

# **GESHA**

## **Coffee Tasting Activity**

To get the most from your Purity Coffee Gesha experience, try the coffee with a French press. We've added a coffee cupping evaluation activity below. Enjoy!

### Supplies you will need:

- French Press
- Timer
- Purified water

- Kettle
- Scale
- Thermometer (optional)

**Mini French Press:** 355 ml (12 oz) Use 19g coffee

355g water

OR

**6-cup French Press** 1 liter (34 oz) Use 55g coffee 900g water

### Using the French Press for Cupping:

Grind Size for	Brew Temp:	Brew Time:	
Cupping:	at 200°F (94°C)	3:00 (+/-:30)	
Drip Grind			









### Part 1: Grinding and Enjoying Fragrance

- Before grinding, clear your grinder of any old coffee grounds.
- Grind your coffee to a drip grind size (not coarse, not fine-between) into a clean container. As soon as you are done grinding, get your nose close to the container and smell the fragrance of the fresh ground Gesha. What do you smell? Check any notes below that you might - detect:
- FruitsFlowersDried FruitHoneyBerriesTropical FruitBrown SugarMapleOrange BlossomCitrus FruitCaramelized SugarCoconut

#### Part 2: Pouring Hot Water and Enjoying Aromas

- When your water boils, let it sit for about a minute to cool from 212 °F to about 200°F (or use a thermometer). When ready to pour, start your timer and begin to add all of the water, being sure to get all the grounds wet.
- Stop about halfway full and get your nose close to the flask without burning yourself. Sniff a few times - These are very volatile and disappear quickly. Finish pouring the water.
- At the 3 minute mark, get your nose close to the crust and break it by stirring back and forth a few times (3-5 times). This releases lots of volatile aromas that have been trapped in the bubbles. What do you smell?

○ Flowers	🔿 Tropical Fruit	O Brown sugar	O Milk Chocolate
○ Jasmine	🔵 Citrus fruit	🔵 Spun sugar	🔿 Vanilla
🔿 Orange Blossom	Pineapple	○ Caramelized sugar	O Maple
O Raisins and Prunes	○ Cinnamon	OHoney	🔵 Coconut

#### Part 3: Taste from Hot to Warm

- Turn the lid to block the coffee from shooting out. Slowly start to sink the plunger down.
- Turn the lid to open the Pour the brewed coffee into a cup. What do you taste? Keep tasting from hot to room temperature and note how the coffee changes, particularly the acidity.
- BergamotPineappleSpun SugarVanillaCoconutLemonChocolateDried FruitOrangeBrown SugarCaramelPipe Tobacco