



### Referring an Adult for a Powered Wheelchair ESX167

Guidance and considerations for Healthcare Practitioners

Issue 1: 01/04/2023



### Introduction

This guide is designed to support you to make a clinical decision as to whether the individual meets the criteria for provision of a Powered wheelchair from a NHS Wheelchair service. Please read this carefully to avoid raising service user expectations.

There is a separate guide if you are referring a child.

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Please read the full Wheelchair Service eligibility criteria, which can be found on our website. The specific sections in relation to powered provision can be found in Appendix 1 and should be read alongside this guide.

If a service user is being assessed for custom seating, this pathway for provision will be completed prior to the powered pathway being started. This is to ensure that any decisions in relation to posture are addressed first.

### Who can refer for a powered wheelchair?

A referral for a powered wheelchair assessment will only be accepted from a Healthcare Practitioner if the service user is not known to the Wheelchair Service. Service users that are already known to the Wheelchair Service and have a manual wheelchair on issue are able to self refer for a powered wheelchair assessment. As part of this process, we require that all relevant medical information is obtained from the service user's GP or Consultant. Incomplete referrals will be returned. The episode of care will not be started until we have all the information required to triage.

Ultimately, the Wheelchair Service will complete an assessment and make a clinical decision as to whether an individual meets the criteria and is able to use a powered wheelchair independently and safely.

Please call the Wheelchair Service if you would like to discuss eligibility or any aspect of referring to the service.



The referral form can be found on the website: rosscare.co.uk/east-sussex-wcs

### What to consider before you refer?

### Is it the right time?

The pathway from a manual to a powered wheelchair is one that is not often reversed so it is important that the timing for provision is appropriate, and a decision is made alongside an MDT assessment and the Wheelchair Service criteria.

### **Deteriorating conditions**

There are conditions that have a more predictable pathway e.g. Duchenne's Muscular Dystrophy or Motor Neurone Disease. Therefore, although we understand that each person should be treated as an individual, in specific pathways, a powered wheelchair may be required before that person goes "off their feet" and loses their ambulant mobility.

### **Reaching rehab potential**

The Wheelchair Service is not commissioned to provide wheelchairs, manual or powered, until an individual has reached their rehab potential.

During this period, it is the responsibility of the rehab facility to provide mobility aids including wheelchairs. You will find more information regarding this on the website in the FAQ section.

Trialling a powered wheelchair during a period of rehab can have pros and cons. Please consider all elements included in this guide before you trial a wheelchair. Raising expectations too early can lead to disappointment if the individual does not meet the criteria when assessed at a later point within their pathway. On the positive side, some powered wheelchair users in early rehab will progress to using a manual wheelchair on completion of their rehab.

### **Mobility and walking aids**

Has the service user's ability to mobilise deteriorated? Has the cause of the deterioration been investigated? Do they require a review of their mobility aid or a change in aid?

- The service user must need to use the powered wheelchair for all their mobility needs.
- The service user must be unable to walk or self-propel functionally inside their own home or have been advised that walking or self-propelling inside their own home is contra-indicated on medical grounds.

### **Falls**

If the service user has reported to have been falling outside or within their home, has the cause of the falls been explored?

- Has a change in medication been explored or identified?
- Has there been a change in their medical condition?
- Has the service user received advice on how to manage falls?
- How frequent are the falls?
- Has the environment been checked to establish any environmental causes?
- Has their footwear been checked. Poorly fitting slippers can cause slips and falls.

Contact Health and Social Care Connect (HSCC) on **0345 60 80 191** or click on the link below: **1**space.eastsussex.gov.uk/Services/2340/Health-Social-Care

For further advice on Fall prevention from East Sussex County Council and the NHS please visit the following links: <a href="www.nhs.uk/conditions/falls/prevention">www.nhs.uk/conditions/falls/prevention</a> and <a href="www.eastsussex.gov.uk/social-care/health-advice/falls-guide">www.eastsussex.gov.uk/social-care/health-advice/falls-guide</a>



### **Medical considerations**

- How will the use of a powered wheelchair affect the service user's weight, strength, ability to stand to transfer and general health? This needs to be balanced with the positive impact the use of a powered wheelchair can have. If a powered wheelchair is indicated, is there a plan in place to ensure that all other function is maintained?
- Does the service user take regular medication that may impair their ability to use a powered wheelchair safely?
- (?) Will the medication cause drowsiness or loss of concentration?
- Take into consideration regularity and severity of any form of loss of consciousness. The person may not be safe to use a powered wheelchair see 7.3 of the criteria.

### **Review of manual wheelchair**

If the service user currently has a wheelchair pushed by an attendant, have you **considered if a self-propelling wheelchair** is the next option?

Wheelchairs can be configured to use one upper limb to propel or a combination of upper and lower limbs or punting with lower limbs.

