

WHITELEY MEDICAL SUPPLIES

ESSENCE BY **66fit**

NEW!!

CORK RANGE

The 66fit Essence range of yoga and massage products are made with the environment and sustainability in mind.



YOGA MAT

\$35 EACH
00

Q 66CORKMAT

BALANCE PAD

\$35 EACH
00

Q 66CORKPAD

YOGA BLOCK

\$14 EACH
00

Q 66CORKBLOCK

MASSAGE ROLLER

\$35 EACH
00

Q 66CORKROLL

\$12 EACH
00

PEANUT MASSAGE BALL

Q 66CORKPEANUT

MASSAGE BALL 8cm **\$9** EACH
00

Q 66CORKBALL

Benefits:

- Antimicrobial • Biodegradable
- Excellent non-slip qualities, especially when wet
- Provides comfort & cushioning on any flooring or outdoor surface
- Resists mould and doesn't smell
- Resists compacting over time
- Lighter than traditional EVA & rubber products
- Packaged in minimal, fully recyclable boxes

Further Environmental Benefits:

- Harvested from trees without felling the trees, making them a reusable & maintaining their carbon capture qualities
- Cut-off pieces from production can be reformed into other products, reducing production & energy wastage

Stretching & Massaging



\$31^{EACH}.00

BULK DISCOUNT

66fit

SAVE 5% When You Buy 3+

66FIT MASSAGE ROLLER WITH CAP

Regular use can also improve your circulation and blood flow, develop balance and flexibility, and improve muscle function & dynamic strength.

Q 66MASSROLL



\$29^{EACH}.50

BULK DISCOUNT

66fit

SAVE 5% When You Buy 12+

66FIT WAVE ROLLER

Designed for pre-workout to enhance mobility and post-workout to improve recovery time.

Q 66WAVE35

LARGE: \$57^{EACH}.00

SMALL: \$49^{EACH}.00



BULK DISCOUNT

SAVE 10% When You Buy 6+



\$83^{EACH}.00

COOPER MINI MASSAGE GUN

4 interchangeable heads. Strong, powerful & smooth output. Speed: 1800/2600/3200RPM Low noise motor. Aluminium alloy casting. Large battery capacity (2000mAh/8 hours).

Q HI5COOPER

MYOBALL

MYOBALL MASSAGE THERAPY BALLS

MyoBall combines the benefits of cryotherapy, heat therapy and massage therapy into one reusable device for perfect muscle relief.

Q MYOBL



Hot or Cold Therapy

\$41^{EACH}.00

HI5 VIBRATING PEANUT MASSAGE BALL

Hi5 vibrating peanut shaped massager is a versatile device you can use to relieve muscular tension.

Q HI5PEANUT



\$26^{EACH}.50

HI5 VIBRATING MASSAGE BALL

Take your myofascial release techniques to the next level by incorporating the vibration of your muscles provided by the Hi5 Vibrating massage ball.

Q HI5BALLBK



addaday

ADDADAY HANDHELD MASSAGE ROLLER

A versatile 3-in-1 handheld massager tool that alleviates knots, tension, and tightness.

Q ADDAUNO

\$28^{EACH}.00



\$8^{EACH}.50

66FIT MASSAGE BALLS TWIN PACK

One spikey massage ball & one trigger point ball for massage and sensory stimulation to increase blood flow & circulation.

Q 66MASS2



NANO: \$143^{EACH}.55 MINI: \$236^{EACH}.30 PRO: \$408^{EACH}.50

FLOW PRO, MINI & NANO

Gives athletes a precision sports massage via 4 levels of powerful vibration – to promote best performance, reduce fatigue, & relieve muscle swelling & tension.

Q FLOPROBU | FLOMINBU | FLONANWH

WHITELEY
MEDICAL SUPPLIES

Price quoted excludes GST & delivery fees. Prices subject to change without notice. March 2023.



BEST SELLER

@allcare

ALLCARE FOAM ROLLERS

Foam rollers are an excellent way to develop balance, coordination, body awareness, flexibility and dynamic strength. This multi-functional form of training make them suitable for all ages. Various exercises can be performed by standing, sitting and lying.

