

## **WHY WEAR A COMPRESSION GARMENT?**

A medical compression garment can assist in the body's healing process and improve procedure results, postoperatively. However, accurate compression and patient compliance in wearing a medical compression garment can affect the outcome. For the most part, patients who comply with their doctor's recommendation to wear a compression garment have reported a greater sense of overall satisfaction associated with their procedure results. Additionally, greater procedure satisfaction has been linked to patients who reported 100% compliance versus patients who wore a compression garment less than the recommended time. Patient compliance has been directly linked to selecting a garment that properly fits a patient's body, is designed for good hygiene, and is attractive and comfortable while providing accurate compression.

### **BENEFITS:**

The benefits of proper compression on the subdermal layers can reduce the risk of seromas, lymphedema, hematomas, and skin unevenness.

- reduces fluid build-up in subdermal surgical lipectomy area
- increases blood circulation
- promotes proper skin adhesion to newly contoured areas
- Holds surgical dressings in place until removed

Alternately, an ill fitting or ill designed compression garment may cause increased risk of seromas, lymphedema, lumpy or uneven skin composition, exaggerated or red scars, or necrosis.