

# WHITELEY MEDICAL SUPPLIES

**NEW!!!  
& EXCITING  
PRODUCTS**

**LIGHT: \$22.50<sup>+GST</sup>    MEDIUM: \$23.50<sup>+GST</sup>    HEAVY: \$24.50<sup>+GST</sup>**



## 66fit Twist & Flex Bar

The 66fit Twist and Flex Bar is a flexible resistance exerciser designed to strengthen shoulders, forearms, wrists and hands. The Twist & Flex Bar is used by performing bending, twisting or oscillating movements to improve grip strength and upper extremity function.

- » Flexible, durable resistance bar to help strengthen hand, wrist, forearm and finger muscles
- » Available in three progressive resistance strengths to match user capability
- » Ridged surface for enhanced grip during use. Lightweight, portable, easy to store
- » Effective in treatment of tennis elbow

🔍 66FBYE

Available in three sizes & resistances:

**66fit™**

Bar Colour:	Size:	Resistance:
YELLOW	2kg	Light
RED	3.5kg	Medium
GREEN	6kg	Heavy



**BOX 24: \$108.70<sup>+GST</sup>**

**66fit™**

**NEW!!!**

## Spikey Massage Balls

- » Ideal for body massage and relieving tension
- » Promotes blood circulation
- » Suitable for helping to release muscle tension
- » Can be used in a variety of ways on any parts of the body
- » Suitable for massage, reflexology, hand therapy & relaxation exercises

🔍 66SPSTAND (Box of 24)

Individual Balls:

- 🔍 66SPIKEYBU ● 66SPIKEYPU ●
- 66SPIKEYRD ● 66SPIKEYGN ●
- 66SPIKEYOR ●

**Sold individually or as a box of 24**



**INDIVIDUAL  
SPIKEY BALLS:  
\$5.80<sup>+GST</sup>**

# LONGEST COMPRESSION DEVICE



**NEW!!!**

## Longest Longest Compression Therapy Device

*The LGT- 2200SP Compression Therapy Device is an air compression system used to temporarily relieve muscle tension, increase blood circulation and promote lymphatic drainage to get fast recovery to the treated areas. Helps athletes recover faster after training or use for pre- workout warm up.*

### Features:

- » Portable design, easy carry
- » User friendly, digital control & quiet operation
- » Long lasting rechargeable battery (6500mAh)
  - up to 6 hours of use
- » High quality overlapping sleeves – 4 chambers
- » 6 compression modes
- » Pressure: 30-150mmHg
- » Real time pressure indication and adjustable pressure during session
- » Apply to one or two parts of your body at a time
- » Multiple options for sleeves: Sold separately

### Air Compression Therapy Helps:

#### Relieve Pain & Swelling:

Whether you're an athlete or just someone who spends long periods of time sitting, standing or walking, compression can help improve blood flow, enhance the lymphatic & venous systems, combat soreness, inflammation & swelling.

#### Prime Your Body to Training:

Use compression before exercise to warm up faster or post exercise to help reduce fatigue, soreness & speed up recovery. Compression can also help relieve muscle tension and improve your range of motion.

#### Support your Lymphatic System:

Compression can help with lymphatic drainage and promote lymphatic fluid movement.

**WHITELEY**  
MEDICAL SUPPLIES

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# Longest



**BUY  
JUST THE  
UNIT**

**OR**

**BUY  
AS A KIT**

and purchase the compression garments separately as listed below...



**\$895.00** <sup>+GST</sup>

## Longest Compression Therapy Device

Longest Compression Therapy Device. Compression garments sold separately.

🔍 LGT2200UNIT

**\$1,095.00** <sup>+GST</sup>

## Longest Compression Therapy - Leg Compression Kit

- » 1 x Longest Compression Therapy Device (LGT- 2200SP) - with power cord & connection hose with double connectors
- » 2 x Leg Sleeves Medium and 1 x Carry Bag

🔍 LGT2200KIT

## Compression Garments & Accessories Available:

CHOOSE YOUR SIZE:	
<b>S</b>	165cm (5'4") & under
<b>M</b>	170 - 185cm (5'5" - 6')
<b>L</b>	185cm & over (6' & over)