ACFOAMROLLBU

Colours Available:



SAVE
7.5% When You Buy 10 or more

BULK DISCOUNT

SMALL ROUND:
\$17 EACH
.00

MEDIUM ROUND:
\$24 EACH
.50

LARGE ROUND:
\$35 EACH
.00



\$33 EACH
.50

@allcare

ALLCARE SOFT FOAM ROLLERS - ROUND

- Made of soft density foam
- Provides comfortable support for all body types
- Designed for a more gentle and comfortable massage
- Soft cushioning provides more stability
- Strong enough to be used by large adults
- Soft yet durable
- Use for soft tissue work, stretching, self massage, stability exercises, core strengthening, injury prevention

ACFOAMSOFTLR



\$62 EACH
.00

HI5 VIBRATING FOAM ROLLER - BLACK

Upgrade your regular foam roller to the Hi5 vibrating foam roller and improve your muscle recovery by incorporating the simultaneous modes of massage of pressure and vibration.

HI5FOAMROL

Stretching & Strengthening



All-in-one muscle toning

\$167^{EACH}.00

Simply unfold the board, unclip the handles and Power Cords and you're ready for up to **120 strengthening** exercises targeting all muscle groups!

FiBo Trainer gives you access to a whole series of strengthening exercises normally associated with an entire room full of gym equipment!

In one session you can focus on toning your arms, chest, shoulders, back, abs, glutes, thighs, hamstrings, hips and more.

Q FIBOTRAIN



\$34^{EACH}.50

NEW!!!

Double Length Model

FASCIITIS FIGHTER 2

Conduct high-load strength training to aid in the recovery of ongoing Plantar Fasciitis and heel pain symptoms. New model allows for exercising both feet at the same time.

Q FASFIHTERR2



\$76^{EACH}.50

@allcare

ALLCARE DECLINE BOARD

The Decline Board allows targeted strengthening of the knee extensors not achievable in a standard squat.

Q ACDECLBOARD

WHITELEY
MEDICAL SUPPLIES

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Stretching & Strengthening

Available in 1.5m single lengths or bulk boxes

BULK DISCOUNT

SAVE 5% When You Buy 4 or more



LIGHT FROM: **\$6.50** Single Length

EXTRA FIRM FROM: **\$42.00** Box of 10



@allcare

ALLCARE EXERCISE TUBING 1.5M LENGTHS

Progressive resistant exercise tubing. Available in 1.5 metre lengths and bulk boxes. Strengths range from light through to XX-Extra Firm.

Q ACTUBE15

Colours & Strengths Available:



FROM: **\$38.40** EACH

POSTURE MEDIC & POSTURE MEDIC PLUS

Improve your posture - Improve your health.

Posture Medic can help you improve your posture and strengthen your back & core muscles.

Q POSMEDORI40 - ORIGINAL
Q POSMEDPLU40 - PLUS



\$5.00 EACH

ALLCARE DOOR ANCHOR STIRRUP

The webbing strap has a loop on one end and nub on the other end.

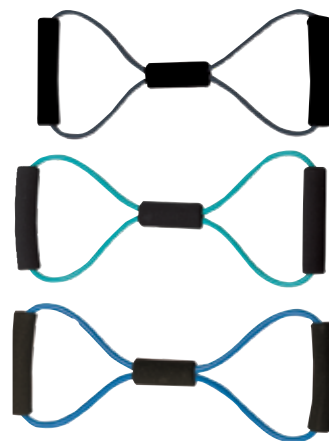
Q ACANCHORST

\$15.00 PAIR

ADJUSTABLE ALLCARE EXERCISE BAND HANDLES

Handles for use with band and tube exercise bands.

Q ACBANDHANDLES



FROM: **\$8.00** EACH

ALLCARE FIGURE 8 EXERCISER

For specific, intensive training of individual muscle groups. Universal and versatile training unit for upper and lower body.

Q ACFIG8

FROM: **\$15.50** EACH

ANKLE-TUBE EXERCISER

The more intensive power training for legs and upper body.

