



Yogurt Topper

Ingredients: Whole Rolled Oats, Natural Milled Sugar, Expeller Pressed Canola Oil, Crisp Rice (Rice, Sugar, Salt, Barley Malt), Whey Powder, Natural Vanilla Flavor with other Natural Flavors, Honey, Nutmeg, Black Raisins (Sunflower Oil), Cranberries (Sugar, Sunflower Oil), Tart Cherries (Sugar, Sunflower Oil), Blueberries (Cane Sugar, Sunflower Oil), Raw Walnuts, Raw Sliced Almonds, Raw Sunflower Seeds

Country of Origin: USA

Kosher: 

Organic: N/A

Allergen: Tree Nut, Dairy

Manufacturer's Statement: Manufactured in a facility that processes/packages products that contain peanuts, tree nuts, milk, soy & wheat.

Nutritional Facts

Serving Size	30g	
Calories	129	
		% DV*
Total Fat	5g	8%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	33mg	1%
Total Carbohydrates	19g	6%
Dietary Fiber	2g	8%
Total Sugars	9g	
Includes Added Sugar	5g	10%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	25mg	3%
Iron	1mg	6%
Potassium	116mg	3%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.