**\$601.50** <sup>+GST</sup>  
4 Chamber Thigh Sleeve

🔍 LGT2200THIGH



**\$215.00** <sup>+GST</sup>  
4 Chamber Leg Sleeve

🔍 LGT2200LEG30



**\$1,060.00** <sup>+GST</sup>  
4 Chamber Full Body

🔍 LGT2200BODY



**\$601.50** <sup>+GST</sup>  
4 Chamber Jacket

🔍 LGT2200JACK



**\$186.20** <sup>+GST</sup>  
4 Chamber Calf & Foot Sleeve

🔍 LGT2200FOOT



**\$135.00** <sup>+GST</sup>  
Carry Bag for 2200SP

🔍 LGT2200BAG



**\$225.00** <sup>+GST</sup>  
4 Chamber Arm Sleeve

🔍 LGT2200ARM

# ANCORE WALL PULLEY



**NEW!!!**

**\$1,385.00<sup>+GST</sup>**

## Ancore Pro Cable Resistance System

Commercial level cable training at a fraction of the cost and space. Ancore Pro was made for athletes, coaches, or facilities to take their training to a whole new level.

### Features:

- » Machined-Metal Face: Enables Ancore Pro to withstand any high-performance environment
- » Roller Guidance System: Increases cable longevity & makes for a buttery-smooth cable training experience
- » Redesigned Resistance Plates: Mechanically improved to ensure maximal durability and lifespan when adjusting resistance
- » Printed Resistance Plate Labels: Permanent side-specific left and right markers
- » Precision-Etched Logo: Laser-etched Ancore logo on the metal faceplate
- » Universal Carabiner: Train with any attachment

### What's included:

- » 1 x ANCORE Pro Base Unit
- » 1 x Ancore Strap Mount
- » 4 x 4.5kg (10lbs) resistance plates
- » 2 x 2.26kg (5lbs) resistance plates
- » Handle attachment

ANCPRO

\* The track mount shown in the picture is sold separately.

### Ancore Pro Cable Resistance System Kit includes:



Ancore Pro Base Unit

Strap Mount

2 x 5lb Resistance Plates

4 x 10lb Resistance Plates

Handle Attachment

PRODUCT SPECIFICATIONS:	
<b>Cable Length:</b>	Maximum of 2.43 metres (8 feet)
<b>Base Resistance:</b>	2.26kg (5lbs) (no resistance plates attached)
<b>Maximum number of plates per side:</b>	3 plates
<b>Product Weight:</b>	4kg (9lbs) (Fully loaded)
<b>Dimensions:</b>	30.48cm x 12cm x 7.6cm (Fully loaded)
<b>Cable Material:</b>	High-strength, synthetic Dyneema® fiber
<b>Face Material:</b>	Machined-metal exterior face with glass fiber reinforced body
<b>Clip Material:</b>	Stainless steel universal carabiner clip

# ANCORE



## ACCESSORIES: Ancore Mounting Systems:



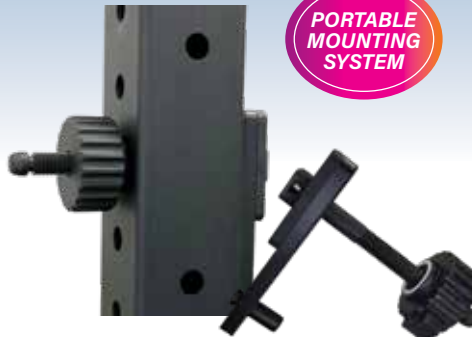
PERMANENT MOUNTING SYSTEM

**\$40.45**<sup>+GST</sup>

### Ancore Stationary Wall Mount

Simple and sleek. The ANCORE Wall Mount is the perfect mounting option for the athlete or facility that will be using their ANCORE Trainer in the same spot. A combination of more than one wall mount can provide excellent height variability for multiple movements. Permanently secures into a wood stud.

🔍 ANCMOUNTSTAT



PORTABLE MOUNTING SYSTEM

**\$343.75**<sup>+GST</sup>

### Ancore Rack Mount:

Transform your squat rack into a cable trainer in seconds. Made with a durable aluminum plate, steel rod, and spring locking knob, the Rack Mount elevates any space and adds a whole new dimension to your training. Any squat rack ranging from 2-4 inches will be compatible with the Rack Mount.

🔍 ANCRACK



PERMANENT MOUNTING SYSTEM

**\$442.25**<sup>+GST</sup>

### Ancore Sliding Track Wall Mount

Complete and effortless adjustability without sacrificing space. This, handcrafted in the USA, permanent, six-foot sliding track mount is ideal for athletes and facilities with a dedicated training space.

