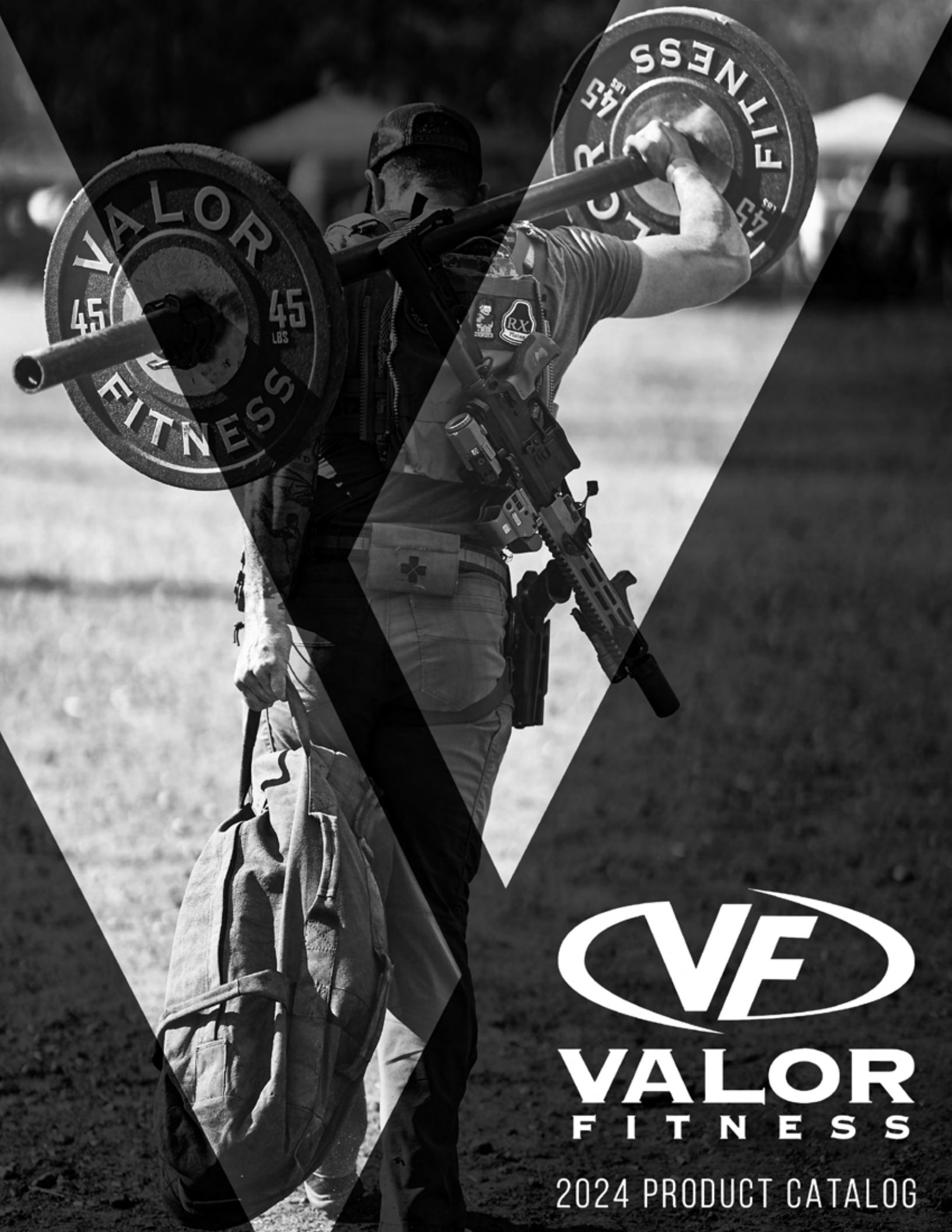




VALOR
FITNESS

2024 PRODUCT CATALOG

LOCATIONS & INFO



FLORIDA LOCATIONS

LAKELAND

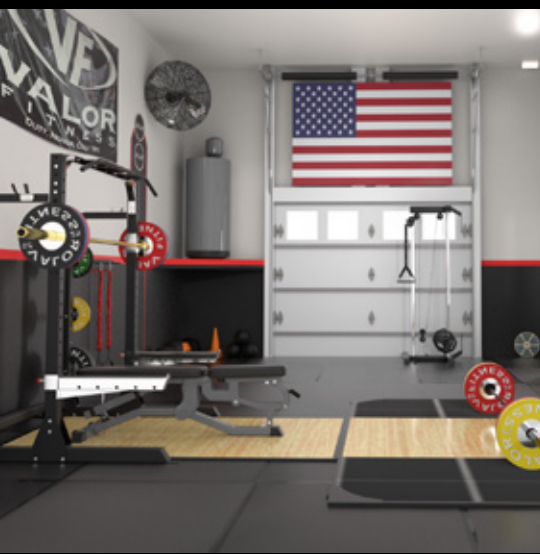
OUTLET STORE
5015 Frontage Road N. Lakeland, FL 33810
Phone: (863) 732-7999

PINELLAS PARK

RETAIL STORE
3900 78th Avenue N. Pinellas Park, FL 33781
Phone: (727) 895-9525 ext.3

CORPORATE

CORPORATE OFFICE
10351 72nd Street N. Seminole, FL 33777
Phone: (727) 895-9525



GYM & RIG DESIGN

We will create a workout area using cutting-edge 3D design. Contact us to get your dream home gym, commercial gym, or fitness rig!

HEROES OF VALOR

We would like to thank those in the fitness community that also serve as true heroes in the Military, Fire, Law, and Medical fields.

FITNESS EVENTS

We provide high-performance equipment to competitions across the country and have in-house events at Valor Fitness.

FOLLOW US:



@VALORFITNESSINC



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@VALORFITNESS

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SHORT SLEEVE COMPETITION BARBELL 72" 28MM



28MM GRIP DIAMETER
NEEDLE BEARING BAR 72" SHORT
2 NEEDLE BEARINGS & BUSHINGS PER SLEEVE

OB-72-COMP

MAX
350LBS



RAINBOW COATED NEEDLE BEARING BARBELL 86" 28MM



28MM GRIP DIAMETER
NEEDLE BEARING BAR 86" STANDARD
2 NEEDLE BEARINGS & BUSHINGS PER SLEEVE

OB-86-RNBW

MAX
1500LBS



GOLD COATED NEEDLE BEARING BARBELL 86" 28MM



28MM GRIP DIAMETER
NEEDLE BEARING BAR 86" STANDARD
2 NEEDLE BEARINGS & BUSHINGS PER SLEEVE

OB-86-GT

MAX
1500LBS



CHROME OLYMPIC BUSHING BARBELL 86" 28MM



28MM GRIP DIAMETER
BRASS BUSHING BAR 86" STANDARD
1 BRASS BUSHINGS PER SLEEVE

OB-86-700SB

MAX
700LBS



NEEDLE BEARING OLYMPIC BARBELL 86" 28MM



28MM GRIP DIAMETER
NEEDLE BEARING BAR 86" STANDARD
2 NEEDLE BEARINGS & BUSHINGS PER SLEEVE

OB-86-V

MAX
1000LBS



BLACK OLYMPIC BEARING BARBELL 86" 28MM



28MM GRIP DIAMETER
BALL BEARING BAR 86" STANDARD
2 BALL BEARINGS PER SLEEVE

OB-86-750B

MAX
750LBS



TECHNIQUE TRAINING BARBELL 72" 28MM



28MM GRIP DIAMETER
NEEDLE BEARING BAR 72" SHORT
2 NEEDLE BEARINGS & BUSHINGS PER SLEEVE

OB-72T

MAX
100LBS



SHORT SLEEVE COMPETITION BARBELL 68" 25MM



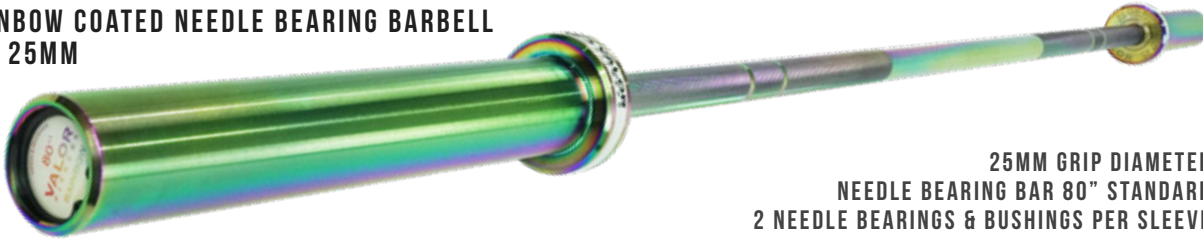
25MM GRIP DIAMETER
NEEDLE BEARING BAR 72" SHORT
2 NEEDLE BEARINGS & BUSHINGS PER SLEEVE

OB-68-COMP

MAX
250LBS



RAINBOW COATED NEEDLE BEARING BARBELL 80" 25MM



25MM GRIP DIAMETER
NEEDLE BEARING BAR 80" STANDARD
2 NEEDLE BEARINGS & BUSHINGS PER SLEEVE

OB-80W-RNBW

MAX
1000LBS



GOLD COATED NEEDLE BEARING BARBELL 80" 25MM



25MM GRIP DIAMETER
NEEDLE BEARING BAR 80" STANDARD
2 NEEDLE BEARINGS & BUSHINGS PER SLEEVE

OB-80W-GT

MAX
1000LBS



CHROME OLYMPIC BUSHING BARBELL 86" 30MM



30MM GRIP DIAMETER
BRASS BUSHING BAR 86" STANDARD
1 BRASS BUSHINGS PER SLEEVE

OB-86-1000SB

MAX
1000LBS



NEEDLE BEARING OLYMPIC BARBELL 80" 25MM



25MM GRIP DIAMETER
NEEDLE BEARING BAR 80" STANDARD
2 NEEDLE BEARINGS & BUSHINGS PER SLEEVE

OB-80W-NB

MAX
500LBS



BLACK OLYMPIC BEARING BARBELL 80" 25MM



25MM GRIP DIAMETER
BALL BEARING BAR 80" STANDARD
2 BALL BEARINGS PER SLEEVE

OB-80-W

MAX
500LBS



DEADLIFT BARBELL 90.5" 27MM



28MM GRIP DIAMETER
NEEDLE BEARING BAR 72" SHORT
2 NEEDLE BEARINGS & BUSHINGS PER SLEEVE

OB-DL

MAX
1200LBS



ADJUSTABLE NEUTRAL GRIP TRAP BAR

GRIP WIDTH BETWEEN 20", 24.5" AND 28.75"
SIZE: 71" X 28" X 7"

OB-ADJ

MAX
500lbs

PATENTED 1" GRIP HANDLE
WITH 3 ADJUSTMENTS

ETCHED SLEEVES FOR
OLYMPIC PLATES

HEX BAR ENSURES
CORRECT LIFTING FORM

RUBBER STOPPERS
PROTECT FLOORS

VALOR EXCLUSIVE
PATENT PENDING



PROMOTIONAL
VIDEO



3 ADJUSTABLE
HANDLE ANGLES



RUBBER
STOPPERS



SPRING CLIPS
INCLUDED

NEUTRAL MULTI-GRIP TRAP BAR

OB-HEX

MAX
500lbs



SIZE:
64" X 30" X 10"

STANDARD MULTI-GRIP TRAP BAR

OB-HXP

MAX
500lbs



SIZE:
64.5" X 30" X 12"

POWERLIFTING 94" 32MM SQUAT BARBELL

OB-SQ

MAX
2000lbs



32MM GRIP
WEIGHT:51LBS

MULTI-GRIP 73" SWISS BAR

OB-MULTI

MAX
300lbs



INCLUDES 2 SPRING CLIPS
WEIGHT:26LBS

EZ CURL BAR 48"

MB-47

MAX
250lbs



28MM GRIP
WEIGHT:22LBS

SUPER CURL BAR 45"

MB-47B

MAX
250lbs



28MM GRIP
WEIGHT:22LBS

STRONGMAN LOG BAR 8" GRIP

OB-LOG-8

MAX
500lbs



LENGTH: 72.25"
WEIGHT:53LBS

STRONGMAN LOG BAR 10" GRIP

OB-LOG-10

MAX
500lbs



LENGTH: 72.75"
WEIGHT:68LBS

STRONGMAN 84" AXLE BAR

OB-AXL

MAX
500lbs



2" GRIP
WEIGHT:25LBS

STRONGMAN FARMERS WALK HANDLES

OB-FW

MAX
600lbs
PER HANDLE



SOLD AS PAIR
1" GRIP
WEIGHT:24.5LBS EACH

PURPLE HEART URETHANE BUMPER PLATES
DESIGNED TO HONOR THE VALOR AND SACRIFICE
OF OUR SERVICE MEMBERS.

BPPH
LB PLATES

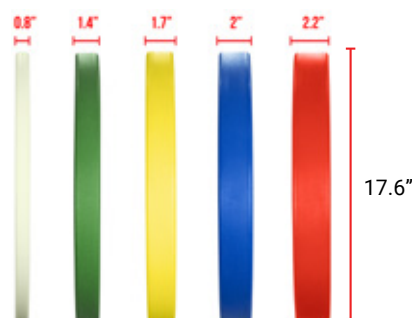


URETHANE BUMPER PLATES



BPPU
LB PLATES

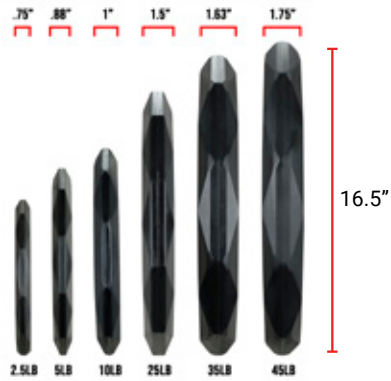
URETHANE BUMPER PLATES



BPI
KG PLATES

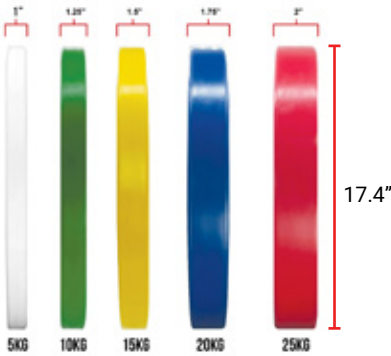
URETHANE OLYMPIC PLATES

OPPU
LB PLATES



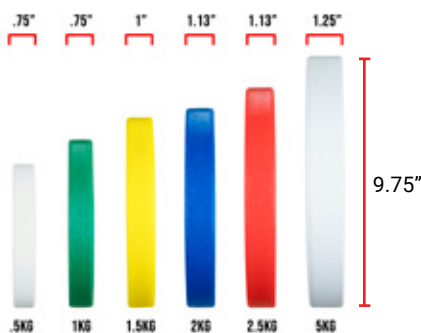
COMPETITION URETHANE BUMPER PLATES

BP-KG
KG PLATES



URETHANE CHANGE PLATES

BPKG-CP
KG PLATES



WEIGHTS & BARS

RECYCLED RUBBER BUMPER PLATES

USA MADE RUBBER BUMPER PLATES



BP-USA

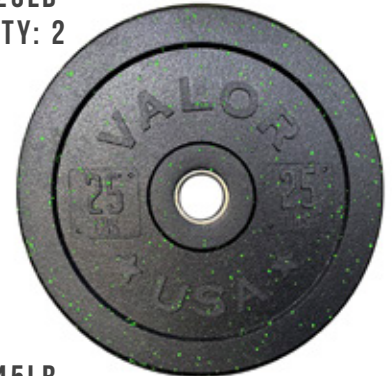
LB PLATES



10LB
QTY: 4



25LB
QTY: 2



45LB
QTY: 1

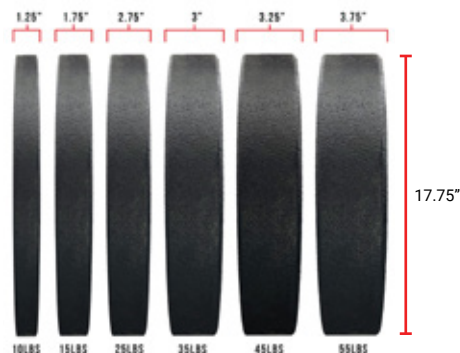


17.5"

