

The SXE395 was designed with 20 levels of electronic incline and 3 foot pedal angle settings to keep your workout challenging and effective. Proper ergonomics and biomechanics, a solid feel, important workout data feedback, and effective programs will help you stick with your exercise routine and achieve your long term fitness goals.

SXE395 ELLIPTICAL

- 7.5" (190.5mm) Bright blue backlit LCD screen with separate Muscle Activation Profile and HR % Profile LED displays.
- Electronic incline provides 20 levels of adjustment to modify your elliptical pedal pattern.
- Remote Handlebar Toggles for both resistance and incline allow for secure workout changes without taking your hands off the handlebars.
- Dual track system with concave roller wheels for added stability and durability.
- Contact and wireless heart rate monitoring options make your workouts more effective (chest strap transmitter included).
- Adjustable cooling fan and dual speakers with audio jack for comfort and entertainment.
- Bluetooth compatible with SPIRIT FIT App to monitor and record your workout data.





CONSOLE



As with any product, a major importance is the user interface. We focused on making everything easily accessible and comfortable: adjustable console angle, muscle and heart rate LED profiles, tablet friendly reading rack, adjustable cooling fan, and integrated speakers with audio jack to keep you encouraged to workout longer.



5XE395 EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Heart Rate % Profile, Muscle Activation Profile, Tablet Friendly Reading Rack, Adjustable Console Angle, Adjustable Fan, Speakers w/3.5mm Audio Jack, Bluetooth SPIRIT FIT App
Programs	Manual, Hill, Fat Burn, Cardio, Strength, Interval, User 1-2, HR 1-2
Heart Rate	Contact & Telemetric, Heart Rate Transmitter Strap Included
Resistance/Incline	20 Levels, 20 Levels
Handlebar Toggles	Yes, Resistance & Incline
Track System	Dual Rail
Stride Length	20" (508mm)
Flywheel	13.6kg (30lbs)
Handle Bars	Multi Position Grip - Coated
Adjustable Foot Pedals	Yes (3 Levels)
Dimensions	1935 x 740 x 1635mm (76" x 29" x 64")
NW/GW	100.4kg/115kg (221lbs/254lbs)
Max User Weight	150kg (331lbs)