🔍 ANCMOUNTSLIDE

## Ancore Plate Storage Systems:



PORTABLE MOUNTING SYSTEM

**\$189.50**<sup>+GST</sup>

### Ancore Plate Dock Strap

Seamlessly store resistance plates at your facility or home gym without taking up space. The Plate Dock is the perfect complement to any Ancore training setup. Make it a staple of your space by using the strap to secure it to almost any squat rack or rounded fixture.

🔍 ANCSTRAP



PERMANENT MOUNTING SYSTEM

**\$189.50**<sup>+GST</sup>

### Ancore Plate Dock Wall Mount:

Seamlessly store resistance plates at your facility or home gym without taking up space. The Plate Dock is the perfect complement to any ANCORE training setup. Make it a staple of your space by easily attaching it to the wall.

🔍 ANCWALL

## TESTIMONIALS – WHAT THE PRO'S ARE SAYING:

*"ANCORE is going to be a game changer. Imagine being able to inexpensively mount a 'box' to every power rack that creates an adjustable pulley system."*

**Mike Boyle,**  
World-Renowned  
Strength Coach and  
Owner of MBSC

*"The ANCORE Trainer is an outstanding addition to anyone's training arsenal."*

**Matt Nichol,**  
Former Strength &  
Conditioning Coach  
for the Toronto Maple  
Leafs and Founder  
of BioSteel Sports  
Supplements

*"I recommend the ANCORE system to all the teams I work with as a must-have travel training tool on the road and for individual athletes to have in their own home gyms."*

**Dana Santas CSCS,**  
E-RYT, aka "Mobility  
Maker," & Pro Sports  
Breathing, Mobility &  
Mind-Body Coach

*"Think of a cable system you can install anywhere and can be held in your hand!"*

**Dr. Tim DiFrancesco, PT,**  
DPT, Former Strength &  
Conditioning Coach for  
the Los Angeles Lakers

*"In my opinion, with the combination of the ANCORE Trainer, applied to MMA training, has drastically improved the fighters' endurance and has allowed sustained power throughout a grueling MMA fight."*

**Eric Nicksick,** Xtreme  
Couture MMA Coach  
and 2020 MMA Coach  
of the Year

*"I love this tool. In my opinion, ANCORE is a tool that strength coaches and anybody that likes to train should have."*

**Felipe Eichenberger,**  
Head Strength &  
Conditioning Coach  
for the Denver  
Nuggets

# INTRODUCING THE...



**BETTER  
GUARDS**

## The BetterGuard...

**NEW!!!** \$249<sup>+GST</sup>.50

### The BetterGuard The Innovative Ankle Brace

Unlike traditional rigid, semi-rigid, and soft ankle braces, The BetterGuard represents a new innovation in injury prevention and recovery technology. It's the first of it's kind, next-generation ankle brace built with responsive stabilisation. Rather than restricting freedom of movement, The BetterGuard is designed to intelligently adapt to your body's movement and provide instant stabilization when you need it most. Where most ankle braces are designed to prevent injury by restricting a full range of motion, The BetterGuard's breakthrough technology gives athletes the protection of a rigid brace, with the freedom of movement of a soft ankle brace.

S M L XL XXL

LEFT

RIGHT

Q BGANK



Hydraulic  
Piston

*"In the event of sudden ankle twisting or rolling the hydraulic piston activates to stabilise the ankle and help prevent an injury".*



### THE HEART OF OUR PRODUCT

**The patented mini piston BG POWER**  
*The multi-patented BG POWER is the core of our ankle protection and the result of intensive research. It sits on the outside of the ankle and works there like a shock absorber: a mini piston works together with an intelligent fluid system. This combination allows the system to be activated immediately in the event of risky movements.*

#### This is the BG POWER:

- » Combination of micro hydraulics and fluid system activates within a few milliseconds in critical situations
- » Guaranteed function even with changing external conditions and high requirements
- » Developed and produced in Germany according to DIN ISO 9001 standards