RECYCLED RUBBER BUMPER PLATES

BPH

LB PLATES



10LB
QTY: 4

15LB
QTY: 2

25LB
QTY: 2

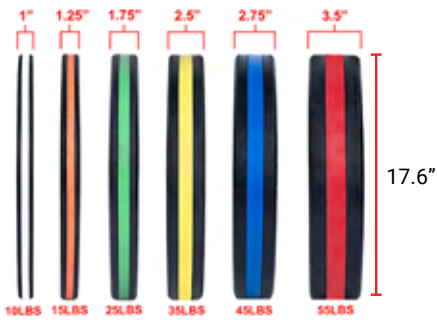
35LB
QTY: 1

45LB
QTY: 1

55LB
QTY: 1

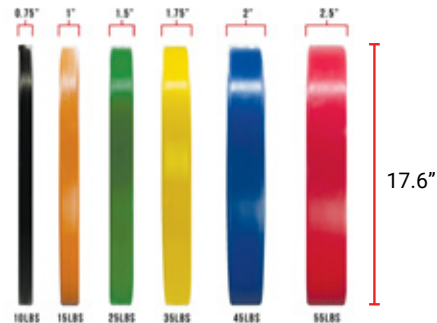
COLORED RUBBER BUMPER PLATES

LB PLATES **BPP**



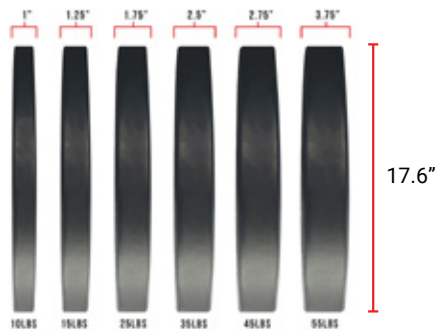
COMPETITION RUBBER BUMPER PLATES

LB PLATES **BPX**



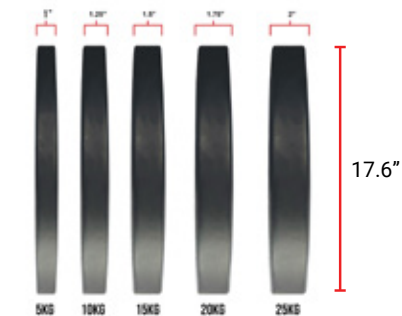
RUBBER BUMPER PLATES

LB PLATES **BP**



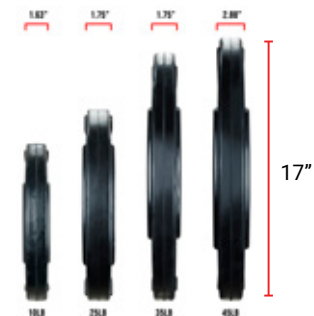
RUBBER BUMPER PLATES

KG PLATES **BPM**



RUBBER OLYMPIC PLATES

LB PLATES **OP**



STEEL CALIBRATED OLYMPIC PLATES

OPSC
LB PLATES



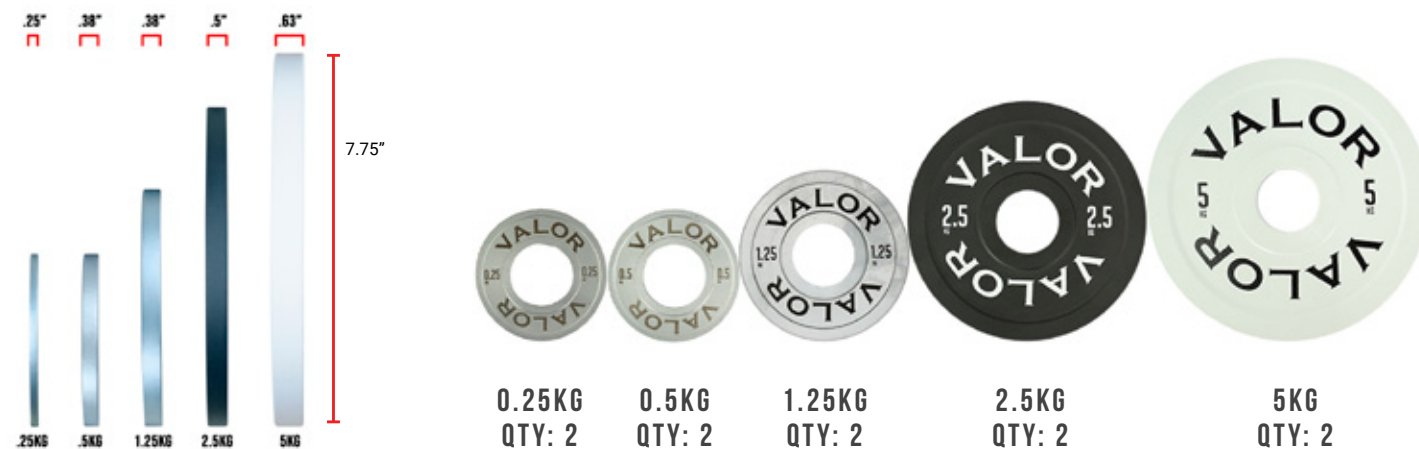
STEEL CALIBRATED OLYMPIC PLATES

OPSC-KG
KG PLATES



STEEL CHANGE PLATES

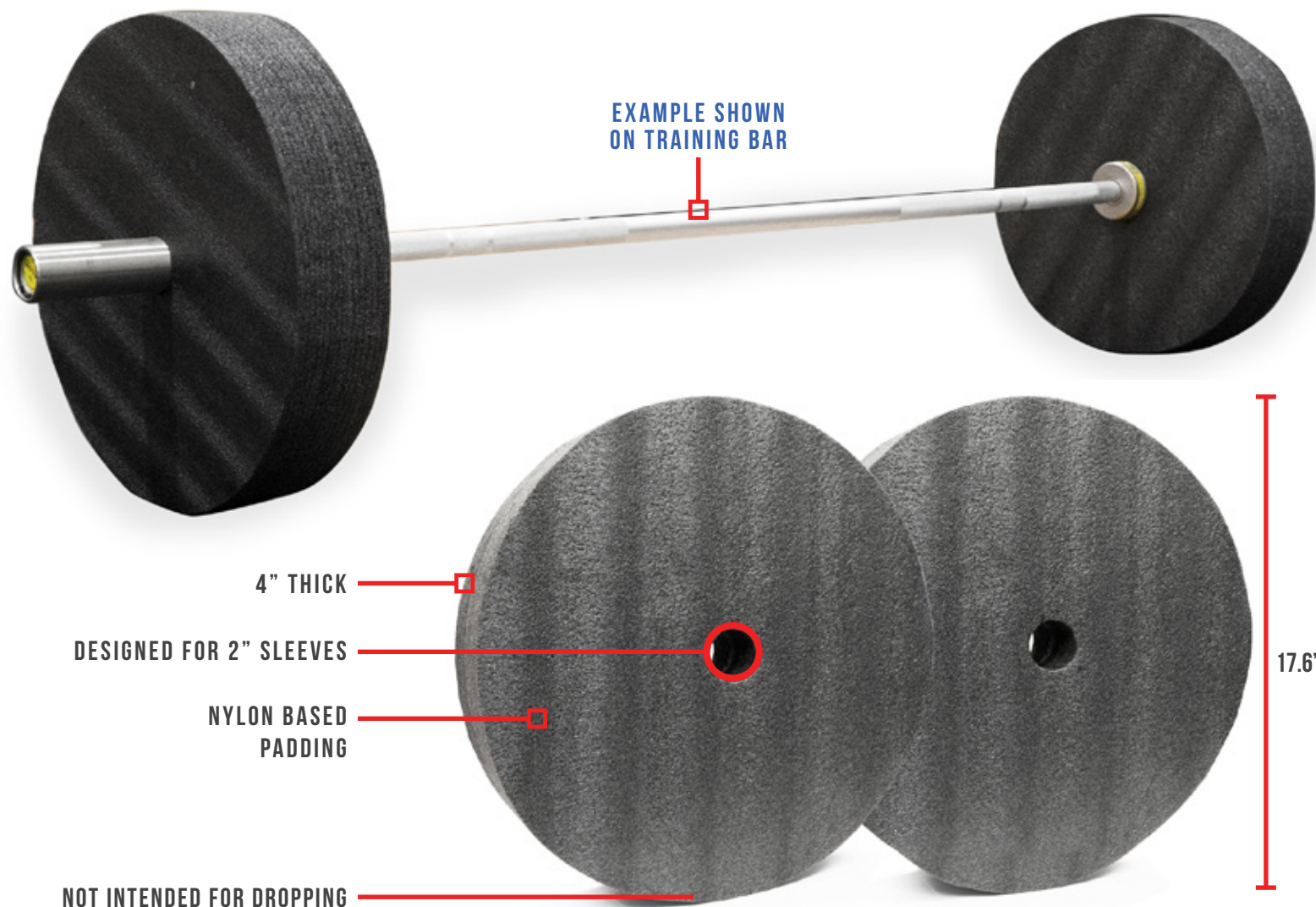
OPSC-KGCP
KG PLATES



FOAM TRAINING TECHNIQUE PLATES

SOLD AS A PAIR
WEIGHT: 0.5LBS

BP-TF



OLYMPIC SPRING COLLARS

SC-1



SOLD AS A PAIR
MADE FROM SOLID STEEL

OLYMPIC SCREW COLLARS

MB-OC



SOLD AS A PAIR
MADE FROM 12-GAUGE STEEL

OLYMPIC MUSCLE CLAMPS

MB-MC

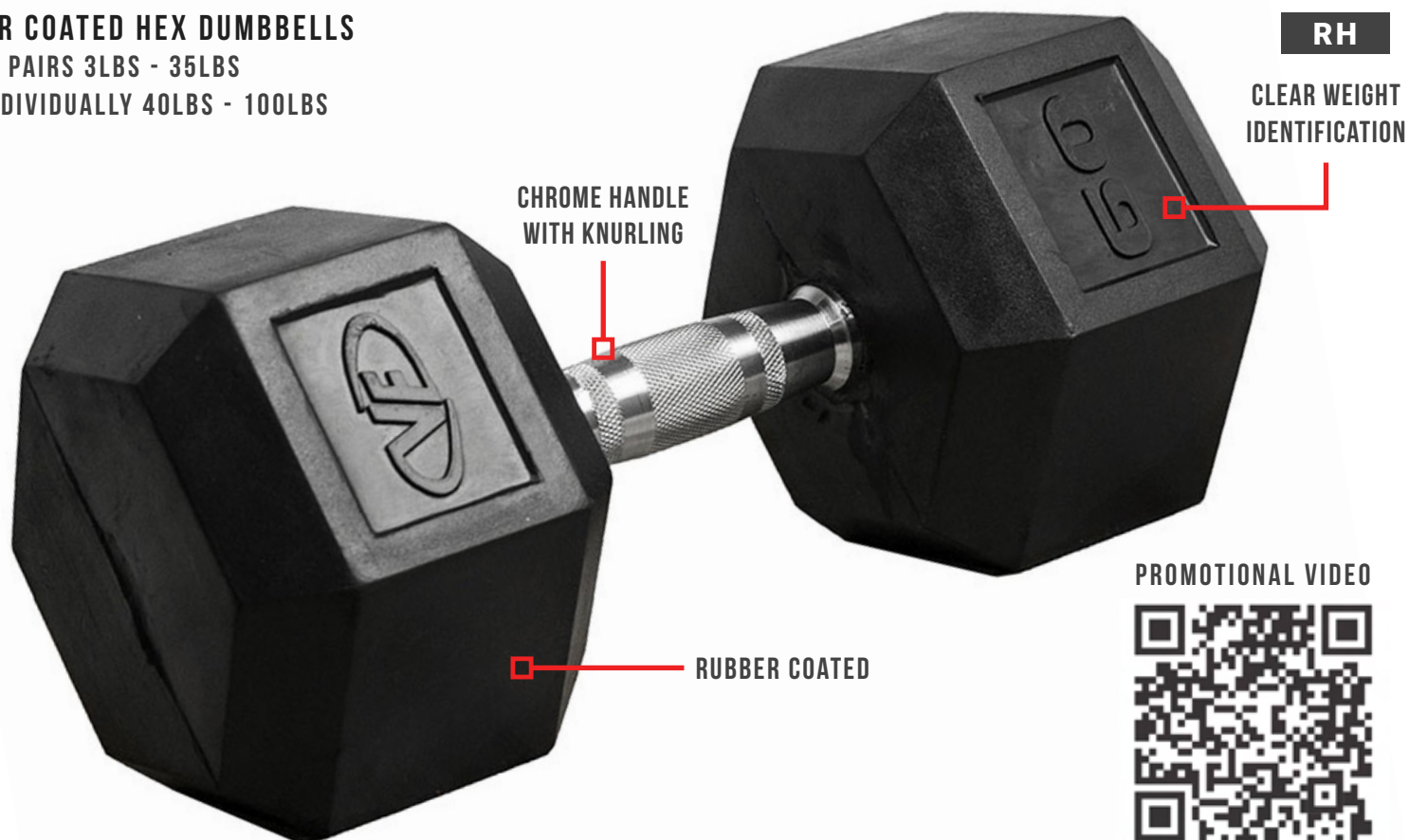


SOLD AS A PAIR
SNAP & LOCK SYSTEM

RUBBER COATED HEX DUMBBELLS

SOLD IN PAIRS 3LBS - 35LBS

SOLD INDIVIDUALLY 40LBS - 100LBS



PROMOTIONAL VIDEO



PAIRS



INDIVIDUAL



ADJUSTABLE DUMBBELL UP TO 55LBS

RH-ADJ55



WEIGHT INCREMENTS:
4LB / 7LB / 9LB / 11LB / 13LB / 16LB / 18LB / 20LB / 25LB
27LB / 29LB / 34LB / 38LB / 42LB / 47LB / 51LB / 55LB

ADJUSTABLE DUMBBELL UP TO 78LBS

RH-ADJ78



WEIGHT INCREMENTS:
5LB / 9LB / 14LB / 18LB / 23LB / 27LB / 32LB / 36LB / 39LB
44LB / 48LB / 53LB / 57LB / 60LB / 65LB / 69LB / 74LB / 78LB

