

FREE WEIGHT

## F660 LINEAR BEARING HIP SLED



### DESCRIPTION

#### Your Overall Lower Body Developer

- **Heavy-Duty Construction** : From the heavy gauge steel, to the industrial grade linear bearings, this machine is built to withstand the toughest workouts. Capable of handling weight up to 454 kgs/1000lbs.
- **Adjustable pads** to quickly adjust from leg press to hack squats exercise.
- **Squat shoulder pads**: Unlike other machines, our oversized squat shoulder pads are fully adjustable, accommodating a wider range of users.
- **Foot Plates**: Both upper and lower foot plates adjust to several different angles.
- **Donkey Squat Pad**: allows for squats and calf raises by pressing with lower lumbar, relieving spinal compression.
- **Removable 3" calf block**: works in conjunction with Donkey Squat Pad and shoulder pads.

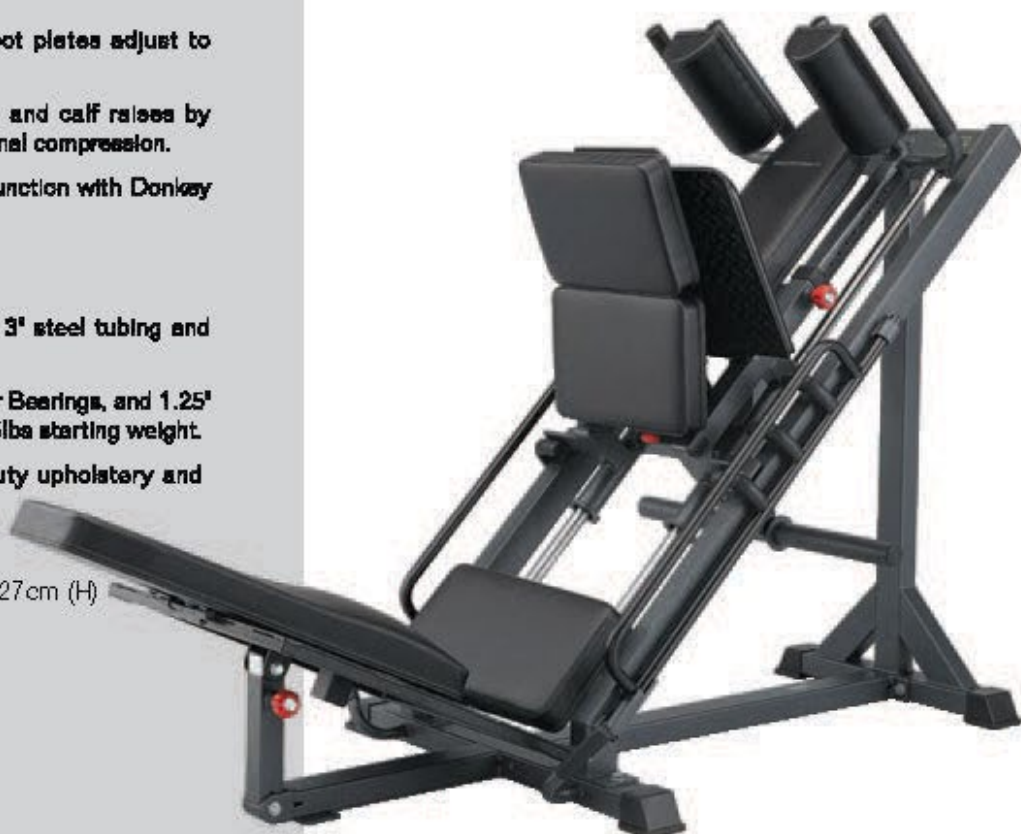
### SPEC

- **Construction**: using heavy gauge, 2" x 3" steel tubing and 1/4" plate steel.
- **Carriage**: rides on industrial grade Linear Bearings, and 1.25" case hardened steel solid guide rods. 75lbs starting weight.
- **All pads** use double stitched heavy duty upholstery and high density foam.
- **Weight Capacity**: 454kgs/1000lbs
- **Dimensions**: 201cm (L) x 99cm (W) x 127cm (H)

## F660

### Linear Bearing Hip Sled

CODE: LF660G



# BODYCRAFT

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Fully adjustable foot plate for any desired angle. Foot plate also folds out of the way for Hack Squats.



Adjustable shoulder pads allow for a wide range of user weights. This also allows us to make the machine smaller than most.



Extra removable pads allow for Donkey squat by pressing with lower lumbar.

This eliminates the spinal compression associated with heavy weights on your shoulders. Meanwhile, Donkey Calf is provided for complete calf development.



Industrial grade linear bearing. Plastic wheels tend to flatten over time. Linear bearings never flatten, or wear out, ensuring smooth consistent performance for as long as you own the machine.