Recipe	NOTES:				Þ	
MEAL:						
FROM:		DATE:				
ATEGORY: Breakfast Lunch		□ Dinner □	Dinner □ Dessert □ Snack/Appetizer			
PREP TIME:		DIFFICULTY	: □ Easy	□ Medium	☐ Hard	
COOK TIME:		SERVES:	MY RA	MY RATING: ☆☆☆☆☆		
INGREDIENTS & DIR	ECTIONS:		_			
						