CHROME HANDLE RUBBER COATED KETTLEBELLS

WEIGHT: 8LBS - 70LBS

8LB-25LB: 30MM HANDLE

30LB-70LB: 35MM HANDLE



NON-SLIP GRIP

CHROME PLATED
STEEL HANDLE

CLEAR WEIGHT
IDENTIFICATION

RUBBER COATED

8LB

10LB

12LB

15LB

18LB

20LB

25LB



30LB

35LB

40LB

45LB

50LB

53LB

70LB



POWDER COATED CAST IRON KETTLEBELLS

WEIGHT: 10LB - 150LB

PKB



SOFT KETTLEBELLS

WEIGHT: 10LB - 35LB

SKB

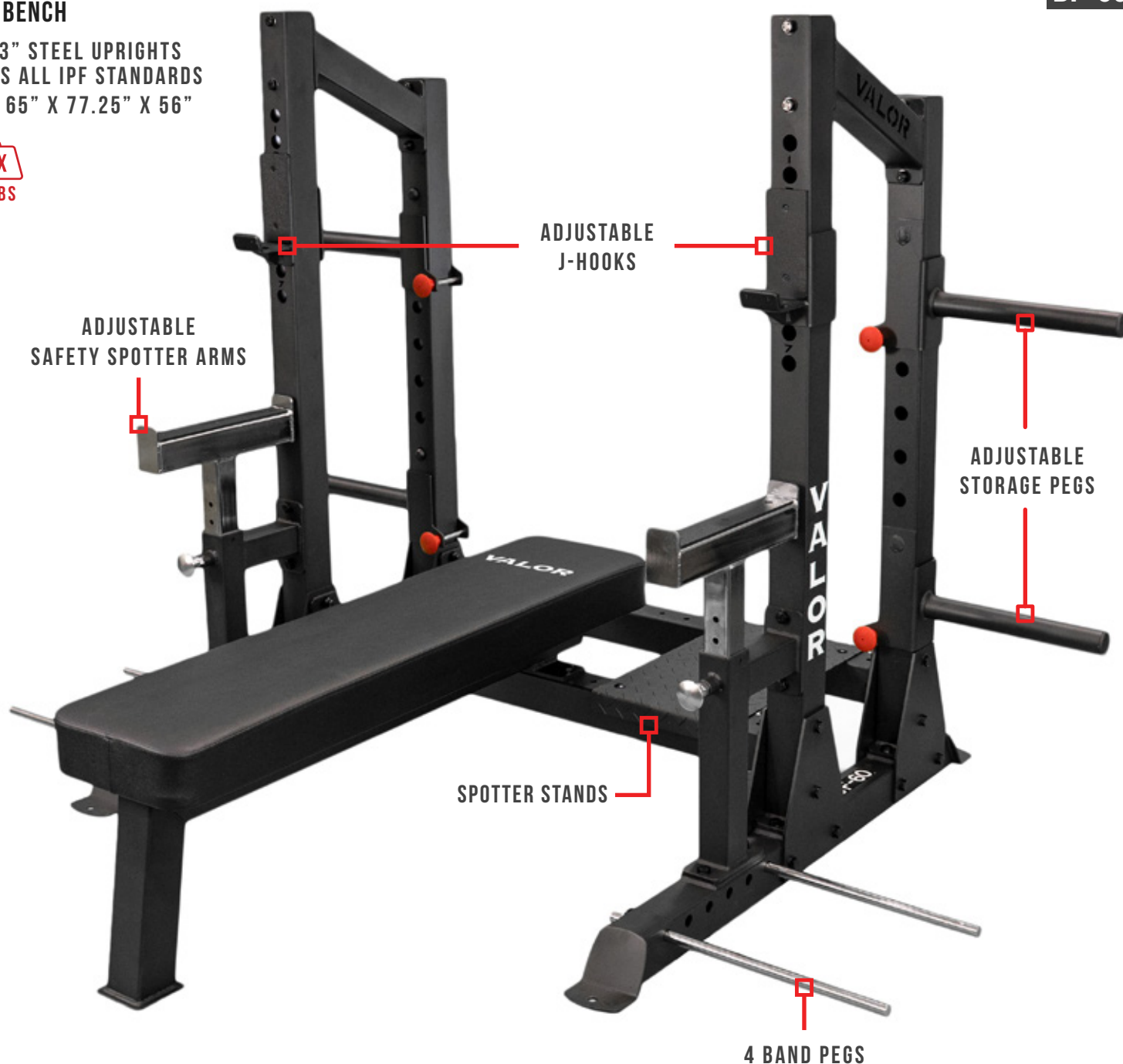


COMPETITION POWERLIFTING FLAT BENCH

3" X 3" STEEL UPRIGHTS
MEETS ALL IPF STANDARDS
SIZE: 65" X 77.25" X 56"

MAX
800LBS

BF-60



PROMOTIONAL
VIDEO



SAFETY SPOTTER ARMS
5.5" ADJUSTMENT RANGE
MIN = 5.25" FROM BENCH
MAX = 10.75" FROM BENCH



J-HOOKS
13.75" ADJUSTMENT RANGE
MIN = 12.25" FROM BENCH
MAX = 26" FROM BENCH



ADJUSTABLE STORAGE PEGS
14" STORAGE LENGTH
2" DIAMETER
4 PEGS TOTAL

COMPETITION SQUAT -
BENCH PRESS COMBO RACK

MAX
2000LBS



SIZE:
77" X 64.5" X 76"

BE-15

BENCH PRESS W/ PLATE STORAGE -
SAFETY CATCH - SPOTTER STAND

MAX
500LBS



SIZE:
64" X 73" X 44"

BF-49

HEAVY DUTY BENCH PRESS W/
SAFETY CATCH - SPOTTER STAND

MAX
770LBS



SIZE:
48" X 63" X 48"

BF-10

ADJUSTABLE FLAT - INCLINE
BENCH PRESS W/ PLATE STORAGE

MAX
400LBS



SIZE:
52" X 46" X 36.5"

BF-39

FLAT - INCLINE BENCH PRESS
MACHINE W/ CONVERGING ARMS

MAX
250LBS



SIZE:
60" X 59" X 28"

BF-47

BENCH PRESS W/ SAFETY CATCH -
SPOTTER STAND

MAX
500LBS



SIZE:
60" X 49.5" X 44"

BF-48

BENCH PRESS W/
SPOTTER STANDS

MAX
500LBS



SIZE:
58.5" X 50.5" X 44.5"

BF-7

BENCH PRESS BUNDLE W/
BARBELL & OLYMPIC PLATES

MAX
500LBS



SIZE:
58.5" X 50.5" X 44.5"

BF-7B200

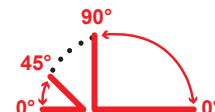
HEAVY DUTY FLAT - INCLINE UTILITY WEIGHT BENCH

6-GAUGE STEEL FRAME
WHEELS ATTACHED
SIZE: 25" X 54" X 55"



1200lbs

ERGONOMIC
PADDING



VERTICAL SUPPORT
POST & BACK HANDLE

BUILT IN WHEELS

3 ADJUSTABLE
SEAT POSITIONS

7 ADJUSTABLE BACK
PAD ANGLES

FRONT HANDLE

PROMOTIONAL VIDEO

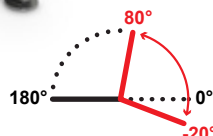


HEAVY DUTY FLAT - INCLINE - DECLINE WEIGHT BENCH

MAX
1000LBS

SIZE:
58" X 26.5" X 18"-49.5"

DD-40

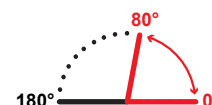


MULTI DEGREE FLAT - INCLINE ADJUSTABLE WEIGHT BENCH

MAX
750LBS

SIZE:
53" X 21.5" X 49"

DD-11



FLAT - INCLINE - DECLINE WEIGHT BENCH W/ WHEELS & HANDLE

DD-25

MAX
650LBS

SIZE:
65.5" X 23" X 50"
COMPATIBLE W/ EX-1 & EX-2



FLAT - INCLINE - DECLINE WEIGHT BENCH

DD-4

MAX
650LBS

SIZE:
63" X 23" X 18"
COMPATIBLE W/ EX-1 & EX-2



FLAT - INCLINE WEIGHT BENCH W/ WHEELS & HANDLE

DD-21

MAX
650LBS

SIZE:
54" X 22" X 18"

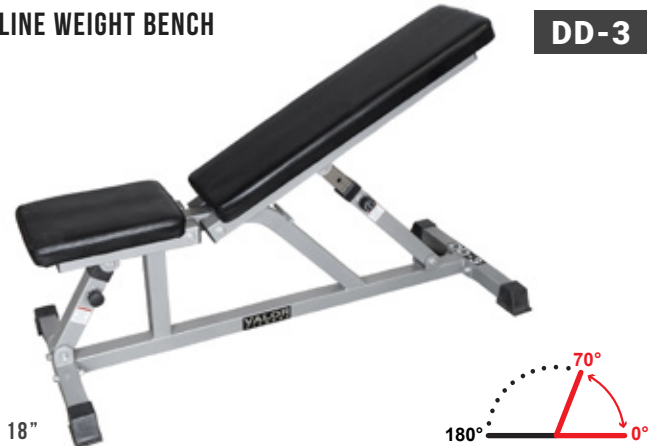


FLAT - INCLINE WEIGHT BENCH

DD-3

MAX
650LBS

SIZE:
54" X 23" X 18"



COMMERCIAL DECLINE - FLAT WEIGHT BENCH

DF-1

MAX
750LBS

SIZE:
59" X 21" X 38"



DECLINE - FLAT WEIGHT BENCH

DF-2

MAX
600LBS

SIZE:
63" X 18" X 34"



LEG CURL / EXTENSION ATTACHMENT FOR WEIGHT BENCHES

EX-1

MAX
200LBS

SHOWN WITH DD-25 BENCH
SOLD SEPARATELY



PREACHER CURL ATTACHMENT FOR WEIGHT BENCHES

EX-2

MAX
200LBS

SHOWN WITH DD-25 BENCH
SOLD SEPARATELY



STRENGTH

BENCHES

COMMERCIAL FLAT WEIGHT BENCH

DA-3

MAX
550lbs



SIZE: 43.5" X 24.5" X 16.5"

COMMERCIAL SEATED UPRIGHT
STATIONARY WEIGHT BENCH

DG-1

MAX
750lbs



SIZE: 42" X 25.5" X 42"

FLAT WEIGHT BENCH W/
WHEELS AND HANDLE

DA-6

MAX
750lbs



SIZE: 46" X 11.25" X 2.5"

SEATED UPRIGHT
STATIONARY WEIGHT BENCH

DG-2

MAX
500lbs



SIZE: 45" X 25" X 42"

FLAT WEIGHT BENCH

DA-7

MAX
500lbs



SIZE: 45.5" X 22.5" X 16.5"

SIT UP BENCH

DE-4

MAX
650lbs



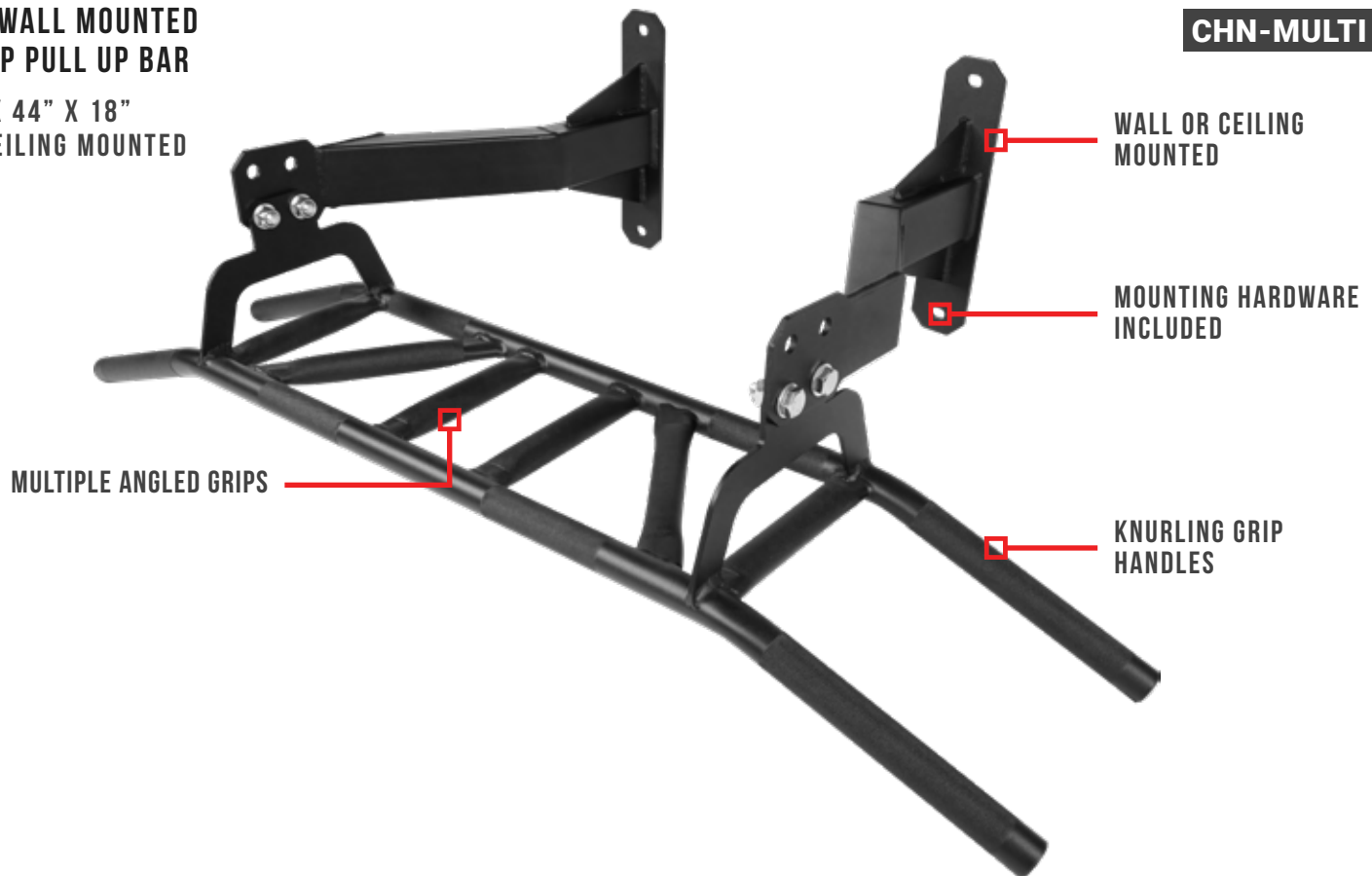
SIZE: 34" X 21.5" X 22"

CEILING - WALL MOUNTED MULTI-GRIP PULL UP BAR

SIZE: 21" X 44" X 18"
WALL OR CEILING MOUNTED

MAX
300lbs

CHN-MULTI



WALL MOUNTED 48" STANDARD PULL-UP BAR

CHN-3

MAX
400lbs



WALL MOUNTED 50" MULTI-GRIP PULL-UP BAR

CHN-UP

MAX
400lbs



CEILING - WALL MOUNTED 6 GRIP 3 POSITION PULL-UP BAR

CHN-6

MAX
300lbs



FLYING PULL-UP BAR ATTACHMENT FOR 3X3 RIGS

RG-16

MAX
400lbs



HEAVY DUTY COMMERCIAL LAT PULL MACHINE W/ ROW FEATURE

CB-15

10 GAUGE STEEL
DUAL PULLEY SYSTEM
SIZE: 53" X 54" X 99"

MAX
770LBS



ADJUSTABLE SEAT PAD, LEG PAD, & FOOT PLATE.
PLATE LOADED MACHINE ACCOMODATES 2" OLYMPIC
PLATES AND 1" STANDARD PLATES.
TILTED PLATE LOADING CARRIAGE ENSURES
PLATES STAY IN PLACE.
INCLUDES A LAT PULL DOWN MACHINE AND A LOW
ROW MACHINE