If the service user has a **manual wheelchair**, we will review why this is not meeting their needs first. There are different manual wheelchairs within the equipment range and the configuration can be adjusted to meet changing needs.

Poor posture can have a detrimental effect on effective propulsion. It may be that a postural assessment is required in the first instance.

Technique is also key to being able to propel independently. External training may be required and can be organised through various organisations. The Wheelchair Service will be able to provide further information on options for training.

### Independent use of a powered wheelchair and level of function

The service user must demonstrate the ability to use a powered wheelchair safely and independently (without supervision, except in the case of age-appropriate supervision of children during the initial stage of provision), without endangering themselves and other people. The service does not provide attendant powered wheelchairs for use by a carer.

Driving a powered wheelchair requires a high level of skill to interact with both the powered chair and the external environment safely.

### **Training**

The Wheelchair Service does not have the capacity to offer training to gain independence with a powered wheelchair. The service can provide guidance on powered training if a there is a designated person/s who will be able to offer this training and practice.

A training agreement will be completed at the point of issue for trial purposes only. There will be a time limit on this trial period. At the end of the trial period, a decision will be made by the MDT if the service user has achieved independent powered mobility (indoors) or if an alternative route for provision (e.g. charity or private funding) needs to be pursued. Re-referral in the future is always an option should changes be experienced.

### Home environment and location of use

The home environment must be suitable. Please do not refer if there is obviously not adequate turning space, general space or wide enough doorways. In this instance, you may need to consider or complete a referral for home adaptations first.

The service user must live in a permanent residential environment where the wheelchair can access all relevant facilities required for daily living. If adaptations are in the planning stage or in progress, please call the service to discuss the most appropriate time for referral.

Floor surfaces and thresholds between rooms have an impact on propelling. A laminate floor is much easier to propel across than a thick pile carpet.

A risk assessment of the home environment and any other areas (e.g. school, Day Centre or garden area) will be carried out by the Wheelchair Service if eligibility criteria is met.

To find out more about a DFG (Disabled Facilities Grant) visit: <a href="https://www.gov.uk/disabled-facilities-grants">www.gov.uk/disabled-facilities-grants</a>



### Consider the following elements when looking at the suitability of a home environment:

Access	Is there level access? Are there ramps, thresholds, or narrow door widths?
Turning space	Is there space to turn within a room or from the hall / corridors into a room?
Door widths	Measure the narrowest point with the door open. The wheelchair needs to be the clinical size as required by the service user, rather than the size needed to fit through a doorway
Furniture	Is there space to manoeuvre? Does furniture need to be rearranged or removed?
Radiators on walls	Radiators or any wall mounted cupboards will reduce the width in a hallway
Internal steps	Are there any internal steps that could be a hazard to the service user?
Open stairs	Open staircases need to be gated
Floor surfaces	Powered wheelchairs may not turn on thick pile carpets and rugs
Other residents and pets	Who else lives with the person who will be using the powered wheelchair? Will the use be a risk to them or will they cause a risk to the powered wheelchair user?
Piped oxygen	Trailing tubes can cause a risk if driven over

### **Summary of considerations and alternative referral options**

### Use this table to guide you as to the most appropriate referral route:

Problem	Consider / action
Mobility has deteriorated	<b>Referral to Physio</b> for review of mobility and/or assessment for walking aid.
	<b>Discuss with GP:</b> are there underlying medical causes for deterioration?
Private powered wheelchair	The use of a private powered wheelchair does not automatically meet eligibility for NHS provision.
	Provision of a manual wheelchair is considered prior to powered provision.
Struggling to propel manual wheelchair	Refer to the Wheelchair Service for a review of the manual wheelchair unless there are definite contraindications for self- propelling.
Loss of consciousness, blackouts, or seizures	We require full information as to the nature, regularity, and severity of any form of loss of consciousness. Check with the GP before making a referral, the person may not be safe to use a powered wheelchair.
Medication side effects	Does the service user take regular medication that may impair their ability to use a powered wheelchair safely?
	Will the medication cause drowsiness or loss of concentration?
Falls	Investigate the cause of the falls. Check with the GP before making a referral. In the first instance consider a referral to East Sussex County Council: <a href="www.eastsussex.gov.uk/social-care/health-advice/falls-guide">www.eastsussex.gov.uk/social-care/health-advice/falls-guide</a> or to a Physiotherapist
Full time use	If the use of a powered wheelchair is not their only means of mobility and is not required for daily use within their home, they <b>do not meet the criteria</b> .
Home environment	The home environment needs to be suitable for independent use of a powered wheelchair.
Service user just wants to use a powered wheelchair outside	Does not meet criteria. Offer signposting information (see end of this guide).
Carer unable to push a manual wheelchair	Does not meet criteria. Advise the service user to contact the Wheelchair Service.