Hydraulic  
Piston

**WHITELEY**  
MEDICAL SUPPLIES

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# BETTERGUARD BRACE

## The Innovative Ankle Brace.

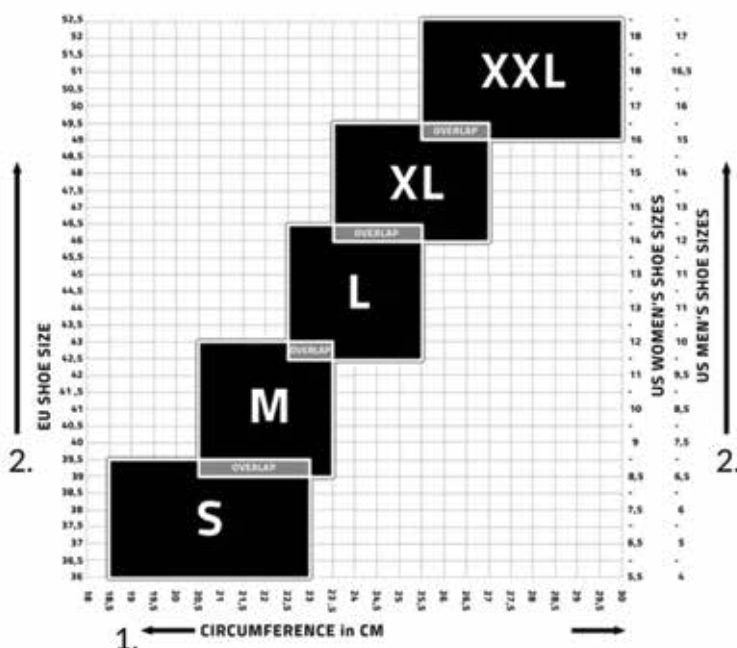
### PROTECTING PERFORMANCE

**The unique ankle brace that combines active protection and natural freedom of movement**

Betterguards intelligent ankle brace technology protects from common ankle injuries without sacrificing freedom of movement. During normal activity, The BetterGuard offers a full range of motion. In the event of sudden twisting or rolling towards inversion/ supination, the adaptive mini-hydraulic piston activates to stabilise the ankle, allowing your body time to react before a serious injury can occur. When the danger is over the BG PROTECTION SYSTEM is automatically released allowing normal movement within milliseconds.

#### Features:

- » Adaptive ankle stabilisation
- » Works like a safety belt for your ankle, protection only activates on sudden inversion/ supination movements
- » Activates at impact – instant activation within 20 milliseconds
- » Slim design ensures a good fit in sports shoes – wears like a second skin
- » Sweat-wicking, quick drying
- » 4 way stretch material
- » Suitable for return to sport post injury or for preventative use

