

Organic Raw Almonds

Ingredients: Organic Raw Almonds

Country of Origin: USA

Kosher:

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Organic:

USDA

Allergen: Tree Nut

Manufacturer's Statement: Manufactured in a facility that processes/packages

products that contain peanuts, tree nuts, milk, soy & wheat.

Nutritional Facts

Serving Size	30g	
Calories	173	
		% DV*
Total Fat	15g	23%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	7g	2%
Dietary Fiber	4g	16%
Total Sugars	1g	
Includes Added Sugar	0g	0%
Protein	6g	
Vitamin D	0mcg	0%
Calcium	60mg	6%
Iron	1mg	6%
Potassium	158mg	5%

^{*} The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.