### What types of powered wheelchair does the service provide?

There may be some options that can be considered under the Personal Wheelchair Budget (PWB) scheme. See the website for information on the PWB scheme. This scheme only applies to service users that meet the criteria for provision.



Rear wheel drive (RWD) powered wheelchairs



Mid wheel drive (MWD) powered wheelchairs



### X Don't provide

**Scooters** 



Foldable powered wheelchairs



Manual wheelchairs with power add on

Converting a manual wheelchair to a powered wheelchair



Power assist wheels



### What features does the service provide?

### ✓ Do provide

Joysticks and head switching



Tilt in space for postural support



Elevating leg rest (ELR) for reduced knee flexion



Powered recline (only in exceptional circumstances)



Please see additional guidance on the website for advice on what can and cannot be fitted to a wheelchair provided by the Wheelchair Service.

### X Don't provide

Attendant-only powered controls



Tilt in space for resting or sleeping

Powered elevating leg rest (ELR)



Seat risers or stand-up powered wheelchairs



Power packs



### Adult powered wheelchair referral checklist

### Before you refer for a powered wheelchair you should be able to answer the following statements:

I confirm that:		Tick
Independent mobility	The service user is unable to walk independently and safely within their own home.	
Deterioration in	The cause of deterioration in the service user's mobility has	
mobility	been fully investigated and addressed.	
Mobility aids	A review of or referral for a mobility aid has been considered and completed (attach any assessment).	
Transit / Attendant	The service user only has a transit wheelchair, but a self-	
pushed wheelchair	propelling wheelchair is not appropriate (you will need to give your reasons why).	
Ability to use current	Self-propelling a manual wheelchair inside their home is	
self-propelling	detrimental to the overall health and disease progression	
wheelchair	for this service user (including a manual wheelchair of a higher specification).	
Falls inside their own home	The causes of falls have been fully investigated, including a referral to the Falls clinic (where available).	
Medication	Effects of medication, medical condition and any loss of consciousness have been checked with the service user's GP.	
Access to home	The service user has access both to and from the service user's home which is appropriate to the safe use of a powered wheelchair.	
Internal home environment	The service user has a home environment compatible with the safe and independent use of a powered wheelchair.	
Full time use	The service user needs to use the powered wheelchair for all of their mobility needs. For daily use, it is more than 4 hours a day.	
Cognitive and	Following assessment, I believe that the service user has	
physical ability	the cognitive and physical skills to use a powered wheelchair independently and safely.	
Meets the criteria	In my professional opinion and having reviewed the guide for powered referrals and the service criteria, I confirm the service user meets the criteria for assessment for a powered wheelchair. I understand that this does not mean that a powered wheelchair will be provided. Any decision on provision is the responsibility of the Wheelchair Service.	

### What happens next?

Once your referral has been received, the information you have provided will be reviewed by a Triage Therapist. Contact will be made with the service user to clarify any information and discuss the proposed use of a powered wheelchair. This may be completed via a video appointment, so that the home environment can be reviewed.

It may be determined that a service user does not meet the criteria and this can be at various stages in the pathway.

### Signposting information for service users that do not meet the criteria.



If you determine that the service user does not meet the eligibility criteria for a powered wheelchair, there are other options which the service user could be signposted to. This information is included with the Frequently Asked Questions for service users and can be found on the website.

### **Motability**

The Motability Scheme enables anyone in receipt of a qualifying mobility allowance to use their mobility allowance to lease a car, scooter, powered wheelchair or Wheelchair Accessible Vehicle (WAV).

www.motability.co.uk/c/everyday-freedom

### **Shop Mobility UK**

Shop Mobility UK is a nationwide network of centres that hire out mobility equipment to the public. This equipment includes manual wheelchairs, powered wheelchairs and mobility scooters so people with restricted mobility can enjoy independence outdoors.

www.shopmobilityuk.org

### **NHS** information

www.nhs.uk/conditions/social-care-and-support-quide/care-services-equipment-and-carehomes/walking-aids-wheelchairs-and-mobility-scooters

### Which guide

www.which.co.uk/later-life-care/home-care/out-and-about/choosing-a-wheelchairawudm6w9jbkz









