

## Super Energy Mix

Ingredients: Raw Almonds, Raw Pecans, Black Raisins (Sunflower Oil), Raw

Cashews

Country of Origin: USA

Kosher:



Organic: N/A

Allergen: Tree Nut

Manufacturer's Statement: Manufactured in a facility that processes/packages

products that contain peanuts, tree nuts, milk, soy & wheat.

## **Nutritional Facts**

Serving Size	30g	
Calories	128	
		% DV*
Total Fat	7g	11%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	1mg	0%
<b>Total Carbohydrates</b>	16g	5%
Dietary Fiber	2g	8%
Total Sugars	10g	
Includes Added Sugar	0g	0%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	39mg	4%
Iron	1mg	6%
Potassium	210mg	6%

<sup>\*</sup> The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.