

# CIOVITA



## FIND YOUR FIT

The fit of your cycling kit is one of the most important aspects you need to consider when you select a new jersey, bib or cycling jacket. This isn't only about size or comfort, a good fit allows the high tech fabrics found in our apparel to function optimally.

### MEN'S SIZE CHART

	XS	S	M	L	XL	2XL	3XL
CHEST	86cm - 90cm	90cm - 94cm	94cm - 100cm	100cm - 106cm	106cm - 112cm	112cm - 118cm	118cm - 126cm
WAIST	72cm - 76cm	76cm - 80cm	80cm - 86cm	86cm - 92cm	92cm - 98cm	98cm - 104cm	104cm - 112cm
HIPS	88cm - 92cm	92cm - 96cm	96cm - 102cm	102cm - 108cm	108cm - 114cm	114cm - 120cm	120cm - 128cm
HEIGHT	160cm - 175cm	165cm - 180cm	170cm - 185cm	175cm - 190cm	180cm - 195cm		
WEIGHT	56kg - 62kg	62kg - 70kg	70kg - 80kg	80kg - 90kg	90kg - 100kg	100kg - 110kg	110kg - 120kg

### WOMEN'S SIZE CHART

	XXS	XS	S	M	L	XL	2XL
CHEST	78cm - 82cm	82cm - 86cm	86cm - 90cm	90cm - 96cm	96cm - 102cm	102cm - 108cm	108cm - 114cm
WAIST	60cm - 64cm	64cm - 68cm	68cm - 72cm	72cm - 78cm	78cm - 84cm	84cm - 90cm	90cm - 96cm
HIPS	78cm - 82cm	82cm - 88cm	88cm - 94cm	94cm - 100cm	100cm - 106cm	106cm - 112cm	112cm - 118cm
HEIGHT	145cm - 160cm	150cm - 165cm	155cm - 170cm	160cm - 175cm	165cm - 180cm	175cm - 185cm	175cm - 185cm
WEIGHT	46kg - 50kg	50kg - 54kg	54kg - 60kg	60kg - 68kg	68kg - 76kg	76kg - 82kg	82kg - 88kg



# CIOVITA



## HOW TO MEASURE

### JERSEYS & JACKETS



#### CHEST MEASUREMENTS

For accurate chest measurements, please measure across the widest part of the chest, usually over the nipples.



#### WAIST MEASUREMENTS

For accurate waist measurements, measure around the narrowest part of the waist, in line with your belly button.

### UNDERSTANDING THE FIT



#### SPORT FIT

Our *sport fit jerseys* feature a slightly *more relaxed fit* that allows for breathing room and *doesn't hug the body as tightly* as other fit styles. These jerseys also feature shorter, cuffed sleeves.



#### RACE FIT

Our *race fit jerseys* feature a tighter, more *performance-focussed fit* than our sport fit jerseys. They feature a figure hugging fit, and longer sleeves to create a jersey that feels fast, without sacrificing comfort.



#### PRO FIT

Our *pro fit jerseys* feature a *skintight, high performance fit*, designed to function best in *aggressive riding positions* - when you are pushing your limits on the bike.



**CIOVITA**



## HOW TO MEASURE

### BIBS & SHORTS



#### HIP MEASUREMENTS

For accurate hip measurements, please measure around the widest part of the buttocks.

#### KNOW YOUR MEASUREMENTS?

Once you know your measurements you can use our size recommender to find your fit.

[SIZE RECOMMENDER](#)



**CIOVITA**



**OTHER SIZE CHARTS**

**UV SLEEVES**

	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>
<b>BICEPS</b>	86cm - 90cm	90cm - 94cm	94cm - 100cm	100cm - 106cm