

CutCardStock Paper Weight Chart  
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Bond	Text weight (offset)	Cover weight	Index	Pts.	Caliper (inches)	mm	Metric (Grams/sq meter)	Common uses & Examples
20	50			3.8	.0038	0.097	75.2 gsm	All-purpose paper, Copy paper
24	60			4.8	.0048	0.12	90.3 gsm	Laser & Inkjet printing, letterheads
28	70			5.8	.0058	0.147	105.35 gsm	Letter head, flyers, church bulletins
29	73			6	.0060	0.152	109.11 gsm	
32	80	45		6.3	.0063	0.155	118 gsm	Program Paper
	81						120 gsm	Program Paper
40	100	56		7.3	.0073	0.185	151 gsm	
		60	90	7.4	.0074	0.188	162 gsm	
		65		8	.0078	0.198	176.83 gsm	Post cards, folded invitations, flyers
		74	110	9	.0085	0.216	199.41 gsm	
		80		9.5	.0092	0.234	216 gsm	Post Cards, Invitations, business cards
		89					241 gsm	
		92					250 gsm	
		94	140	10.5	.010	0.25	252 gsm	
		100		11	.011	0.289	270 gsm	Invitations
		105		13	.013	.033	286 gsm	Invitation Backings
		110					298 gsm	
		118					319 gsm	
		120		15	.015	0.38	325 gsm	
		130					352 gsm	
		140					379 gsm	
		160					433 gsm	
		220					595 gsm	
		236					639 gsm	