## UTILITY/FID BENCHES | STRENGTH





## **FID UTILITY BENCH**

## **Key Features**

- · Suitable for a wide range of dumbbell exercises.
- · Quick & easy adjustment from decline to flat to military positions.
- When combined with C329R Rack suitable for squats & presses.
- Heavy duty construction that's built to last.
- High quality metallic powder coating.
- · High density durable upholstery.

Maximum Weight Capacity: 182KG (401LBS) including user weight. Assembled Dimensions: 132cm (L) x 72cm (W) x 110cm (H).



CODE: C329UB