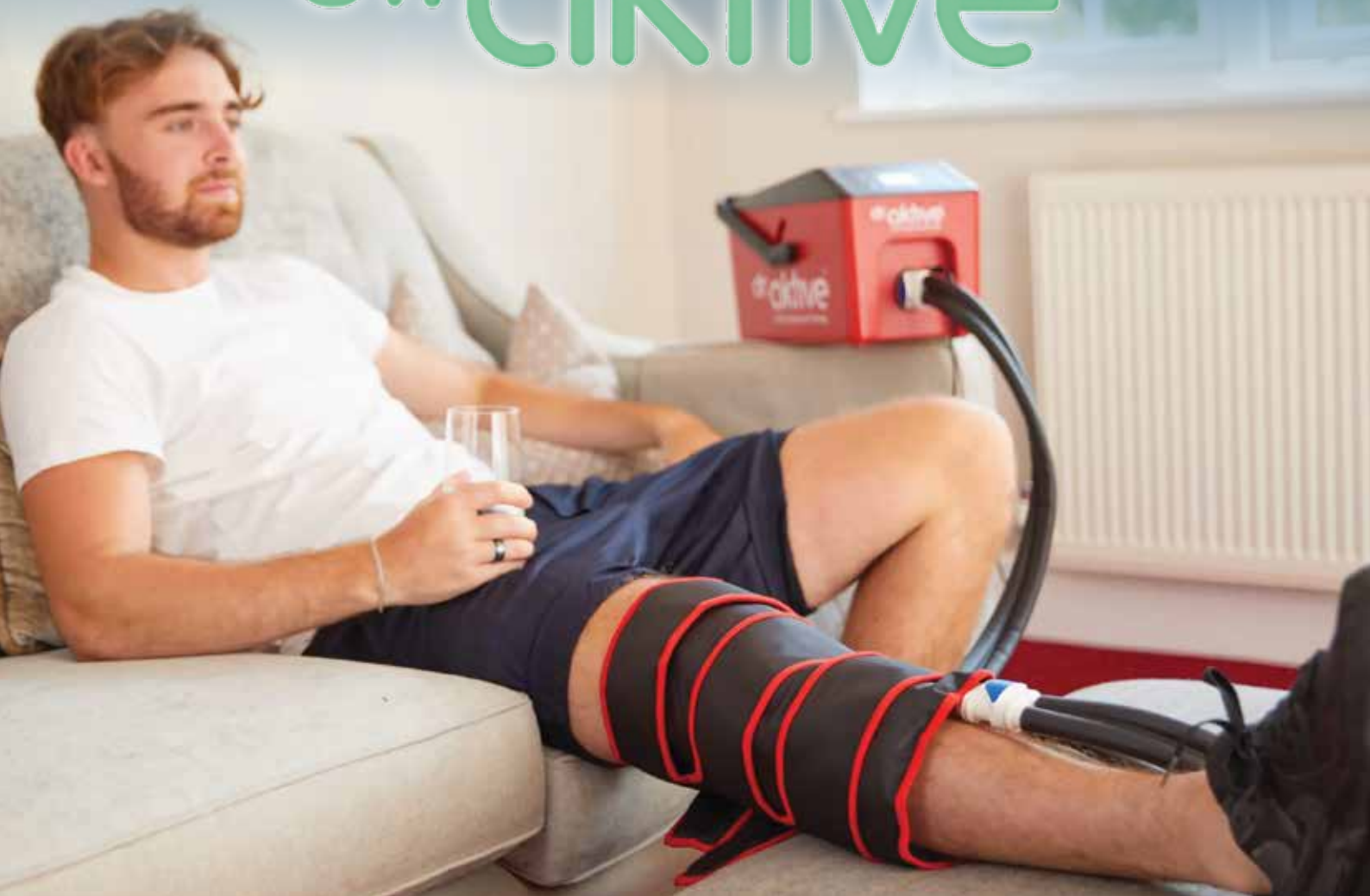


#### Sizing for The BetterGuard:

For proper comfort and correct function of the BetterGuard you will need these two measurements to determine the correct size to order:

1. Ankle circumference measured at the narrowest part of the ankle directly above the ankle bones.
2. Your regular sport shoe size.

# dr. aktive



**\$250.00** <sup>+GST</sup>  
Cryo Pro Ankle  
Wrap\*

🔍 CRYOPROANKLE



**\$250.00** <sup>+GST</sup>  
Cryo PRO 360  
Knee Wrap\*

🔍 CRYOPROKNEE360



**\$250.00** <sup>+GST</sup>  
Cryo Pro  
Universal Wrap\*

🔍 CRYOPROUNI

**WHITELEY**  
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# COLD COMPRESSION THERAPY



**NEW!!!**

## Dr. Aktive – Cryo Pro Cold Compression Therapy

The Cryo Pro™ takes the RICE – Rest, Ice, Compression, Elevation – principle and compiles each element into an elite cooling system. This system uses high performance cold compression therapy, requiring only water and ice for convenient pain relief.

### Convenient

The Cryo Pro™ has been designed with convenient portability features to make your cold compression therapy easy and convenient. The unit comes with a handle which is designed to balance when water and ice are in the system. It requires only ice, water and power mains or battery to operate, making it convenient to use at anytime.

### Innovative Technology

Features nine different modes for varying pressure and time sessions. You are able to choose from 3 different modes of compression – low, medium and high – to accommodate your cold compression needs.

### Easy to use

This easy to use cooling system has been designed with simplicity in mind so you are able to clearly monitor and manage compression.

### Benefits

Cold compression therapy works by constricting the blood vessels, which in turn reduces swelling and inflammation.

Helps to reduce the amount of bruising by slowing down blood flow to an injured area.

Calms muscle spasms, minimizes bruising, and soothes nerve endings, encouraging quick and effective healing for a variety of muscle, tendon and ligament injuries.

*Note: Wraps and accessories are sold separately.*



**\$950.00** <sup>+GST</sup>

**Cryo Pro Control Unit**

🔍 CRYOPROUNIT



**\$250.00** <sup>+GST</sup>

**Cryo Pro Shoulder Wrap\***

🔍 CRYOPROSHOULDER



**\$250.00** <sup>+GST</sup>

**Cryo Pro Bag\***

🔍 CRYOPROBAG

# PILATES REFORMERS

NEW RANGE

ESSENCE BY 66fit™



**\$3,550.00** <sup>+GST</sup>

## 66fit Essence Studio Reformer

Introducing the all new Essence Range of Pilates Equipment by 66fit

Designed and built to perform in high-frequency clinical settings, the range features a beautiful white colour palette to look amazing in your Pilates studio.

