinogen-free.



phthalate-free.



cruelty-free.



toxin-free.

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happy making!

steps.

step one: In a separate glass container or bowl, combine the 4 oz perfumer's alcohol and the 0.5 oz fragrance oil together.



This special fragrance is designed to help your sleep with wonderful notes of eucalyptus, vanilla and sandalwood.

step two: Use the wood stirring stick and stir this mixture for 2 minutes.



Mixing the fragrance into the alcohol for 2 minutes is important because it allows the molecules to properly bond for a stronger, better scent.

step three: Place the small funnel into the neck opening of the spray bottle and start pouring your mixture.



These frosted glass bottles are reusable, so check out the other great products you can make under the ideas and info section on this card.

step four: Twist and secure the sprayer cap tightly onto your bottle. Give it a small shake to ensure that the top is nice and snug.

step five: Apply the provided label to the spray bottle.

step six: Ready, set, spritz! Enjoy your amazing creation and a peaceful night's sleep!

directions for use.

Shake the bottle gently before each use. Spray the body or pillow/linens from a 6 inch distance. If used in pillows or linens, allow for the spray to dry and enjoy. Never leave it within reach of children or pets. Do not ingest. Avoid contact with eyes and mouth.

ingredient listing.

Ethanol (Ethyl Alcohol), Fragrance