# **COVID-19 Risk Management Protocols**

## A. Screening

- To join an adventure an individual must:
  - reside in a county that has reached Phase 1 of NY's re-open plan
    OR
  - Have guarantined at home for 14 days prior to travel
  - Have had and recovered from COVID-19 (21 days symptom free or antibody test)
- Guides may take temperatures and/or request that an individual determine the scent of an essential oil, as validated research strongly indicates that loss of smell/taste is a better indicator of COVID-19 exposure than fever, especially in asymptomatic individuals
- B. Physical Distancing. 6' is our goal; this is less of an issue in open air
  - Most situations in the wilderness allow for this. When not, appropriate precautions are a mask and sanitizer

#### C. Shared Objects.

For shared gear, sanitize hands before use, sanitize gear/object between uses.

## D. Protective Equipment

- Masks and gloves are optional when we are outdoors and at appropriate distance
- Either/both may be used in situations where maintaining distance or sanitizing shared objects is difficult and on any rare occasion in which we are indoors

#### E. Sanitation/Hygiene

- Coughs or sneezes must be covered and directed away from others
- No spitting or "farmer's blow"
- Use of sanitizer after
  - o touching eyes, mouth, nose, and adjacent areas
  - o Before handling food or communal gear
  - After using the bathroom bag

# F. Emergence of symptoms while on adventure

• If anyone presents symptoms while on adventure, we will isolate them at least 100' from the group while we evaluate according to our standard medical protocols. The guide responsible for evaluation/medical care will be the only person to have contact with the person presenting symptoms, using as much protective equipment as possible and isolating from the remainder of the group. We will then proceed as our medical protocols dictate, with the goal of evacuation of the ill party as soon as is feasible.

## G. Contact tracing

• Should anyone fall ill with COVID-19 within 14 days of adventure, that party must notify DBA as soon as possible so that we may notify others.