

Raw Pepitas (Shelled Pumpkin Seeds)

Ingredients: Raw Pepitas (Shelled Pumpkin Seeds)

Country of Origin: China

Kosher: 🛈

Organic: N/A

Allergen: N/A

Manufacturer's Statement: Manufactured in a facility that processes/packages products that contain peanuts, tree nuts, milk, soy & wheat.

Nutritional Facts		
Serving Size	30g	
Calories	168	
		% DV*
Total Fat	15g	23%
Saturated Fat	3g	15%
Trans Fat	Og	
Cholesterol	0mg	0%
Sodium	2mg	0%
Total Carbohydrates	3g	1%
Dietary Fiber	2g	8%
Total Sugars	Og	
Includes Added Sugar	Og	0%
Protein	9g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	1mg	6%
Potassium	269mg	8%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.