

Designed as an addition to any facial treatment or on its own, our age-defying 15 minute boosts provide advanced solutions to support the vulnerable zones of the face.

INSTANT EYE REVIVAL • 15 minutes

As the eyes are one of the most delicate areas prone to premature ageing, Gatineau has introduced a treatment designed to **intensively lift** this area and restore a long-lasting firm and youthful appearance. Featuring a luxurious exfoliation, a draining and lifting massage using our **Defi Lift 3D Toned Eye Cream** and a refreshing treat for tired eyes in our **Collagene Eye Compresses** - your eyes are left feeling nourished, relaxed and lifted.

*Can be performed as a stand alone treatment (duration 30 minutes)

Gatineau.com

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EXPERT FACIALS

All our 60 minute expert facials feature cutting-edge skincare formulas together with expert massage techniques to the face, shoulders and hands offering the perfect balance of relaxation and results.

COLLAGEN PLUMPING EXPERT FACIAL • 60 minutes

Treat your skin with this exclusive wrinkle-busting facial designed to **plump** the skin from within and smooth out lines. Using our **100% Marine Collagen Mask** this treatment boosts elasticity, restores instant hydration and reveals a radiant glow for a younger looking you.

HYDRA FUSE COCOON FACIAL • 60 minutes

This energising facial uses our coveted anti-fatigue cooling **Filmomasque** which is packed with **Asparlyne Sea Weed Extract** to de-stress and re-charge the skin. Combined with our patented youth activating molecule **Mélatogénine**, fine lines and wrinkles are smoothed, your skin is left feeling hydrated and radiance is restored.

NEW! AGE DEFENCE POWER FACIAL • 60 minutes

An advanced youth enhancing facial dedicated to mature, tired, and dull looking skin which can be tailor made depending on your specific ageing concerns. Powered by advanced anti-ageing formulas and balanced with an exclusive sculpting facial massage, skin appears lifted, and the appearance of wrinkles are diminished. Skin regains firmness, density, vitality, and radiance for an all-encompassing age-defying result.

DEFINE & CONTOUR FACIAL • 60 minutes

This rejuvenating treatment uses renowned techniques and our coveted **Defi Lift Lifting Mask** to deliver instant and long-lasting results. The anti-ageing facial works to improve skin slackening, fine lines and wrinkles, lack of hydration and pigmentation concerns.

ULTIMATE AGE DEFYING FACIAL • 60 minutes

Created with the highest concentration of revolutionary active ingredients, this sublime facial provides unparalleled results to fight any sign of aging and reveal radiant, visibly younger skin. With a powerful rejuvenating action, this innovative facial repairs mature and photo-aged skin, smooths out wrinkles and improves elasticity and firmness.

DISCOVERY FACIALS

For on the go beauty and when time is of the essence, our express facial treatments are tailored to offer the perfect high-speed solutions to meet your most pressing skin concerns.

YOUTH DISCOVERY FACIAL • 30 minutes

An express facial that combines the art of massage and mask layering to achieve optimum results in minimum time. The complexion appears smooth and radiant whilst providing an important boost to the moisture levels.

HYDRA DISCOVERY FACIAL • 30 minutes

When you're short of time but want to bring back an irresistibly hydrated and balanced complexion, this is the perfect remedy. Using a gentle blend of fruit acids this express facial is designed for all skin types looking to deeply moisturise, brighten and illuminate the complexion leaving it in a complete feeling of comfort.

BODY

Indulge and unwind with Gatineau's luxurious body treatments designed to de-stress, soothe aching muscles and restore balance to the mind, body and soul.

DE-STRESS MUSCLE MELTER • 60 minutes

This all-encompassing treatment begins with a hand and foot cleanse followed by a full body **exfoliation** to invigorate and de-stress the skin. This is followed by a **relaxing massage** to melt away tension. Using Lotus flower, with its remarkable toning and anti-stress properties, this massage leaves the mind and body relaxed, refreshed and de-stressed.

TENSION TARGETING BACK TREATMENT • 30 minutes

Slough away dead skin cells and **melt away muscular tension** with this targeted back treatment. A combination of stretching and **tension-targeting** massage using a blend of **Lotus Oil** combined with gentle fruit acids leave the muscles revived.

BEACH BODY READY • 45 minutes

This 2 in 1 face and body treatment begins with a **thirst-quenching** facial where dead skin cells are eliminated through an intensive **double exfoliation**. This is followed by an energizing **sea mineral face mask**, to restore balance and moisture from the inside out. The body treatment uses our invigorating body brush and the Golden Glow Gradual Tan to leave skin soft, smooth and sun kissed.