



LXT300

## MULTI FUNCTION EXPRESS TRAINER

- 3mm Steel used throughout the main frame structure.
- High quality Metallic powder coating.
- Full linear bearing Smith System.
- Sealed bearings in all pulleys.
- Multi-grip chin-up bars.
- 6x weight storage pegs at rear of machine .
- 2x barbell storage posts at rear of machine.
- Accessories storage area at rear of rack for the functional long bar, AB strap & multi-use handles (all included).
- Torso trainer attachment included.
- Multi-grip dip attachments included.
- Includes 2x J-hooks & 2x safety spotter barbell rests & free weights.
- Quick & easy, no cable change upgrade to the optional 2x 210LBS pin loaded weight stack system.

Smith System Capacity: 236KG Rating (520LBS).

Rack System Capacity: 236KG Rating (520LBS).

Chin-up Capacity: 118KG (260LBS).

Free Weight Plate

Loading Capacity: 236KG (520LBS), 118KG (260LBS) each side.

Gun Rack: 5mm Plate.

Net/Gross Weights: 444KG /486KG.

Crate Dimensions: 220cm (L) x 75cm (W) x 50cm (H).

Assembled Dimensions: 155cm (L) x 196.6cm (W) x 237cm (H).