




Raw Macadamia Nuts

Ingredients: Macadamia Nuts

Country of Origin: South Africa/Bolivia/Kenya/Guatemala

Kosher: 

Organic: N/A

Allergen: Tree Nut

Manufacturer's Statement: Manufactured in a facility that processes/packages products that contain peanuts, tree nuts, milk, soy & wheat.

Nutritional Facts

Serving Size	30g	
Calories	215	
		% DV*
Total Fat	23g	35%
Saturated Fat	4g	20%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	1mg	0%
Total Carbohydrates	4g	1%
Dietary Fiber	3g	12%
Total Sugars	1g	
Includes Added Sugar	0g	0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	26mg	3%
Iron	1mg	6%
Potassium	109mg	3%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.