## COOKED MEALS - R100 PER MEAL

Terms and conditions:

- Meals are individually boxed
- Minimum of 5 of same variant may be ordered
- Buffet set up may be arranged and will incur an extra charge of R25pp plus delivery charge
- Minimum pax for buffet set up is 20
- Tailor made menus for buffets can be put together to include more than one meat and more sides.

Tailor made buffets to be priced according to items selected.

| Main Meal | Variation: <br> Vegetarian | Variation: <br> Vegan | Variation: <br> Gluten free | Variation: <br> Lactose free |
| :---: | :---: | :---: | :---: | :---: |
| Grilled chicken breast fillets in lime ginger \& honey served with jasmine rice \& seasonal veg | Grilled large open brown mushroom served with jasmine rice \& seasonal veg | Grilled large open brown mushroom served with jasmine rice \& seasonal veg | Same as main meal | Same as main meal |
| Beef fillet kebabs in teriyaki basting served with mashed potato \& seasonal veg | Vege kebabs in teriyaki basting served with mashed potato \& seasonal veg | Vege kebabs in teriyaki basting served with mashed potato \& seasonal veg | Same as main meal | Same as main meal |
| Chicken schnitzel served with roast potatoes, roast veg \& cheese-mushroom sauce | Vegan schnitzel served with roast potatoes, roast veg \& cheesemushroom sauce | Vegan schnitzel served with roast potatoes, roast veg \& cheesemushroom sauce (plant-based) | Same as main meal (plain chicken breast with no crumbs) | Same as main meal (plain chicken breast no crumbs or egg \& no sauce) |
| Mild beef curry \& basmati rice | Lentil \& chick pea curry \& basmati rice | Lentil \& chick pea curry \& basmati rice | Same as main meal | Same as main meal |
| Thai chicken curry \& jasmine rice | Green veg curry \& jasmine rice | Green veg curry \& jasmine rice | Same as main meal | Same as main meal |
| Beef lasagne \& seasonal veg | Vegetable lasagne | Vegetable lasagne (plant based milk substitute in béchamel \& no cheese) | Same as main meal but with gluten free pasta | Same as main meal (plant based milk substitute in béchamel \& no cheese) |
| Chicken leek \& mushroom pie served with mashed potato \& seasonal veg | Spinach \& feta pie served with mashed potato \& seasonal veg | Vegetable pie served with mashed potato \& seasonal veg | Same as main meal, but crustless | Same as main meal |
| Moroccan beef stew served with couscous \& roasted brinjal + peppers | Moroccan veg stew served with couscous \& roasted brinjal + peppers | Moroccan veg stew served with couscous \& roasted brinjal + peppers | Same as main meal | Same as main meal |
| Harissa-coconut chicken breast fillet served with jasmine rice \& green veg | Harissa-coconut roast mushrooms served with jasmine rice \& green veg | Harissa-coconut roast mushrooms served with jasmine rice \& green veg | Same as main meal | Same as main meal |
| Roast sirloin in creamy | Roast plant-based | Roast plant-based | Same as main meal | Same as main meal |


| mushroom-pepper sauce <br> served with roast potatoes <br> \& roast butternut | substitute in <br> creamy mushroom- <br> pepper sauce <br> served with roast <br> potatoes \& roast <br> butternut | substitute in <br> creamy mushroom- <br> pepper sauce <br> served with roast <br> potatoes \& roast <br> butternut |  |  |
| :--- | :--- | :--- | :--- | :--- |
| 'Friday' Fish n Chips served <br> with handcut fries, lemon <br> \& sweet chilli mayo | Falafel served with <br> handcut fries, <br> lemon \& hummus | Falafel served with <br> handcut fries, <br> lemon \& hummus | Steamed hake fillet <br> served with <br> handcut fries, <br> lemon \& sweet <br> chilli mayo | Steamed hake fillet <br> served with <br> handcut fries, <br> lemon \& sweet <br> chilli |
| Homemade cheese beef <br> burger \& handcut fries | Homemade cheese <br> burger with vegan <br> patty \& handcut <br> fries | Homemade cheese <br> burger with vegan <br> patty \& handcut <br> fries | Homemade cheese <br> beef burger \& fries <br> (bunless) | Homemade beef <br> burger \& handcut <br> fries (no cheese) |
| Moussaka: layered bake <br> with brinjal, beef mince, <br> potato \& béchamel, served <br> with green veg. | Moussaka: layered <br> bake with brinjal, <br>  <br> béchamel, served <br> with green veg. | Moussaka: layered <br> bake with brinjal, <br> potato \& béchamel <br> (made with plant- <br> based milk sub), <br> served with green <br> veg. | Same as main meal | Same as main meal <br> (no cheese \& with <br> plant-based milk <br> substitute) |
| Roast leg of lamb served <br> with roast potatoes, <br> seasonal veg \& gravy | Plant-based <br> substitute served <br> with roast <br> potatoes, seasonal <br> veg \& gravy | Plant-based <br> substitute served <br> with roast <br> potatoes, seasonal <br> veg \& gravy | Same as main meal | Same as main meal |