PLATE LOADED LAT PULL MACHINE W/ ROW AND AB CRUNCH

CB-12

12 GAUGE STEEL
DUAL PULLEY SYSTEM
SIZE: 24" X 53.5" X 80"

MAX
250LBS



PROMOTIONAL
VIDEO



CABLE CROSSOVER
STATION

BD-61

FREE STANDING
16 ADJUSTMENT POSITIONS
2:1 & 1:1 CABLE PULLEY RATIOSMAX
250LBSPROMOTIONAL
VIDEOWALL MOUNTED CABLE
STATION

BD-62

HEAVY DUTY STEEL
16 ADJUSTMENT POSITIONS
2:1 & 1:1 CABLE PULLEY RATIOSMAX
200LBSPROMOTIONAL
VIDEO

PORTABLE CABLE PULLEY STATION

MAX
660LBS

PROMOTIONAL VIDEO



PY-1

STRAIGHT BAR 20" CABLE ATTACHMENT

MAX
600LBS



MB-20

SOLID STEEL BAR & RUBBER GRIPS
MEASURES 20" LONG

REVOLVING 28" LAT PULLDOWN BAR

MAX
600LBS



MB-28

SOLID STEEL BAR & RUBBER GRIPS
MEASURES 28" LONG

REVOLVING 38" LAT PULLDOWN BAR

MAX
600LBS



MB-38

SOLID STEEL BAR & RUBBER GRIPS
MEASURES 38" LONG

REVOLVING 48" LAT PULLDOWN BAR

MAX
600LBS



MB-48

SOLID STEEL BAR & RUBBER GRIPS
MEASURES 48" LONG

V-BAR GRIP CABLE
ATTACHMENT

MAX
600LBS

MB-1

D-HANDLE REVOLVING
CABLE ATTACHMENT

MAX
600LBS

MB-3B

TRIANGLE ROW CABLE
ATTACHMENT

MAX
600LBS

MB-4

TRICEP ROPE CABLE
ATTACHMENT

MAX
250LBS

MB-5



AB CRUNCH HARNESS



MAX
250LBS

MB-8

ANKLE STRAP CABLE
ATTACHMENT

MAX
100LBS

MB-9

ADJUSTABLE HANDLE CABLE
ATTACHMENT PAIR

MAX
330LBS

MB-10

TRIANGLE ROW SWIVEL
CABLE ATTACHMENT

MB-12



**SEATED ROW MACHINE
W/ INDEPENDENT ARMS**

2"X 2" 12-GAUGE STEEL
SIZE: 54" X 34" X 41"

MAX
400lbs

CB-14

PROMOTIONAL VIDEO



ARM PREACHER CURL STATION



CB-5

MAX
300lbs

SIZE:
45" X 31" X 45.75"

ADJUSTABLE SEATED PREACHER CURL BENCH



CB-6

MAX
200lbs

SIZE:
36" X 25.75" X 35.25-40"

CURL BAR STAND W/ OLYMPIC PLATE AND BARBELL STORAGE



CB-7

MAX
200lbs

SIZE:
25.5" X 40.5" X 47-55.5"

STANDING ADJUSTABLE ARM PREACHER CURL BENCH



CB-11

MAX
250lbs

SIZE:
25.5" X 40.5" X 47-55.5"

ADJUSTABLE BACK EXTENSION MACHINE



CB-13

MAX
250lbs

SIZE:
52" X 23.25" X 31-35.75"

SEATED BICEP - TRICEP CURL MACHINE PLATE LOADED



CB-31

MAX
200lbs

SIZE:
38" X 42" X 41"

AB CURL - BACK EXTENSION MACHINE PLATE LOADED



DE-5

MAX
150lbs

SIZE:
35" X 47.5" X 44"

LEG PRESS - HACK SQUAT COMBO MACHINE

SIZE: 90" X 52" X 58"
ADJUSTABLE FEATURES

MAX
660LBS

CC-70



FULLY LOADED



LEG PRESS FEATURE



SQUAT FEATURE



ADJUSTABLE SIDE GRIP HANDLES

SISSY SQUAT MACHINE W/ WHEELS

SS-Y

MAX
1000LBS



SIZE: 45" X 29" X 20"
2" SEAT PAD W/ 6 ADJ HEIGHTS

ADJUSTABLE LEG EXTENSION - CURL MACHINE

CC-4



SIZE: 55" X 39" X 38"
8 ADJ THIGH SUPPORT POSITIONS

HEAVY DUTY SISSY SQUAT MACHINE

SS-T

MAX
1000LBS



STATIONARY
SIZE: 39" X 25" X 20"
2" SEAT PAD W/ 4 ADJ HEIGHTS

HEAVY DUTY ISOLATED LEG EXTENSION MACHINE

CC-8

MAX
300LBS



INDEPENDENT LEGS
SIZE: 60" X 51" X 39"
ADJUSTABLE FEATURES

ADJUSTABLE SQUAT BOX

SQ-BOX

MAX
750LBS



19" X 23"
MINIMUM HEIGHT: 11"
MAXIMUM HEIGHT: 16"

SEATED CALF RAISE MACHINE
PLATE LOADED

CC-5

MAX
300LBS



SIZE: 51.25" X 25" X 36"
ADJUSTABLE SUPPORT PAD

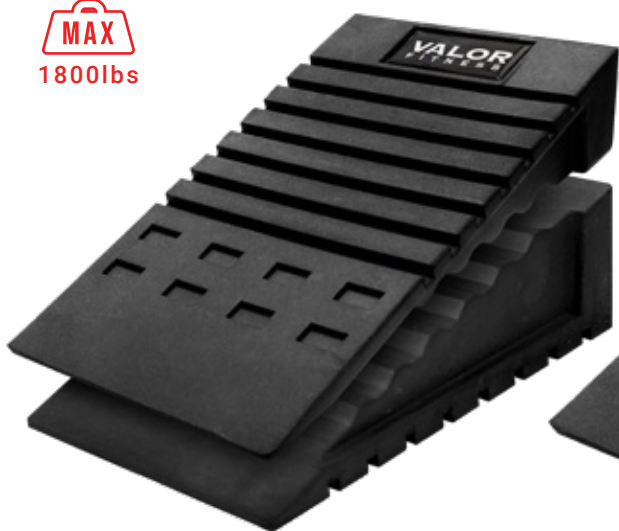
NON-SLIP MULTI-DEGREE SQUAT WEDGES

4-PIECE SET

SIZE PER WEDGE: 4.75" X 8" X 3"



1800lbs

TEXTURE & GROOVES
FOR ADDED STABILITY

ED-SW

COMES IN 3 DIFFERENT
DEGREES OF INCLINE
10° | 15° | 25°

PROMOTIONAL VIDEO

HELPS RELIEVE TENSION
WHEN SQUATTING

STACKABLE WOOD JERK BLOCKS



JB-03B

JB-06B

JB-12B

JB-15B

STACKABLE WOOD JERK BLOCKS
FULL SET

JB-SET



SUSPENSION TRAINING STRAPS

ED-20

PULLING HARNESS
FOR SLEDS

ES-H



WEIGHTLIFTING WRIST WRAPS

WW-15

WEIGHTLIFTING
CHAINS
STEEL 53LBS

LC-53



COLLARS FOR WEIGHTLIFTING CHAINS

LC-1



POST INSERT LANDMINE

LM-7

SINGLE ARM LANDMINE
HANDLE

MB-41

MULTI-GRIP LANDMINE ATTACHMENT
FOR OLYMPIC BARBELL

MB-42



FOAM BARBELL SQUAT PAD

MB-6

DEADLIFT WEDGE FOR
PLATE CHANGING
SINGLE

ED-DW

DEADLIFT WEDGE FOR
PLATE CHANGING
PAIR

ED-DWB



SMITH MACHINE WITH OLYMPIC STORAGE PEGS

85" X 53" X 80"

MAX
500lbs

BE-11



PROMOTIONAL
VIDEO



BE-11CB

COUNTERBALANCE
WEIGHTS FOR
SMITH MACHINE

DESIGNED
EXCLUSIVELY
FOR BE-11



SAWTOOTH SQUAT RACK - BENCH PRESS
W/ PLATE STORAGE

BD-19

MAX
600lbs

9 BARBELL
POSITIONS

DUAL SUPPORT BEAMS
FOR ADDED STABILITY

ADJUSTABLE
SAFETY CATCHES

RUBBER
FOOT CAPS

PLATE
STORAGE

PROMOTIONAL VIDEO



63.5" X 45.5" X 72"

SQUAT - BENCH PRESS COMBO RACK

BD-4

MAX
500lbs



52" X 47.25" X 64"

SQUAT - BENCH PRESS COMBO RACK
W/ PLATE STORAGE

BD-6

MAX
500lbs



52" X 65" X 64"

DELUXE 2.5X2.5 POWER RACK W/ CABLE CROSSOVER & LAT PULL

85" X 120" X 86"

BD-41BCCL

MAX
750lbs



PLATE
STORAGE

ROW/CURL STATION
INCLUDED

PADDED
LAP BAR

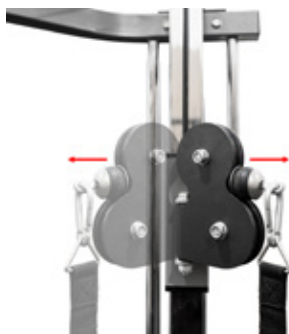
INCLUDES
4 J-HOOKS

ADJUSTABLE
HANDLES

PLATES / BARBELL / ATTACHMENTS
SHOWN ON RACK NOT INCLUDED



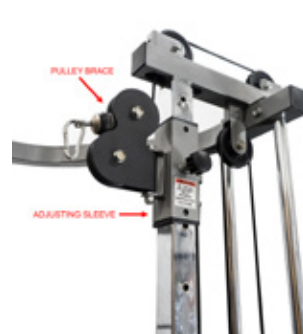
HAND STRAPS INCLUDED



PIVOTING PULLEY BRACE



LINEAR MOTION BUSHING CARRIAGES



CARRIAGES GLIDE SMOOTHLY

DELUXE 2.5X2.5 POWER RACK W/ MULTI-GRIP PULLUP BAR
63" X 54.5" X 86"

BD-41

MAX
750lbs

**SQUAT FEATURE****BENCH FEATURE**

PLATES / BARBELL / ATTACHMENTS
SHOWN ON RACK NOT INCLUDED

LAT PULL ATTACHMENT
FOR BD-41

BD-41L

MAX
250lbs



DELUXE 2.5X2.5 POWER
RACK W/ LAT PULL
ATTACHMENT

BD-41BL

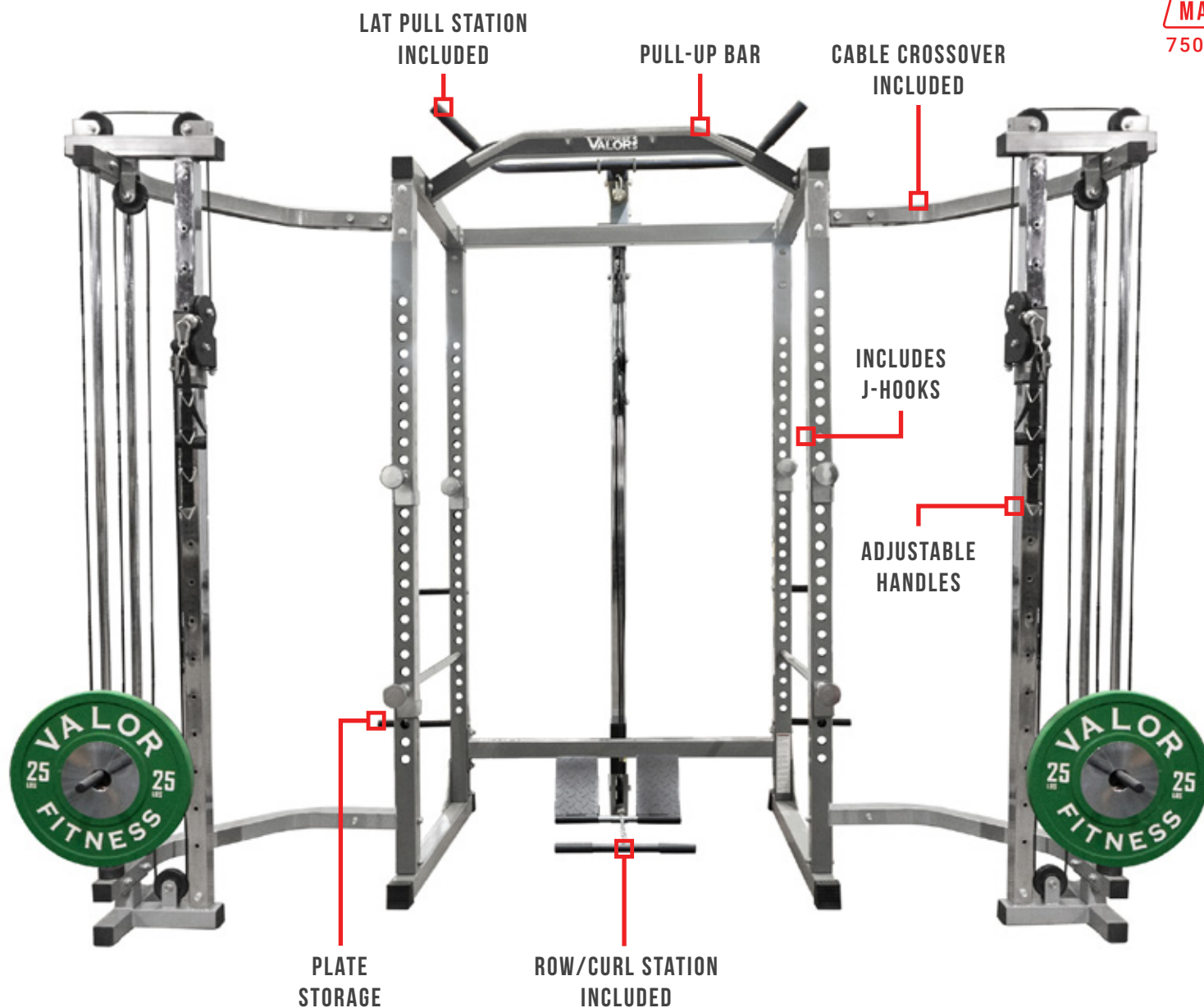
DELUXE 2.5X2.5 POWER
RACK W/ CABLE
CROSSOVER ATTACHMENT

BD-41BCC

PRO 2.5X2.5 POWER RACK W/ CABLE CROSSOVER AND LAT PULL 75" X 116" X 87"

BD-11BCCL

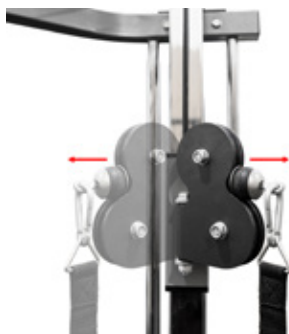
MAX
750lbs



PLATES / BARBELL / ATTACHMENTS
SHOWN ON RACK NOT INCLUDED



HAND STRAPS INCLUDED



PIVOTING PULLEY BRACE



LINEAR MOTION BUSHING CARRIAGES CARRIAGES GLIDE SMOOTHLY



PRO 2.5X2.5 POWER RACK W/ PULLUP BAR
63.5" X 46" X 87"

BD-11

MAX
750lbs



STANDARD FEATURE



SQUAT FEATURE

PLATES / BARBELL / ATTACHMENTS
SHOWN ON RACK NOT INCLUDED

LAT PULL ATTACHMENT
FOR BD-11

BD-11L

MAX
250lbs



PRO 2.5X2.5 POWER
RACK W/ LAT PULL
ATTACHMENT

BD-11BL



PRO 2.5X2.5 POWER
RACK W/ CABLE
CROSSOVER ATTACHMENT

BD-11BCC



PRO 2X2 POWER RACK W/ CABLE CROSSOVER AND LAT PULL

88" X 116.5" X 86"

