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## Walnuts

**Ingredients:** Walnuts

**Country of Origin:** USA

**Kosher:** 

**Organic:** N/A

**Allergen:** Tree Nut

**Manufacturer's Statement:** Manufactured in a facility that processes/packages products that contain peanuts, tree nuts, milk, soy & wheat.

### *Nutritional Facts*

<b>Serving Size</b>	30g	
<b>Calories</b>	196	
		<b>% DV*</b>
<b>Total Fat</b>	20g	31%
Saturated Fat	2g	10%
Trans Fat	0g	
<b>Cholesterol</b>	0mg	0%
<b>Sodium</b>	1mg	0%
<b>Total Carbohydrates</b>	4g	1%
Dietary Fiber	2g	8%
Total Sugars	1g	
Includes Added Sugar	0g	0%
<b>Protein</b>	5g	
Vitamin D	0mcg	0%
Calcium	29mg	3%
Iron	1mg	6%
Potassium	132mg	4%

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.