STRONGMAN | CROSS TRAINING





THE LOG

Key Features

- 220mm Diameter of central Steel tube 4mm thick.
- Fully welded end & internal Plates.
- 2x Olympic Ring Collars included.
- · Fit for Olympic weights.

Weight: 30KG

Assembled Dimensions: 183cm (L) x 22cm (W) x 22cm (H)



CODE: LCF245