BD-33BCCL

MAX
750lbs

MULTI-GRIP
PULL-UP BAR

LAT PULL STATION
INCLUDED

CABLE CROSSOVER
INCLUDED

INCLUDES
J-HOOKS

ADJUSTABLE
HANDLES

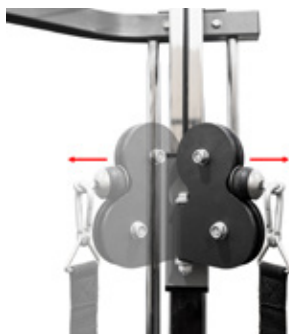
PLATE
STORAGE

ROW/CURL STATION
INCLUDED

PLATES / BARBELL / ATTACHMENTS
SHOWN ON RACK NOT INCLUDED



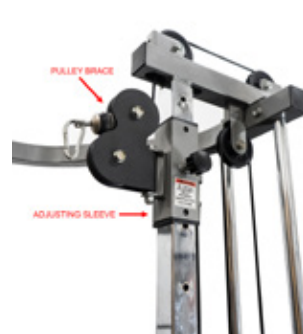
HAND STRAPS INCLUDED



PIVOTING PULLEY BRACE



LINEAR MOTION BUSHING CARRIAGES



CARRIAGES GLIDE SMOOTHLY

PRO 2X2 POWER RACK W/ MULTI-GRIP PULLUP BAR

63" X 53.25" X 86"

BD-33


 MAX
 750lbs


SQUAT FEATURE



BENCH FEATURE

 PLATES / BARBELL / ATTACHMENTS
 SHOWN ON RACK NOT INCLUDED
LAT PULL ATTACHMENT
FOR BD-33

BD-33L


 MAX
 250lbs
PRO 2X2 POWER RACK
W/ LAT PULL ATTACHMENT

BD-33BL

PRO 2X2 POWER RACK
W/ CABLE CROSSOVER
ATTACHMENT

BD-33BCC

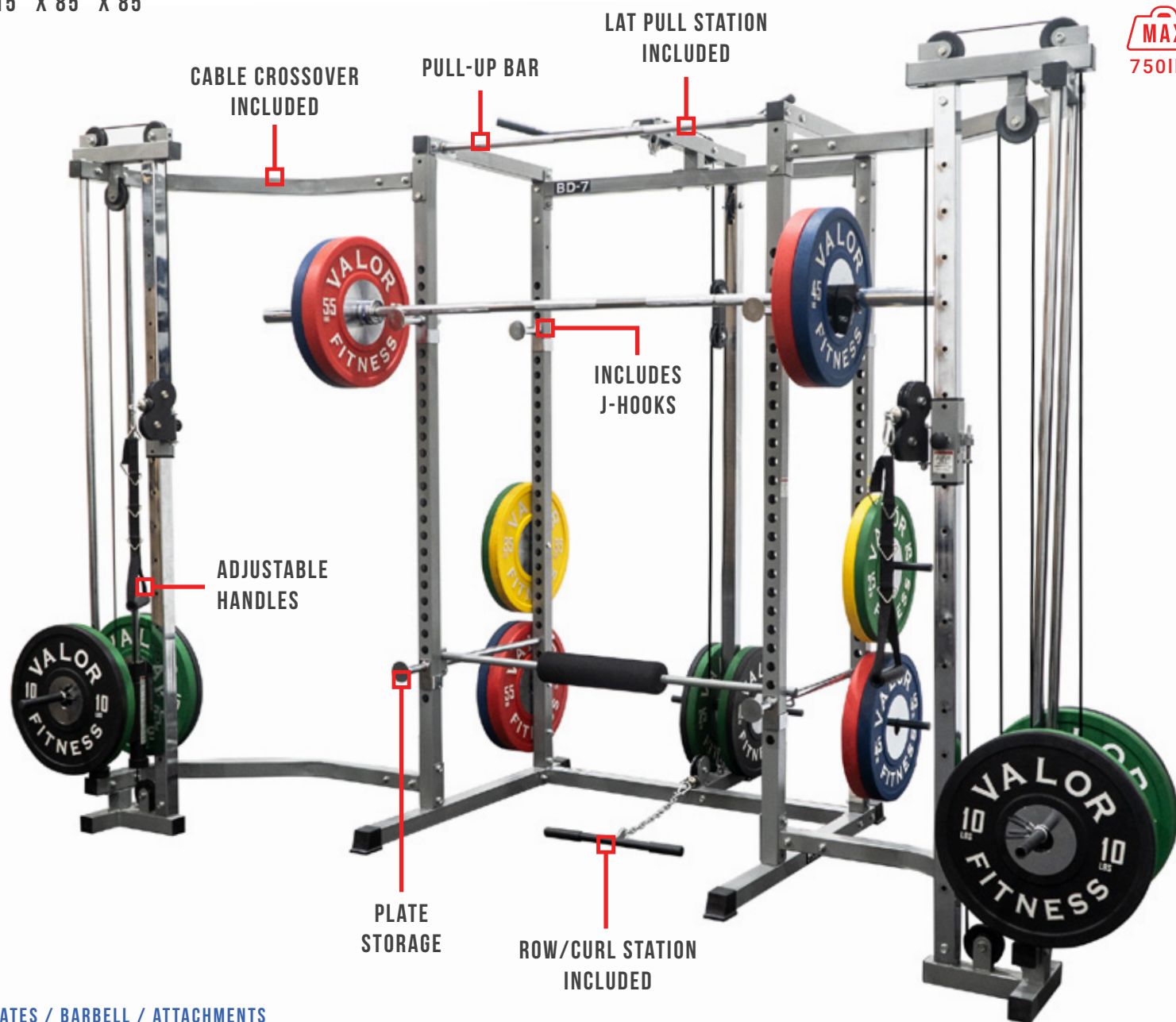


COMPACT 2X2 POWER RACK W/ CABLE CROSSOVER AND LAT PULL

115" X 85" X 85"

BD-7BCC

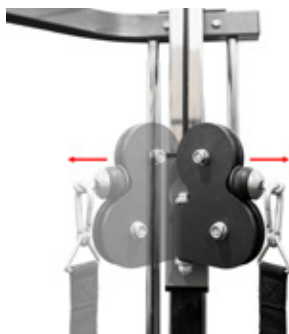
MAX
750lbs



PLATES / BARBELL / ATTACHMENTS
SHOWN ON RACK NOT INCLUDED



HAND STRAPS INCLUDED



PIVOTING PULLEY BRACE



LINEAR MOTION BUSHING CARRIAGES



CARRIAGES GLIDE SMOOTHLY

COMPACT 2X2 POWER RACK W/ LAT PULL STATION

63" X 58" X 83"

BD-7


 MAX
 750lbs

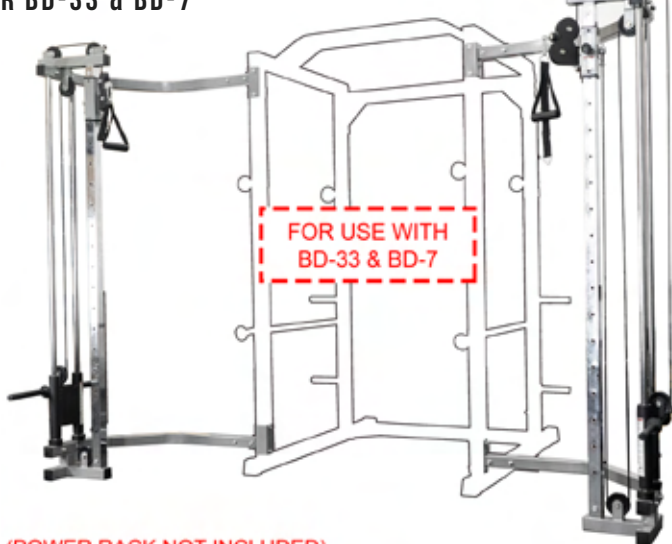

SQUAT FEATURE



BENCH FEATURE

 PLATES / BARBELL / ATTACHMENTS
 SHOWN ON RACK NOT INCLUDED
CABLE CROSSOVER ATTACHMENT
FOR BD-33 & BD-7

BD-CC2.0



(POWER RACK NOT INCLUDED)

CABLE CROSSOVER ATTACHMENT
FOR BD-41 & BD-11

BD-CC2.5



(POWER RACK NOT INCLUDED)

MB-A

DIP HANDLE
ATTACHMENT
FOR 2X2
POWER RACKS



MB-B

DIP HANDLE
ATTACHMENT
FOR 2.5X2.5
POWER RACKS



PROMOTIONAL VIDEO



PLATE STORAGE ATTACHMENT
FOR 2X2 POWER RACKS

MB-J2.0



PLATE STORAGE ATTACHMENT
FOR 2.5X2.5 POWER RACKS

MB-J2.5



SAFETY SPOTTER ARM ATTACHMENTS
FOR 2X3 YOKE RACKS

MB-Y

SAFETY SPOTTER ARM
ATTACHMENTS FOR
2X2 POWER RACKS

MB-F



2"X2" RACK

SAFETY SPOTTER ARM
ATTACHMENTS FOR
2.5X2.5 POWER RACKS

MB-H



2.5"X2.5" RACK

V-HOOK 90 DEGREE
BARBELL HOLDER FOR
2X2 POWER RACKS

MB-E



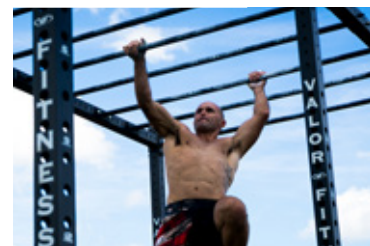
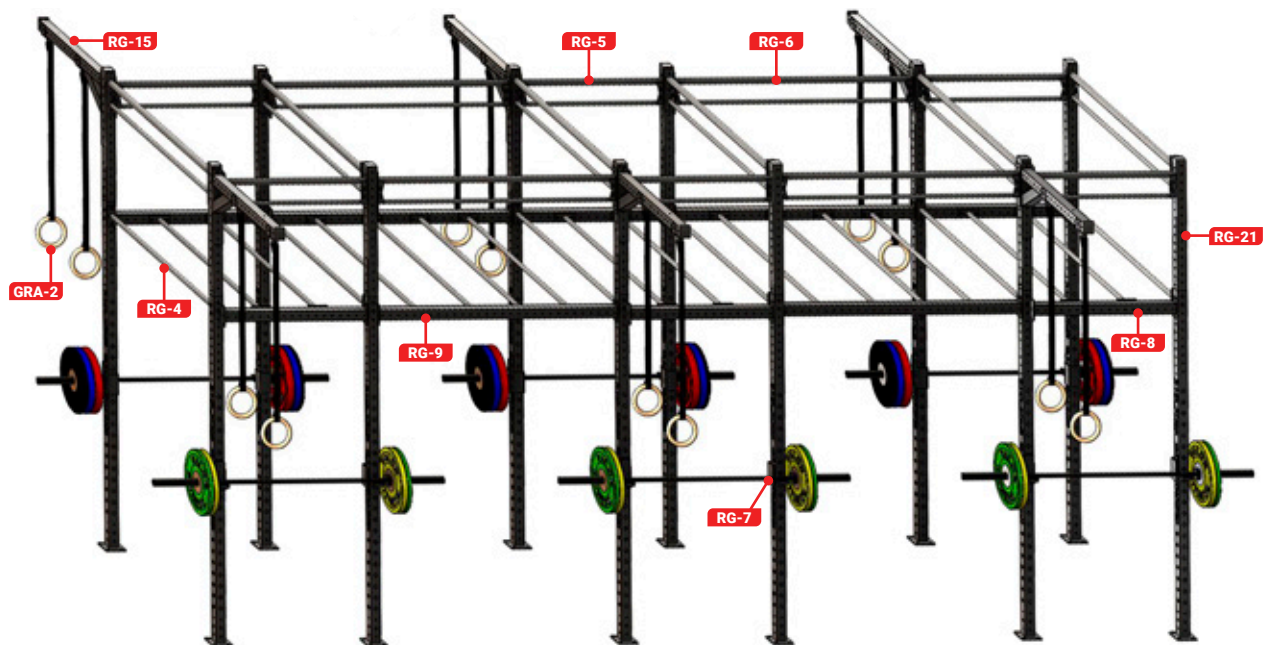
2"X2" RACK