Q ACANKTUBE



AllCare Exercise Band

BULK DISCOUNT

SAVE
5% When You Buy 4 or more



LIGHT FROM:
\$37.00

BULK DISCOUNT

SAVE
5% When You Buy 4 or more



LIGHT FROM:
\$64.00

allcare

ALLCARE BAND 25 METRES

Supplied in colour coded boxes with perforated dispensing slot for easy access and storage. 25 metre lengths.

🔍 ACBAND25

Colours & Strengths Available:



allcare

ALLCARE BAND 46 METRES

Supplied in colour coded boxes with perforated dispensing slot for easy access and storage. 46 metre lengths.

🔍 ACBAND46

Colours & Strengths Available:



BULK DISCOUNT

SAVE
5% When You Buy 4 or more

Available in 1.5m single lengths or bulk boxes of 30

LIGHT FROM:
\$9.50 1.5m Lengths

LIGHT FROM:
\$76.00 Box of 30



allcare

ALLCARE EXERCISE BAND 1.5M LENGTHS

Progressive resistant exercise tubing. Available in 1.5 metre lengths and bulk boxes. Strengths range from light through to XX-Extra Firm.

🔍 ACBAND15 (SINGLES)
ACBANDBX15 (BOX 30)

Colours & Strengths Available:



FITS 25M BANDS:

\$96.00

FITS 46M BANDS:

\$107.50

allcare

ALLCARE BAND DISPLAY STAND - 25M OR 46M

Can hold up to 5 colours.

🔍 ACBANDST25
ACBANDST46



AllCare Exercise Band Loops



Available in 1.5m
single lengths or
bulk boxes of 50

BOX OF 50 FROM:

\$184.50

SINGLES FROM:

\$6.50

 allcare

ALLCARE BAND LOOPS Progressive Resistant Exercise Band

Available in 4 different loops sizes: 23.5cm, 27.5cm, 55cm & 100cm ranging from light to x-extra firm.

🔍 ACBANDLP (SINGLES)
ACBANDLPBX (BOX 50)

Colours & Strengths Available:



 allcare

ALLCARE POWERLOOPS

Strong loop band for optimum resistance. Available in 5 resistance levels for body weight assisted exercises. All loops are 4.5mm thick and 100cm in length.

🔍 ACBANDPOWRD

Colours & Strengths Available:



X-LIGHT FROM:

\$14.00



1300 303 755
wmedical.com.au

Exercise Band

66fit 66Fit Progressive Resistance DYNAMIC EXERCISE BAND

- Premium resistance band with a high tear strength
- The band resists snapping even if small tears are present
- Designed for a more gentle and comfortable massage
- Offers the professional peace of mind when band is in high use in rehab rooms or with patients conducting exercises with higher resistance



LIGHT
BOX 30 OF 1.5M:
\$96.00



1.5M LIGHT
FROM:
\$11.00

66FIT DYNAMIC EXERCISE BAND - 1.5M LENGTHS:

Sold in 5 varying resistances in 1.5 metre lengths. Sold singularly or in boxes of 30.

🔍 66DYBAND15YE or 66DYBANDBX15YE

Colours & Strengths Available:



46M LIGHT FROM:
\$85.00



66FIT DYNAMIC EXERCISE BAND - 46M:

Sold in a roll of 46 metre lengths in 6 resistances.

🔍 66DYBAND46

Colours & Strengths Available:



Available in
1.2m strips or
boxes of 25m



1.2M STRIPS
X-LIGHT FROM:
\$9.00

25M ROLL
X-LIGHT FROM:
\$44.50

NEW!!!

66FIT LATEX FREE RESISTANCE BAND

Latex free premium resistance band.

🔍 66LFBAND12 or 66LFBAND25

Colours & Strengths Available:



50 YARDS
LIGHT FROM:
\$139.00



Thera-Band

THERABAND 50 YARDS

Exercise band used for resistance training and rehabilitation.

🔍 TB150Y

Colours & Strengths Available:



WHITELEY
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Fitness & Stretching



FROM:
\$35^{EACH}.00

66FIT FITNESS MATS

Both mats are 180cm long by 61 cm wide. Thickness: Blue: 10mm, Black 15mm.

