



ADJUSTABLE AB BENCH

CODE: CF680G

SPECIFICATIONS

A strong central core is the center point of a balanced fit body. With the **BODYCRAFT Adjustable AB Bench**, you can tighten and strengthen your ABS, back and improve your overall core stability.

- 16 different positions.
- Adjustable from 19 degrees all the way up to 46 degrees.
- Oversized Comfort Fit Rollers.
- Easy Reach handle for comfortable enter and exit.
- Adjustable chrome upright.

Construction: 2" x 2" and 2.5" round, 12 Gauge Steel Tubing.

Upholstery: 43" x 11", 2" thick High Density Foam, top with 1/2" Low Density Foam (for extra comfort), then covered in Charcoal Gray Industrial Grade Vinyl and Oversized Upholstered Black Covers.

Dimensions:
63cm (25") W x 152cm (60") L x 145cm (57") H