V-HOOK 90 DEGREE
BARBELL HOLDER FOR
2.5X2.5 POWER RACKS

MB-G



2.5"X2.5" RACK



3.5FT SINGLE BAR RIG CROSSMEMBER

RG-3



6FT SINGLE BAR RIG CROSSMEMBER

RG-4



3.5FT DOUBLE BAR RIG CROSSMEMBER

RG-5



6FT DOUBLE BAR RIG CROSSMEMBER

RG-6



3.5FT STRAIGHT RIG CROSSMEMBER

RG-8



6FT STRAIGHT RIG CROSSMEMBER

RG-9



3.5FT ANGLED RIG CROSSMEMBER

RG-10



6FT ANGLED RIG CROSSMEMBER

RG-11



RG-2

3FT UPRIGHT ADAPTER

RG-24

7.5FT UPRIGHT PAIR

RG-1

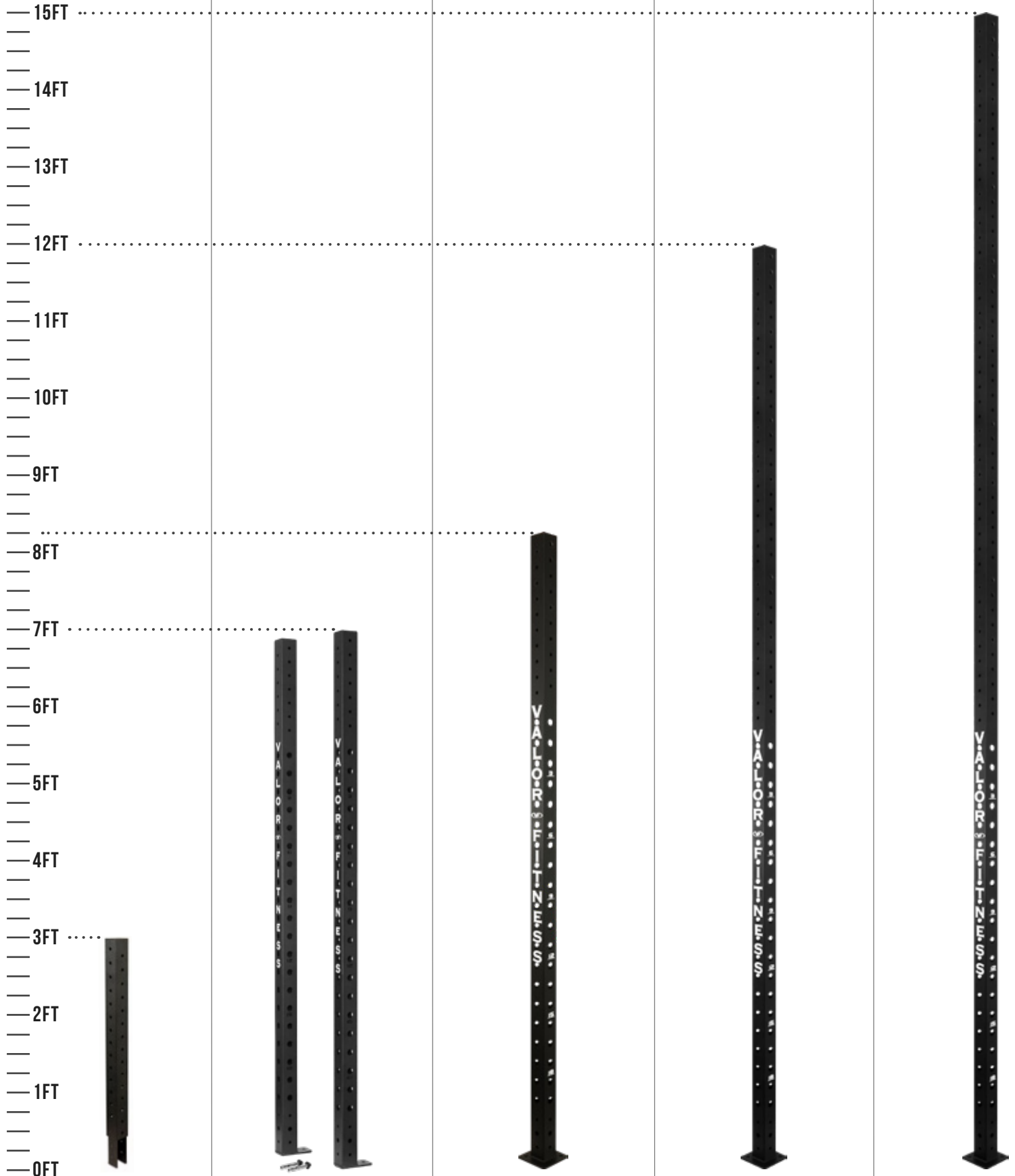
8.25FT UPRIGHT

RG-21

12FT UPRIGHT

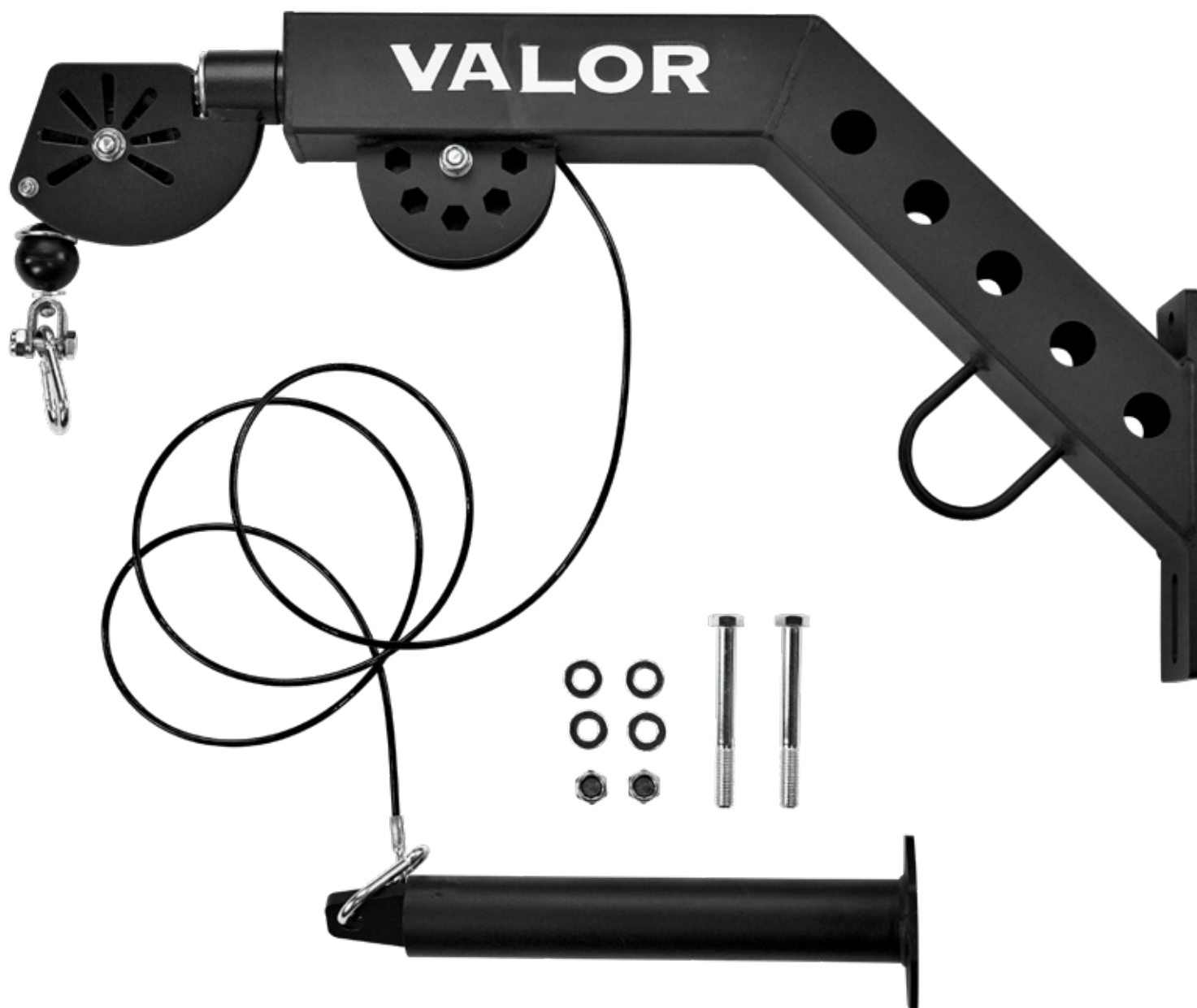
RG-27

15FT UPRIGHT



RACK MOUNTED CABLE PULLEY SYSTEM FOR 3X3 RIGS

RG-26



DIP ATTACHMENT FOR 3X3 RIGS

RG-17



SAFETY SPOTTER ARMS FOR 3X3 RIGS

RG-19



ADJUSTABLE RIG CROSSMEMBER PAIR

RG-ADJ



WALL BALL TARGET
W/ EXTENSION

RG-12

RG-22
WALL BALL
TARGETRG-25
METAL
WALL BALL
TARGET

BEAM RIG EXTENSION

RG-15

RG-16
FLYING
PULL-UP BAR
ATTACHMENT
FOR 3X3 RIGSRG-7
J-HOOK
BARBELL
HOLDER PAIR
FOR 3X3 RIGSRG-18
SHACKLE RIG
ATTACHMENTWALL BALL TARGET
EXTENSION

RG-25B

RG-13
LANDMINE RIG
ATTACHMENT
FOR 3X3 RIGSRG-20
STEP PLATE
ATTACHMENTS
FOR 3X3 RIGSRG-14
PLATE STORAGE
ATTACHMENT PAIR
FOR 3X3 RIGSRG-23D
D-RING
SHACKLE
RIG ATTACHMENT

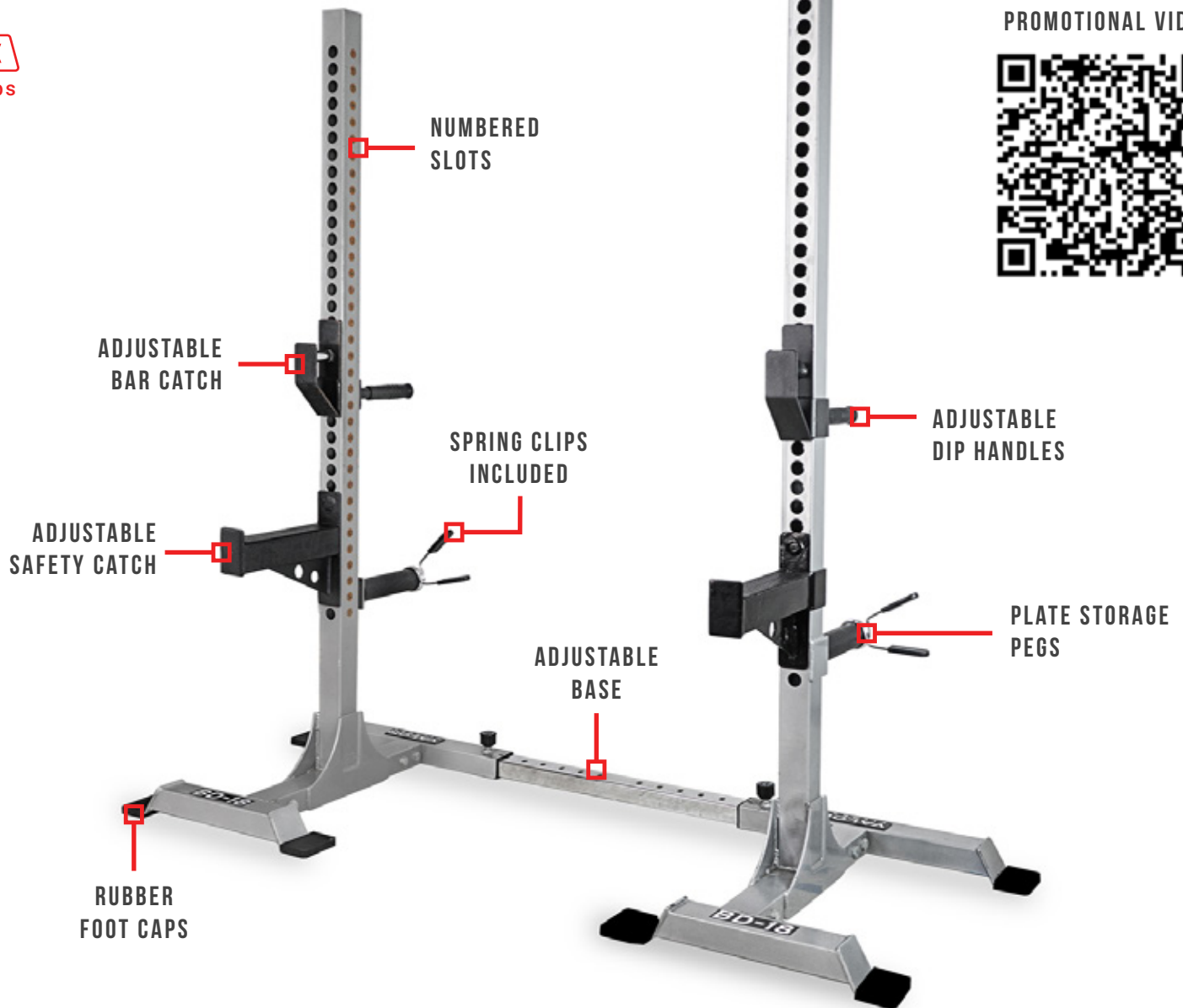
ADJUSTABLE SQUAT - BENCH - DIP STAND TOWERS

80.25" X 26.25" X 66.75"

MAX
600lbs

BD-18

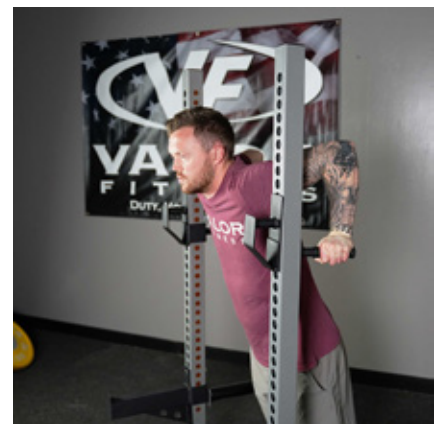
PROMOTIONAL VIDEO



BENCH FEATURE



SQUAT FEATURE



DIP HANDLES

MAX
500lbs



BD-2

INDEPENDENT
BENCH PRESS
STANDS W/
PLATE STORAGE

14.5" X 28.5" X 34"-49.5"
EACH STAND

MAX
350lbs



BD-8

INDEPENDENT
SQUAT STANDS W/
PLATE STORAGE

20-28" X 56.5" X 41.5-67"

MAX
475lbs



BD-17

SQUAT STANDS W/
PLATE STORAGE
AND BAR CATCH

45" X 21.5" X 53-83"

MAX
350lbs



BD-3

INDEPENDENT
SQUAT STANDS

20-28" X 56.5" X 37.25-61"

MAX
350lbs



BD-9

INDEPENDENT
SQUAT STANDS
W/ PLATE STORAGE
AND BAR CATCH

20-28" X 56.5" X 49.5-75"

OLYMPIC LIFTING WOOD PLATFORM

PTFM-1



101" X 81.5"
HIGH-IMPACT RUBBER FLOOR MATS
4 BAMBOO-LINED BOARDS

OLYMPIC LIFTING WOOD PLATFORM RACK INSERT FOR BD-58

PTFM-58



42" X 81"
4 BAMBOO-LINED BOARDS

3X3 HALF RACK W/ MULTI-GRIP PULL-UP BAR AND PLATE STORAGE

53" X 73" X 87"

MAX
750lbs

BARBELL
STORAGE

PLATE
STORAGE

MULTI-ANGLE
PULL UP BARS

ADJUSTABLE
J-HOOKS

ADJUSTABLE
SAFETY CATCHES

BD-58



PLATES & BARBELLS
SHOWN W/ RACK
NOT INCLUDED

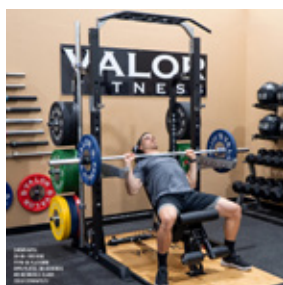
PTFM-58
PLATFORM

PTFM-1
PLATFORM
NOT INCLUDED

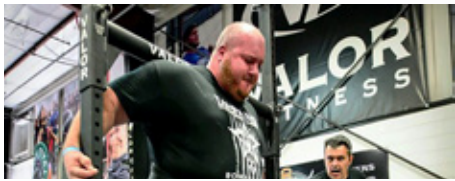
BD-58BPF



PULL UP FEATURE



BENCH FEATURE



STANDARD FEATURE



BENCH FEATURE



BD-21

**STRONGMAN YOKE RACK
W/ J-HOOKS AND
PULL-UP BAR**

MAX
750lbs

PLATES, BARBELLS &
BENCH SHOWN W/
RACK NOT INCLUDED

49.5" X 49" X 92"

**3X3 SQUAT RACK - PULL UP STATION
W/ PLATE STORAGE**

MAX
750lbs



BD-57

52.75" X 50" X 90.5"
18 ADJUSTABLE POSITIONS

**FOLDING WALL MOUNTED SQUAT - BENCH
PULL UP RACK**

MAX
750lbs



BD-20

23.5" X 47.5" X 21.5"
WALL MOUNTED FOLDABLE RACK

SISAL CLIMBING ROPE - 15FT

CLR-15

MAX
300LBS



1.5" DIAMETER

BATTLE ROPE 40FT W/ PROTECTIVE SHEATH

BRB-W



1.5" DIAMETER
40FT LONG

SISAL CLIMBING ROPE - 25FT

CLR-25

MAX
300LBS



1.5" DIAMETER

BATTLE ROPE 40FT

BRB-WO



1.5" DIAMETER
40FT LONG

ROPE CLASP FOR CLIMBING ROPES

BR-CLASP



SIZE: 1.5" DIAMETER

ANKLE - WRIST WEIGHT
2LB PAIR

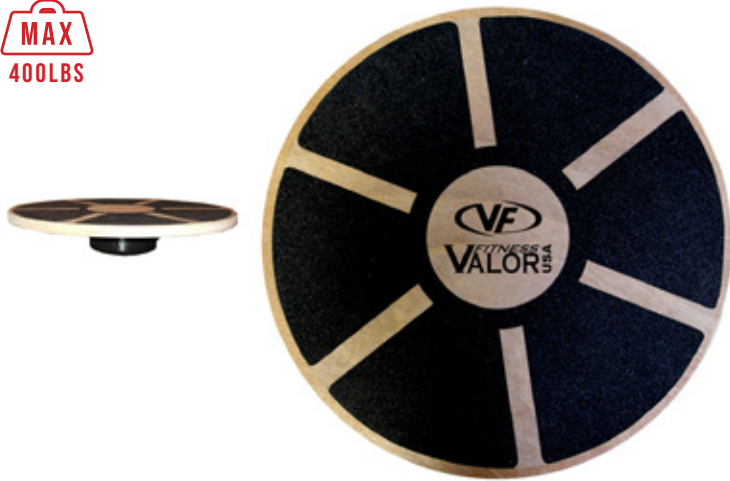
EA-10



WOOD ROUND WOBBLE BALANCE BOARD

EQ-1

MAX
400LBS



SIZE: 15.5" DIAMETER

ANKLE - WRIST WEIGHT
3LB PAIR

EA-11

SPEED AGILITY TRAINING LADDER
12 RUNG PAIR

EL-LADDER



SIZE: 17.5FT LONG

ANKLE - WRIST WEIGHT BUNDLE
2LB + 3LB PAIR

EH-36



AGILITY SLED W/ SHOULDER HARNESS

7' DISTANCE BETWEEN PERSON TO SLED

PUSH - PULL - DRAG

18" X 37"