Q 66MAT

66fit



\$44^{EACH}.00

RACK FOR THE 66FIT PILATES MAT

A wall mounted rack designed to hold the 66Fit pilates mats.

Q 66MATRACK

FROM:
\$35^{EACH}.50

66FIT YOGA MAT PLUS & BAG 6MM THICK

Q BP-1007-W



\$43^{EACH}.50

66FIT HEIGHT ADJUSTABLE AEROBIC STEP

Step up your fitness with the 66Fit Adjustable Aerobic Exercise Step.

Q BP-2098



\$78^{EACH}.50

66FIT MULTI FUNCTIONAL EXERCISE BOARD

The 66fit Multi Functional Exercise Board is the ultimate all-in-one stretching and exercise board.

Q BP-745TR

\$52^{EACH}.00

66FIT BALANCE/ROCKER BOARD SET - 45CM

Simply choose between a Balance Board or Rocker Board to help retrain proprioception and coordination and help strengthen weakened muscles.

Q BP-A80400L8



\$47^{EACH}.00

66FIT TPE BALANCE PAD

48cm x 40cm x 6.2cm

Q BP-JT-40488



66FIT WOODEN BALANCE BOARD PVC SURFACE - 40CM

Use the 66Fit Wooden Balance Board for a speedy recovery and return to sport.

Q BP-A80203P8



\$31^{EACH}.00

\$33^{EACH}.50

66FIT ADVANCED BALANCE CUSHION

The 66Fit Advanced Balance Cushion (35cm) is a multidimensional product combining the benefits of a gym (swiss) ball, wobble board and sitting cushion in one.

Q 66BALCUSH



Weights & Massage Balls



FROM:
\$21.60 EACH

ALLCARE MEDICINE BALLS

Unlike conventional medicine balls that are weighted by filling them with sand and other materials, a unique manufacturing process makes our medicine balls better than the rest. Available in 7 sizes and varying colours.

Q ACMEDBALL1

Strengths Available (Colours will vary):



Colours & Strengths Available:



FROM:
\$45.50



66FIT AEROBIC WEIGHTED EXERCISE BAR

Used for core, strength and functional training programs, cardio and step workouts. Measures 122.5cm by 6.2cm.

Q BP-9001-5



SET OF 3:
\$15.00 66fit

66FIT ACUPRESSURE TRIGGER POINT MASSAGE BALLS

Effective trigger point release & acupressure massage. Sold as a set of 3 Balls (each 6cm).

Q BP-066-66

BOX OF 24:
\$108.70
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ALLCARE SPIKEY BALL STAND

Designed with protruding nodules, which can help increase blood flow & decrease muscle tension. Ideal for the back, neck and feet and can be used by a wide range of professionals for varying applications.

Q ACSPSTAND



BOX OF 24:
\$154.40

LOUMET SPIKEY MASSAGE BALLS

The best self-massage tool on the market today. Stimulating the effect of a sports massage.

Q LOUSPSTAND



PACK OF 20:
\$85.50
LOCKEROOM POCKET PHYSIO - PACK OF 20

Specifically designed to allow individuals to perform self managed trigger point therapy.

Q LRPOCKET20



Weights & Exercisers



BOX 12:
\$56.50

allcare

ALLCARE CROSS FIT BALLS

Available individually or as a box of 12. Ball size is 62.4mm.

Colours:

ACCROSSFIT

BULK DISCOUNT

SAVE
5% When You Buy 6 or more



66fit FROM 0.5KG: **\$4.50** EACH

66FIT DUMBBELLS

Steel weights coated in a soft vinyl. Ideal to increase strength training. Available in 10 different weights.

Colours & Strengths Available:



66DUMB



0.5KG FROM:
66fit **\$20.00** EACH

66FIT VINYL CUFF WEIGHTS (0.5KG - 5KG)

Ideal for use in hospitals & rehabilitation programs. Features a long Velcro closure strap for a secure comfortable fit. Use for ankles & wrists. Sold Individually.

