

Organic Raw Cashews

Ingredients: Organic Raw Cashews

Country of Origin: Ivory Coast, Vietnam

Kosher:

Organic: USDA

Allergen: Tree Nut

Manufacturer's Statement: Manufactured in a facility that processes/packages products that contain peanuts, tree nuts, milk, soy & wheat.

Nutritional Facts		
Serving Size	30g	
Calories	166	
		% DV*
Total Fat	13g	20%
Saturated Fat	2g	10%
Trans Fat	Og	
Cholesterol	0mg	0%
Sodium	4mg	0%
Total Carbohydrates	9g	3%
Dietary Fiber	9g	36%
Total Sugars	2g	
Includes Added Sugar	Og	0%
Protein	5g	
Vitamin D	0mcg	0%
Calcium	9mg	1%
Iron	2mg	11%
Potassium	147mg	4%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.