200lbs

ES-SLED

STRAPS & HOOKS
ATTACH TO
HARNESS & SLED

ADJUSTABLE
HARNESS

STRAPS CONNECT
TO THE SLED

HANDLES USED
TO PUSH SLED

STORAGE PEG
FOR OLYMPIC PLATES

WHEELBARROW SLED W/ SHOULDER HARNESS

ES-SW



300lbs



32.5" X 66" X 39"
PUSH - PULL - DRAG

POWER SLED W/ SHOULDER HARNESS

ES-PS



600lbs



27" X 45" X 40"
PUSH - PULL - DRAG

SNOWSHOE SLED W/ SHOULDER HARNESS

ES-SS



300lbs



9" X 28" X 16"
PULL - DRAG

CLIMBING 71" PEG BOARD

PG-1



SIZE: 71" X 12"
38 HOLES

GYMNASTIC PARALLETTE - PUSH UP BARS

PR-LT

MAX
300LBS



SIZE: 14" X 23" X 12.25" EACH
SOLD AS PAIR

CLIMBING 36" PEG BOARD PAIR

PG-2



SIZE: 35.5" X 12" EACH
34 HOLES

WOODEN
GYMNASTIC
RINGS

GRW-1



19.5FT LONG STRAPS
1.25" DIAMETER RINGS

PLASTIC
GYMNASTIC
RINGS

GRA-2



19.5FT LONG STRAPS
1.1" DIAMETER RINGS

SELF-FILL HEAVY SANDBAGS

FILL UP TO 100LBS



15.5" X 8.5"
MIX SAND & RUBBER CRUMB
WHEN FILLING LESS THAN 100LBS

SDB-100

PROMOTIONAL VIDEO



SELF-FILL HEAVY SANDBAGS

FILL UP TO 200LBS



15.5" X 16.5"
MIX SAND & RUBBER CRUMB
WHEN FILLING LESS THAN 200LBS

SDB-200



SELF-FILL STRONGMAN THROW SANDBAG

SDB-TB1

MAX
50lbs



SIZE: 25" X 17" X 17"
BLACK CANVAS VINYL
2 DOUBLE VELCRO VINYL BLADDER

SELF-FILL DUFFLE SANDBAG

SDB-7

MAX
70lbs



SIZE: 9" X 25"
BLACK CANVAS VINYL
2 DOUBLE VELCRO VINYL BLADDER

CRUMB RUBBER FILLING FOR SANDBAGS

RC-25



WEIGHT: 25LBS
MIX WITH SAND TO CREATE
YOUR IDEAL SANDBAG WEIGHT

PRE-FILLED COLORED SANDBAGS
10LBS-50LBS

SDB-10
10LB SAND BAG



SDB-20
20LB SAND BAG



SDB-30
30LB SAND BAG



SDB-40
40LB SAND BAG



SDB-50
50LB SAND BAG

SIZE: 24.5" X 10"
7 FUNCTIONAL GRIPS

ADJUSTABLE WEIGHT VEST
2 PLATES INCLUDED

ADJUSTABLE SHOULDER & TORSO STRAPS
FRONT & BACK: 14" X 11"



BLACK



BLACK
CAMO



GREEN
CAMO



TAN

WV-14

14LB WEIGHT VEST



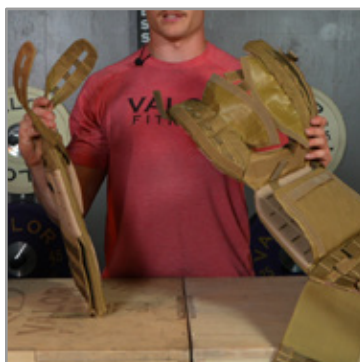
WV-20

20LB WEIGHT VEST

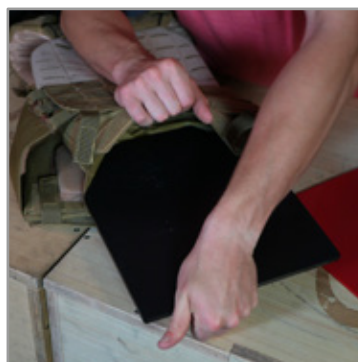


WVP-30

30LB WEIGHT VEST



COMPLETELY ADJUSTABLE



EACH SIDE CAN HOLD 2 PLATES



WEIGHT VEST ADJUSTMENTS

ADJUSTABLE WEIGHT VEST FOR WEIGHT PLATES

MAX
25lbs
PER POCKET



WV-VEST

BLACK CAMO
GREEN CAMO
BLACK
TAN

WEIGHTS NOT INCLUDED
SIZE: 25" X 17" X 17"
WEIGHT: 3LBS

WEIGHT VEST PLATE PAIR 5.75LB PER PLATE

WVSP-5.75

WEIGHT VEST
NOT INCLUDED

SIZE:
10" X 11.25" X .19"

TOTAL WEIGHT:
11.5LBS



WEIGHT VEST PLATE PAIR 8.75LB PER PLATE

WVSP-8.75

WEIGHT VEST
NOT INCLUDED

SIZE:
10" X 11.25" X .31"

TOTAL WEIGHT:
17.5LBS



WEIGHT VEST PLATE PAIR 13.75LB PER PLATE

WVSP-13.75

WEIGHT VEST
NOT INCLUDED

SIZE:
10" X 11.25" X .5"

TOTAL WEIGHT:
27.5LBS



REFLECTIVE SAND FILLED WEIGHT VEST

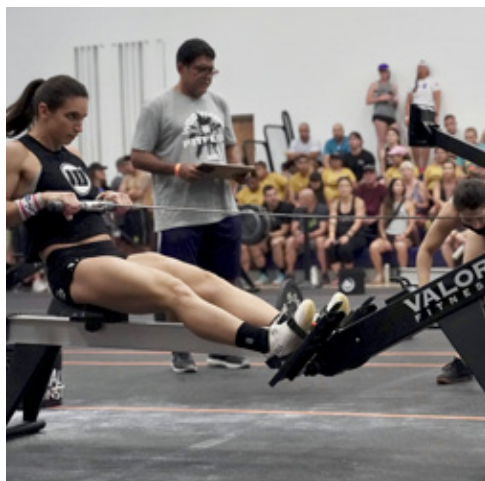
EH-18



ADJUSTABLE FOR VARIOUS SIZES
WEIGHT: 18LBS

MACHINE ROWER
COMPETITION TESTED**AR-V2**

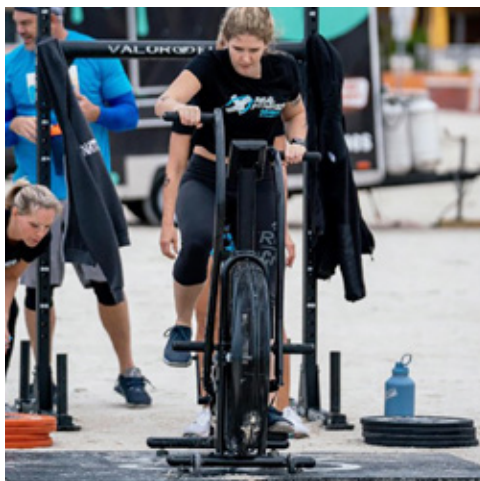
PROMOTIONAL VIDEO



AIR BIKE
COMPETITION TESTED

AB-V1

PROMOTIONAL VIDEO



39" SHORT RESISTANCE BANDS WITH HANDLES FULL SET

RTS-SET



INCLUDES ALL SIZES OF BANDS
INCLUDES ALL MOUNTING SETS

39" SHORT RESISTANCE BANDS WITH HANDLES RACK MOUNT SET

RTS-RACKattb



INCLUDES ALL SIZES OF BANDS
INCLUDES RACK MOUNTING

39" SHORT RESISTANCE BANDS WITH HANDLES ADVANCED SET

RTS-LIGHT



INCLUDES 20LB & 25LB BANDS
TARGETS LARGER MUSCLE GROUPS

39" SHORT RESISTANCE BANDS WITH HANDLES BEGINNER SET

RTS-HEAVY



INCLUDES 5LB, 10LB, & 15LB BANDS
GREAT FOR REHABILITATION



RACK MOUNT



WALL MOUNT



DOOR MOUNT



PROMOTIONAL VIDEO



RTS-05

**39" SHORT RESISTANCE
BANDS WITH HANDLES
5LBS**

39" RESTING LENGTH
MADE WITH PROTECTIVE SHEATH



RTS-10

**39" SHORT RESISTANCE
BANDS WITH HANDLES
10LBS**

39" RESTING LENGTH
MADE WITH PROTECTIVE SHEATH



RTS-15

**39" SHORT RESISTANCE
BANDS WITH HANDLES
15LBS**

39" RESTING LENGTH
MADE WITH PROTECTIVE SHEATH



RTS-20

**39" SHORT RESISTANCE
BANDS WITH HANDLES
20LBS**

39" RESTING LENGTH
MADE WITH PROTECTIVE SHEATH



RTS-25

**39" SHORT RESISTANCE
BANDS WITH HANDLES
25LBS**

39" RESTING LENGTH
MADE WITH PROTECTIVE SHEATH

RESISTANCE BANDS RACK STRAPS

RT-RACK



RESISTANCE BANDS DOOR ANCHOR

RT-DOOR



RESISTANCE BANDS DOOR BELT

RT-BELT



RESISTANCE BANDS WALL BRACKETS

RT-WALL



RT-HANDLE

**RESISTANCE BANDS
HANDLES**



RT-BAG

**RESISTANCE BANDS
BAG**

51" RESISTANCE BANDS WITH HANDLES FULL SET

RT-SET



INCLUDES ALL SIZES OF BANDS
INCLUDES ALL MOUNTING SETS

51" RESISTANCE BANDS WITH HANDLES RACK MOUNT SET

RT-RACKattb



INCLUDES ALL SIZES OF BANDS
INCLUDES RACK MOUNTING

51" RESISTANCE BANDS WITH HANDLES BEGINNER SET

RT-LIGHT



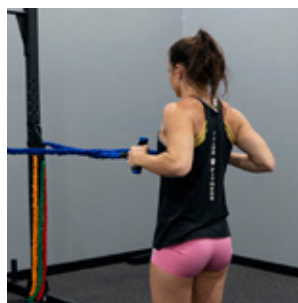
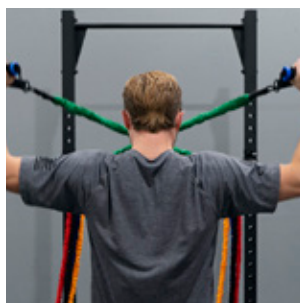
INCLUDES 5LB, 10LB, & 15LB BANDS
GREAT FOR REHABILITATION

51" 5RESISTANCE BANDS WITH HANDLES ADVANCED SET

RT-HEAVY



INCLUDES 20LB & 25LB BANDS
TARGETS LARGER MUSCLE GROUPS



PROMOTIONAL
VIDEO



**RT-05**

51" RESISTANCE
BANDS WITH HANDLES
5LBS

51" RESTING LENGTH
MADE WITH PROTECTIVE SHEATH

**RT-10**

51" RESISTANCE
BANDS WITH HANDLES
10LBS

51" RESTING LENGTH
MADE WITH PROTECTIVE SHEATH

**RT-15**

51" RESISTANCE
BANDS WITH HANDLES
15LBS

51" RESTING LENGTH
MADE WITH PROTECTIVE SHEATH

**RT-20**

51" RESISTANCE
BANDS WITH HANDLES
20LBS

51" RESTING LENGTH
MADE WITH PROTECTIVE SHEATH

**RT-25**

51" RESISTANCE
BANDS WITH HANDLES
25LBS

51" RESTING LENGTH
MADE WITH PROTECTIVE SHEATH

RESISTANCE BANDS RACK STRAPS

RT-RACK

RESISTANCE BANDS DOOR ANCHOR

RT-DOOR

RESISTANCE BANDS DOOR BELT

RT-BELT

RESISTANCE BANDS WALL BRACKETS

RT-WALL**RT-HANDLE**

RESISTANCE BANDS
HANDLES

**RT-BAG**

RESISTANCE BANDS
BAG

RESISTANCE TUBE BAND SET

INCLUDES ANKLE STRAPS &
DOOR ANCHOR
5 COLOR CODED BANDS

ED-18



STRENGTH RESISTANCE BAND SET

6 SIZES
SIZE: 41" LONG
2LBS-150LB OF FORCE

PRB-SET



STRENGTH RESISTANCE BAND
X-SMALL

PRB-XS-RED

SIZE: 41" LONG
2LB-15LB OF FORCESTRENGTH RESISTANCE BAND
SMALL

PRB-S-PURPLE

SIZE: 41" LONG
5LB-35LB OF FORCESTRENGTH RESISTANCE BAND
MEDIUM

PRB-M-BLUE

SIZE: 41" LONG
10LB-50LB OF FORCESTRENGTH RESISTANCE BAND
LARGE

PRB-L-GREEN

SIZE: 41" LONG
25LB-80LB OF FORCESTRENGTH RESISTANCE BAND
X-LARGE

PRB-XL-ORANGE

SIZE: 41" LONG
50LB-120LB OF FORCESTRENGTH RESISTANCE BAND
XX-LARGE

PRB-XXL-RED

SIZE: 41" LONG
60LB-150LB OF FORCE

HB-3

HIP FABRIC
RESISTANCE BANDS
3 SIZESPREMIUM FABRIC
LIGHTWEIGHT & PORTABLE

ED-16

RESISTANCE
TUBE WITH
SAFETY SLEEVESIZE: 55"
MADE WITH PROTECTIVE SHEATHMAX
400lbs

ED-19

WALL MOUNT
ANCHOR HOOK FOR
RESISTANCE BANDSMAX
110lbs

MB-7

RESISTANCE BAND
HOOK HANDLES
PAIRMULTI-RING JELLY TUBE STRETCH
RESISTANCE BAND

ED-22

SIZE: 36"
MADE WITH TPE FOR INCREASED ELASTICITY

**ADJUSTABLE 2" BOXING SPEED BAG PLATFORM
BAG INCLUDED**

CA-53



PLATFORM IS 2" THICK
AND 24" IN DIAMETER

**ADJUSTABLE 1" BOXING SPEED BAG PLATFORM
BAG INCLUDED**

CA-2



PLATFORM IS 1" THICK
AND 24" IN DIAMETER

**FIXED BOXING SPEED BAG 1" PLATFORM
BAG INCLUDED**

CA-10



PLATFORM IS 1" THICK
AND 24" IN DIAMETER

2" BOXING SPEED

CA-50PLUS



PLATFORM IS 2" THICK
AND 24" IN DIAMETER



PROMOTIONAL
VIDEO

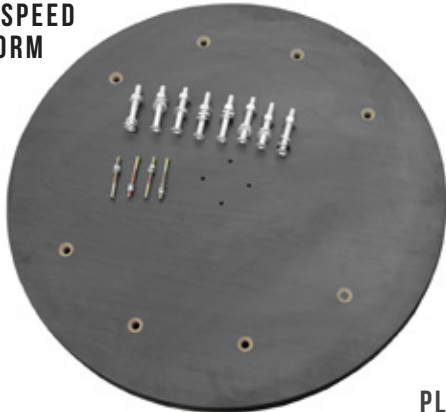


BOXING SPEED BAG

CA-12

VINYL COVER W/
DOUBLE STITCHED SEAMS2" BOXING SPEED
BAG PLATFORM

CA-50



PLATFORM ONLY

SPEED BAG SWIVEL

CA-9

12-GAUGE STEEL
360 DEGREE SWIVEL ROTATION

WALL MOUNT FOR HEAVY PUNCHING BAG

CA-17

MAX
120lbs12-GAUGE STEEL
25.5" X 39" X 30"ADJUSTABLE HEAVY PUNCHING BAG
45-80LBS

VB-APB-42

MAX
80lbs42" X 13"
HIGH QUALITY VINYLPUNCHING BAG STAND FOR SPEED BAG
AND HEAVY BAG

VB-BR-1

MAX
150lbs60" X 56" X 89.5"
MADE FROM HEAVY DUTY STEEL

LEG RAISE CAPTAINS CHAIR

INCLUDES DIP AND PUSH UP STATION

SIZE: 23.5" X 62" X 83"