66CUFF



\$29.50 EACH

BAKBALLS

BakBalls allow you to safely self-treat your back pain and stiffness. Available in Red (regular) or Black (Hard).

BAKBALL



\$215.50 EACH

66FIT MAGNETIC PEDAL EXERCISER

Quiet magnetic, bi-directional resistance system for the upper and lower body. Shows speed, elapsed time, calories, distance and scan. Small and portable with a maximum user weight of 100kg.

ACPEDALMAG



\$174.00 EACH

ALLCARE ELECTRIC PEDAL EXERCISER

Self powered for passive training of the upper and lower body. Adjustable speed control can be set at a speed suitable to the individual. Shows elapsed time, repetitions, calories and scan.

ACPEDALELEC



\$50.00 EACH

66FIT FOLDING PEDAL EXERCISER - ARM & LEG (DIGITAL)

Adjustable resistance - suitable for light, gentle exercise at all levels of fitness. Digital readout to track time, count and repetitions. Suitable for rehabilitation on leg, arm or shoulder.

66PEDALEX

Balls & Resistance



*Includes foot pump

Colours & Sizes Available:



66fit

45CM FROM:
\$19 EACH
.50

66FIT EXERCISE BALLS

66Fit Exercise Balls have a non slip vinyl surface and are ribbed to give an extra sense of security. The anti-burst balls are rated at 300kg. 8 sizes available from beginner to professional. All 66fit Balls come with a foot pump.

Q 66BALLS

BULK DISCOUNT

SAVE
5% When You Buy 3 or more

45CM FROM:
\$38 EACH
.00



LOUMET FITNESS BALL PRO

Extremely durable, firm and flexible fitness ball. They offer user safety, reliability & longer lasting use. Manufactured using Meiflex compound. Officially weight tested to hold 350kg without bursting.

Q LOUBALL45



METALLIC COLOURS

Colours & Strengths Available:



BULK DISCOUNT

SAVE
5% When You Buy 6 or more

66fit

\$15 EACH
.00

66FIT BOOTY BAND LOOP

Muscle Activation for your Glutes, Quads, & Abs. 66Fit Booty Bands are a premium quality elasticated exercise band.

Q 66BOOTYM

Colours & Strengths Available:



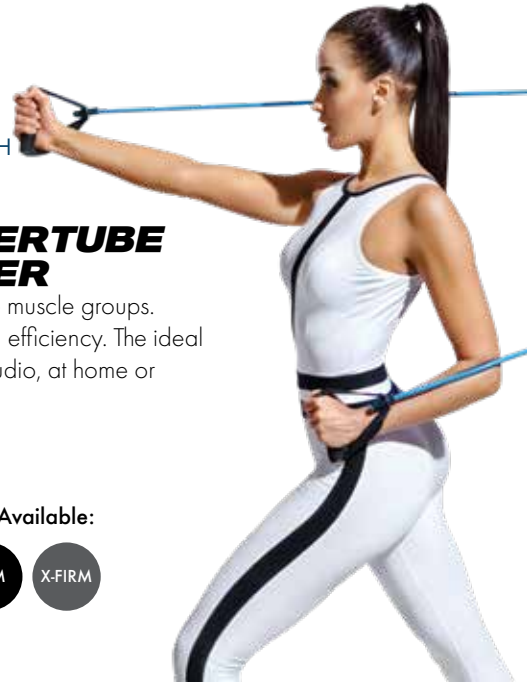
LIGHT FROM:
\$10 EACH
.50

66FIT EXERTUBE EXERCISER

For training of all the muscle groups. Improves fitness and efficiency. The ideal training unit in the studio, at home or while travelling.

Q 66EXTUBE

Colours & Strengths Available:



\$26 EACH
.50

66FIT PILATES RINGS

Foam covered pilates ring with padded grips, flex resistance for strengthening & toning. 3 resistance levels: light, medium & heavy.

Q ACPILRING



allcare

ALLCARE SHOULDER PULLEY

Over-the-Door Shoulder Pulley. Allows patients to increase the gains made in the clinic & helps speed the recovery process.

Q ACSHOULDPU

20+ FROM:
\$9 EACH
.32



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