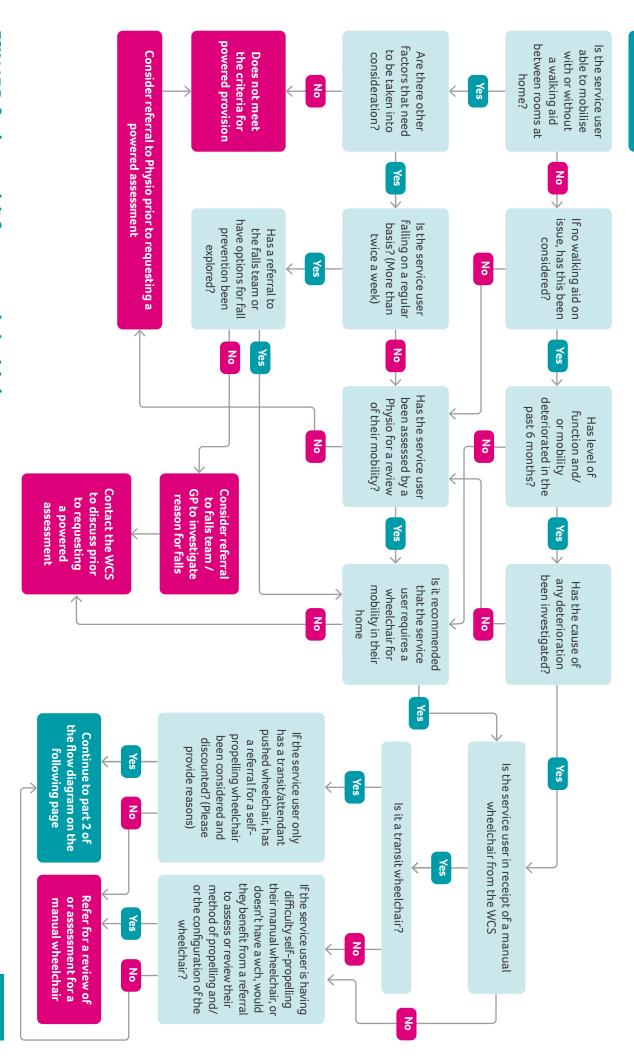
### **Electrically Powered Wheelchair Provision**

### Electrically Powered Wheelchairs are issued when the service user meets the following criteria:

The term electrically powered wheelchair refers to both electrically powered indoor-only wheelchairs (EPICs) and electrically powered indoor-outdoor wheelchairs (EPIOCs).

- Are unable to walk around their home environment.
- Are a full-time wheelchair user with a need to use the wheelchair on a daily basis to increase mobility and independence for indoor and outdoor use?
- Are unable to, or have a limited ability to self-propel a manual wheelchair indoors, and/or the ability to self-propel due to contraindications for their medical condition.
- The home environment has been assessed to be compatible with using a powered wheelchair; this includes adequate space and access throughout, suitable ramps into property (adhering to specific regulations) and the ability to store and charge the equipment. An environmental Assessment will be conducted by the wheelchair clinical staff.
- Are medically fit and able to adequately maintain/charge a powered wheelchair (or have a carer who will take on this role).
- Are able to demonstrate proficiency and a level of skill to manoeuvre the wheelchair around the home environment, adhering fully to the safe use of equipment. A driving assessment will be conducted by a qualified member of the wheelchair clinical team.
- Are able to demonstrate the insight, capacity, competency and dexterity to be able to operate a powered wheelchair responsibly and independently.
- The service user agrees to and complies with the terms and conditions detailed in the loan agreement, as supplied by the wheelchair service on behalf of the NHS.

# Powered referral guidance: flow diagram

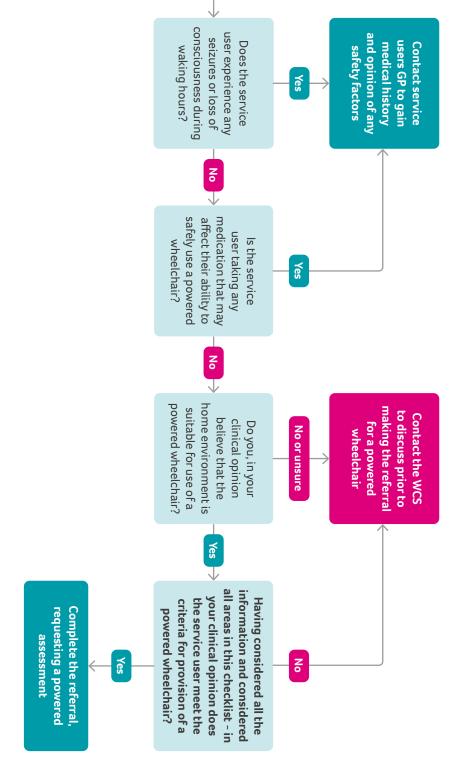


Issue 1: 01/04/2023

# Powered referral guidance: flow diagram

### Review – by continuing with a referral for a powered wheelchair you have determined that:

- The service user is unable to functionally walk (with or without a walking aid within their own home)
- A powered wheelchair will be required for all mobility and for daily use throughout the day
- The service user has seen a Physio for a mobility review or assessment
- Any causes for a deterioration or falls have been investigated (include reports)
- The service user has a manual self propelling WCH and is now unable to propel adjustments or an alternative manual WCH are not considered appropriate



Issue 1: 01/04/2023