### Product Specifications:

Top of Cushion:	310mm
Top of Frame:	260mm
Overall Length:	2360mm
Overall Width:	650mm
Length of Carriage:	960mm
Width of Carriage:	600mm

Q 66ESSREFWH



**\$3,550.00** <sup>+GST</sup>

## 66fit Essence Studio Reformer

The 66fit Essence Reformer is chic and functional. It has all the performance required for a studio and a perfect combination of style and performance for home use. It has a black aluminium frame with quality components giving a smooth carriage ride. Included as standard is the 5 spring system, padded jump board, foot board and box.

Q 66ESSREFBK

**\$26.50** <sup>+GST</sup> 66fit

## 66fit Pilates Rings

Q ACPILRINGPU



Light Medium Heavy



**\$4.20** <sup>+GST</sup> 66fit

## Pilates Socks Low Cut Black

Q PSLC-BK-SM



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# TUBULAR BANDAGE

**Victor**   
School & Sports Club Supplies



## Victor Pro Compband Elasticated Tubular Bandage

### Benefits of Compband:

- » Provides comfortable pressure to joints and limbs
- » Clinically proven to provide extra support
- » Available in six different sizes
- » Reusable and washable
- » Frays less

### Material Composition:

95% Cotton, 5% Spandex.

### Colour:

Beige



Beige

 VPROCOMPBAND

FROM **\$14.50**<sup>+GST</sup>  
SIZE B

### Sizes & Applications:

- Size B:** 6cm x 10m  
Applications: Small Wrists
- Size C:** 6.7cm x 10m  
Applications: Medium Wrists, Small Elbows
- Size D:** 7cm x 10m  
Applications: Large Wrists, Medium Elbows, Small/Medium Ankles, Small Knees
- Size E:** 8.5cm x 10m  
Applications: Large Elbows, Medium Knees, Medium/Large Ankles
- Size F:** 9.5cm x 10m  
Applications: Large Knee, Small Thigh
- Size G:** 11cm x 10m  
Applications: Extra Large Knee, Medium Thigh





**\$131<sup>+GST</sup>.50**

### 66fit Adjustable Dumbbells

The adjustable dumbbell with multiple weight options saves you space in your clinic or home gym. Features 15 different weight options in the range of 2.5kg to 24kg. Simply increase or decrease the weight with a turn of the dial.

Q 66DUMBADJ24



**\$55<sup>+GST</sup>.00**

### 66fit Wooden Jump Box

Strong and sturdy non-slip jumping box, which is perfect for jumping, step-ups, box squats and crossfit workouts. Easy assembly.

Q 66WDJUMP



**\$43<sup>+GST</sup>.50**

### 66fit Wooden Decline Board

Non-slip decline board can be used for knee extensor strengthening or for calf stretches. Five adjustable angles: 15°, 20°, 25°, 30° and 35°.

Q 66WDDECLBOARD

# NEW!!! & EXCITING PRODUCTS

## BY 66fit™



**\$35<sup>+GST</sup>.50**

### 66fit Balance Board Trainer

Rolling balance board designed to work on your core strength, balance, stability & co-ordination. Ideal for cross training to improve skills in a variety of board sports such as surfing, snowboarding and skateboarding.

Q 66WDBALTRAIN



**\$21<sup>+GST</sup>.50**

### 66fit Wooden Rocker Board

Use in a variety of rehabilitation and exercise regimes to improve balance and core strength. Easy to use with 20 degree tilt to rock back & forth or side to side. Features non-slip top for better grip.

Q 66WDROCKBOARD



**\$85<sup>+GST</sup>.00**

### 66fit Flux Powerbag 25kg

The ultimate portable training tool. Simply fill bag with water and air to target weight and you are ready for a full body workout. Water provides a dynamic, unstable training environment to improve strength & power. Perform squats, lunges, push & pull exercises. Max capacity 25kg.

Q 66POWBAG25



**\$14<sup>+GST</sup>.00**

### 66fit Wooden Balance Board

A fun and challenging way to improve your core strength, physical control, and increase your stability and coordination. Durable with non-slip top.

Q 66WDBALBOARD

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1300 303 755  
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