PROMOTIONAL VIDEO



CA-16

MAX
400lbs



DIP STATION



PULL UPS (MULTI-GRIPS)



PUSH UPS



VERTICAL KNEE/LEG RAISE

CORE EQUIPMENT

DYNAMIC FITNESS

ADJUSTABLE GLUTE AND HAM DEVELOPER GHD

CB-29

MAX
400lbs



29.5" X 82" X 43"-49"
PLATE STORAGE & WHEELS INCLUDED

PORTABLE DIP STAND STATION

EB-28

MAX
350lbs



SOLD AS PAIR
16" X 26" X 28.5" EACH



ABM-12

AB MAT
SIT UP MAT

13" X 15" X 2"

MAX
350lbs

FOLDABLE WALL MOUNTED DIP BAR STATION

DP-2

MAX
350lbs



MAX
350lbs



AB-MAT

AB MAT
SIT UP MAT
W/ DETACHABLE PAD

13" X 30" X 2"



KIT-1

HOME GYM
CONDITIONING
BUNDLE

INCLUDES:
AST-27 | EA-10 | SR-2A

MAX
500lbs



AST-27

ADJUSTABLE
AEROBIC
STEP PLATFORM

11" X 27" X 2"-4"



KIT-2

HOME GYM
CORE - STABILITY
BUNDLE

INCLUDES:
EQ-1 | AB-MAT | ED-22

MAX
200lbs



DB-1

DIP BELT
W/ CHAIN

SIZE: 40" LENGTH



KIT-KB1

HOME GYM
STARTER KIT
BUNDLE

INCLUDES:
PRB-SET | PKB-35 | SR-1R

HEAVY RUBBER SLAM BALLS
SIZES: 70LB-150LB

SB



70LB



100LB



150LB

RUBBER SLAM BALLS
SIZES: 10LB-50LB

10LB



15LB



20LB



25LB



30LB



35LB



40LB



45LB



50LB



PROMOTIONAL
VIDEO



MEDICINE BALL REBOUNDER TRAMPOLINE

RX-T2

MAX
35lbs

EXTRA STRENGTH
NYLON TRAMPOLINE

NYLON PROTECTIVE
SPRING COVER



8 ANGLE POSITIONS
32.5° TO 55°

3 BALL STORAGE
AREAS

RUBBER FEET
FOR STABILITY

36.5" X 45" X 25"-33"
MADE EXCLUSIVELY FOR MEDICINE BALLS

MEDICINE BALLS

RXM



PREMIUM COMMERCIAL GRADE WALL BALLS

WBP



WALL BALLS

WB



SEATED TOTAL BODY STRETCH MACHINE

SIZE: 24" X 47" X 35"-38"

MAX
350lbs

PROMOTIONAL VIDEO



CA-32

SEATED LEG STRETCH MACHINE

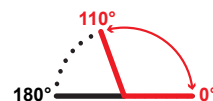
INCLUDES ADJUSTABLE BACK PAD
STRETCHES UP TO 180 DEGREES

MAX
300lbs

PROMOTIONAL VIDEO



CA-27



PERCUSSION MUSCLE MASSAGE GUN W/ 4 ATTACHMENTS

MG-1



MINI PERCUSSION MUSCLE MASSAGE GUN W/ 4 ATTACHMENTS

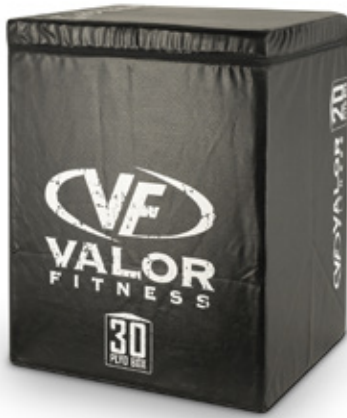
MG-2



MUSCLE ROLLER MASSAGE STICK TOOL

TH-RR



**PBS-A**

3 IN 1
SOFT PADDED
PLYO BOX

20" X 24" X 30"

MAX
400lbs

**PBX-ADJ**

ADJUSTABLE
18" TO 31"
PLYO BOX

19.75" X 23.75" X 18"-31"

**PBX-A**

3 IN 1
WOOD
PLYO BOX

20" X 24" X 30"

**PBX-B**

3 IN 1
WOOD
PLYO BOX

18" X 20" X 24"

**SR-2A**

ADJUSTABLE
BALL BEARING
SPEED ROPE

2.5MM THICK 12FT NON-KINKING CABLE

**SR-4A**

ADJUSTABLE
BALL BEARING
SPEED ROPE

4MM THICK ADJUSTABLE LENGTH CABLE

**SR-1R/B**

RED OR BLACK
ADJUSTABLE SWIVEL
BEARING SPEED ROPE

2.5MM THICK 12FT
NON-KINKING CABLE

**TR-BLK-1**

ADJUSTABLE
SPEED ROPE

2.5MM THICK 9FT
NON-KINKING CABLE

**HR-1.5**

HEAVY
JUMP ROPE

1.5" DIAMETER
10FT LENGTH

**HR-2**

HEAVY
JUMP ROPE

2" DIAMETER
10FT LENGTH

EXERCISE BALL 4-TIER ROLLING RACK

SIZE: 63.5" X 26.5" X 58.5"

BG-59

BALLS SHOWN ON RACK
NOT INCLUDED

500lbs

ADJUSTABLE
HORIZONTAL
BARSSUPPORTS VARIOUS
SIZES OF PRODUCTS14.75"
BETWEEN
SHELVESMADE FROM
HEAVY DUTY STEEL4 LOCKABLE
CASTER WHEELS

PORTABLE ROUND EXERCISE BALL STORAGE RACK 4-TIER

BG-55

BALLS SHOWN ON RACK
NOT INCLUDED

MAX
400lbs



SIZE: 59.5" X 30.5"
4 LOCKABLE CASTER WHEELS

EXERCISE BALL 5-TIER STAND

BG-50

BALLS SHOWN ON RACK
NOT INCLUDED

MAX
250lbs



SIZE: 19.25" X 23" X 63.5"
MAX WEIGHT PER BRACKET: 50LBS

WALL MOUNTED EXERCISE BALL RACK

BG-53

BALLS SHOWN ON RACK
NOT INCLUDED

MAX
250lbs



SIZE: 16.25" X 103"
5 ADJUSTABLE POSITIONS

**GUN RACK BARBELL STORAGE
FOR 6 BARS****BH-12**BARS SHOWN
ON RACK
NOT INCLUDEDSOLD AS A PAIR
SIZE: 41.5" LONG
7" GAP BETWEEN EACH BAR**GUN RACK BARBELL STORAGE
FOR 8 BARS****BH-20**BARS SHOWN
ON RACK
NOT INCLUDEDSOLD AS A PAIR
SIZE: 41.5" LONG
4" GAP BETWEEN EACH BAR

MULTIPURPOSE WALL-MOUNTED STORAGE RACK

MAX
330lbs



BH-11

BARS SHOWN
ON RACK
NOT INCLUDED

SIZE: 24" X 4" X 6"
HOLDS 3 BARBELLS & HAS 6 PEGS

VERTICAL BARBELL STORAGE STAND FOR 9 BARS

BH-10

BARS SHOWN
ON RACK
NOT INCLUDED



SIZE: 16.5" X 22"
9 SLOTS WITH PLASTIC SLEEVES

HANGING BARBELL STORAGE RACK FOR 3 BARS

MAX
300lbs



BH-3

BARS SHOWN
ON RACK
NOT INCLUDED

SIZE: 4.5" X 12" X 3"
WALL MOUNTED

HANGING BARBELL STORAGE RACK FOR 6 BARS

BH-6

BARS SHOWN ON RACK
NOT INCLUDED

MAX
300lbs



SIZE: 4.5" X 22" X 3"
WALL MOUNTED

MULTIFUNCTIONAL FITNESS EQUIPMENT STORAGE RACK

SIZE: 29.5" X 73.25" X 56"

ADJUSTABLE RACKS



600lbs

BG-62

PRODUCTS SHOWN
ON RACK
NOT INCLUDED



FLAT SHELF 3-TIER STORAGE RACK FOR FITNESS EQUIPMENT

BG-30

MAX
660lbs



SIZE: 51.25" X 58.25" X 28"
ADJUSTABLE SHELVES

DUMBBELL 3-TIER STORAGE RACK

BG-12

MAX
800lbs

DUMBBELLS SHOWN ON RACK
NOT INCLUDED



SIZE: 44" X 35.5" X 21.5"
14-GAUGE STEEL

DUMBBELL 2-TIER STORAGE RACK

BG-10

MAX
500lbs

DUMBBELL SHOWN ON RACK
NOT INCLUDED



SIZE: 21" X 55.5" X 31"
EACH SHELF HOLDS 6 PAIRS OR 8 SINGLES

DUMBBELL STORAGE CUP ATTACHMENTS 12 SETS

BG-13



SIZE: 5.75" X 1.5"
CREATED FOR USE WITH BG-10

KETTLEBELL 2-TIER STORAGE RACK

BG-23

MAX
600lbs

KETTLEBELLS
SHOWN ON RACK
NOT INCLUDED



SIZE: 20.5" X 45.5" X 33"
HEAVY DUTY STEEL

STORAGE

PLATE STORAGE

WALL MOUNTED 3-PEG OLYMPIC PLATE STORAGE

MAX
660lbs



BH-25

PLATES SHOWN
ON RACK
NOT INCLUDED

SIZE: 16" X 6" X 44.5"
MAX WEIGHT PER PEG: 220LBS

WALL MOUNTED 4-PEG OLYMPIC PLATE STORAGE

MAX
880lbs



BH-26

PLATES SHOWN
ON RACK
NOT INCLUDED

SIZE: 16" X 6" X 27"
MAX WEIGHT PER PEG: 440LBS

HORIZONTAL WEIGHT PLATE STORAGE W/ WHEELS



BH-16

PLATES SHOWN
ON RACK
NOT INCLUDED

SIZE: 54.5" X 13.5" X 11"
16 VERTICAL SLOTS

STORAGE TREE FOR BUMPER PLATES

MAX
1000lbs



SIZE: 31" X 29" X 54.5"
6 PLATE STORAGE PEGS

BH-17

PLATES SHOWN
ON RACK
NOT INCLUDED

ELEVATED STORAGE TREE FOR OLYMPIC PLATES AND BARBELLS

MAX
900lbs



SIZE: 25" X 25.5" X 44.75"
6 PLATE STORAGE PEGS

BH-7

PLATES SHOWN
ON RACK
NOT INCLUDED

STACKABLE ROLLING BUMPER PLATE STORAGE

MAX
500lbs



SIZE: 18" X 19.5" X 41.75"
LOCKABLE CASTER WHEELS

BH-19

PLATES SHOWN
ON RACK
NOT INCLUDED

STORAGE TREE FOR STANDARD PLATES AND BARBELLS

MAX
800lbs



SIZE:
22.5" X 21.5" X 43.5"
6 PLATE STORAGE PEGS

BH-8

PLATES SHOWN
ON RACK
NOT INCLUDED

STORAGE TREE FOR OLYMPIC PLATES AND BARBELLS

MAX
810lbs



SIZE:
22" X 22" X 43.5"
6 PLATE STORAGE PEGS

BH-9

PLATES SHOWN
ON RACK
NOT INCLUDED

OLYMPIC ADAPTER SLEEVE

EX-10



SOLD INDIVIDUALLY OR AS A PAIR
ADAPTS 1" PEGS TO 2" OLYMPIC PEGS

GYM CHALK BUCKET W/ 16 BLOCKS

CH-3



CH-1

GYM CHALK STAINLESS STEEL BOWL STAND

8 CHALK BLOCKS INCLUDED



SIZE: 20" X 20" X 38"
5" STAINLESS-STEEL BOWL

GYM CHALK BOX W/ 8 BLOCKS

CH-2



EACH BLOCK:
3.5" X 3.5" X 1.75"

SHAKER BOTTLES

ACCESSORIES

SHAKER BOTTLE 20oz
GREEN



ZB-BTL-GRN

BPA FREE
20oz 3.75" X 8.5"

SHAKER BOTTLE 20oz
BLUE



ZB-BTL-BLUE

BPA FREE
20oz 3.75" X 8.5"

SHAKER BOTTLE 20oz
BLACK



ZB-BTL-BLK

BPA FREE
20oz 3.75" X 8.5"

SHAKER BOTTLE 20oz
RED



ZB-BTL-RED

BPA FREE
20oz 3.75" X 8.5"

SHAKER BOTTLE 20oz
FULL SET



ZB-BTL-SET

EACH BOTTLE:
20oz 3.75" X 8.5"



ZB-MULTI

PREMIUM
SHAKER BOTTLE
20oz W/ POWDER,
VITAMIN STORAGE

INCLUDES:
2 SHAKER TYPES
MEASURING LINES
FOR ML AND OZ

DIGITAL FITNESS TIMER

REMOTE INCLUDED
25" X 8"

ST-24



MINI DIGITAL FITNESS TIMER

REMOTE INCLUDED
12.5" X 3.5"

ST-MINI



**MEN'S WEIGHTLIFTING BELT
RED & BLACK**

PWB-3M



SIZES
XS - S - M - L - XL - XXL

**MEN'S WEIGHTLIFTING BELT
BLACK & BLUE**

PWB-1M



SIZES
XS - S - M - L - XL - XXL

**WOMEN'S WEIGHTLIFTING BELT
PINK & BLACK**

PWB-4F



SIZES
XXS - XS - S - M - L - XL

**WOMEN'S WEIGHTLIFTING BELT
BLACK & PURPLE**

PWB-2F



SIZES
XXS - XS - S - M - L - XL

**MEN'S WEIGHTLIFTING
FINGERLESS GLOVES**

GLV-1M



SIZES
S - M - L - XL

**WOMEN'S WEIGHTLIFTING
FINGERLESS GLOVES**

GLV-2F



SIZES
XS - S - M - L - XL

VALOR FITNESS DUTY HAT

SMALL / MEDIUM
LARGE / X-LARGE
ADJUSTABLE

HAT-DUTY



Colors



VALOR FITNESS HONOR HAT

SMALL / MEDIUM
LARGE / X-LARGE
ADJUSTABLE

HAT-HONOR



Colors



VALOR FITNESS HOODIE

HVALOR

SIZES
S - M - L - XL - XXL



Colors



MEN'S TRI-BLEND CREW T-SHIRT

TBLEND

SIZES
XS - S - M - L - XL - XXL



Colors



MEN'S CAMOUFLAGE T-SHIRT

TCAMO

SIZES
XS - S - M - L - XL - XXL



Colors



MEN'S PERFORMANCE T-SHIRT

TVALOR

SIZES
XS - S - M - L - XL - XXL



Colors



MEN'S ESTABLISHED T-SHIRT

TESTAB

SIZES
XS - S - M - L - XL - XXL



Colors



WOMEN'S PERFORMANCE T-SHIRT

TVALOR-W

SIZES
XS - S - M - L - XL - XXL



Colors





VALOR
F I T N E S S

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