

HOW TO **PUT THE MASK ON**



Thread top elastic strap through top clips. Repeat for bottom strap and clips.

Ensure hair is tied back. Your face must be free from facial hair.

Pull mask over your head, bringing the mask down onto your nose and face.

Ensure the top strap is at the crown of the head, the bottom strap is below the ears around the neck.



Pull the bottom straps first then the top to tighten and secure the mask.

Overtightening is not necessary and may compromise comfort.

Ensure that the seal is visible around the nose and that there is no gap over the bridge of your nose. If necessary adjust the mask and run your fingers over the seal to ensure the seal conforms to the shape of your nose, achieving an appropriate fit.

Conduct a fit check. Cover the front of the respirator with both hands and exhale sharply. If air leaks around the nose, adjust the nosepiece as per instruction 6, noting that the mask is designed so that it can sit higher or lower along the bridge of the nose dependent on the user. If air leaks around the edges, adjust the position of the respirator and/or tension of the straps.

This poster illustrates the donning procedure for the mask and should be followed each time the mask is donned, in conjunction with conducting a fit check.



HOW TO TAKE THE MASK OFF



1 Loosen the bottom strap by pressing on the back of the clasps.



2 Pull the bottom strap over your head.



3 Pull the top strap over your head and dispose of the mask, avoid touching the front of the mask.

DENPRO RANGE OF FFP3 NR MASKS



This poster illustrates the doffing procedure for the mask and should be followed each time the mask is doffed.

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