INTRODUCTORY PACK



Introductory packs are a great value way for our members to try our Personal Training sessions. Can only be purchased once per member.

3 X SINGLE SESSIONS	\$240

UPFRONT - SINGLE PACKS

SINGLE SESSION	\$120
5 PACK	\$450 (\$90 PER SESSION)
10 PACK	\$850 (\$85 PER SESSION)

6 WEEK TRANSFORMATION - SINGLE PACK

Whatever your goal is from burning body fat to building muscle, we're here to help. Feel energised in just 6 weeks! Direct debited weekly on top of membership.

1 SESSION PER WEEK	\$90 PER WEEK
2 SESSIONS PER WEEK	\$170 PER WEEK (\$85 PER SESSION)
3 SESSIONS PER WEEK	\$240 PER WEEK (\$80 PER SESSION)

6 WEEK TRANSFORMATION - 1 ON 2 TRAINING PACKS

Working out with friends or loved ones can provide additional motivation and is a fun and enjoyable way of getting committed together!

1 SESSION PER WEEK	\$100 PER WEEK (\$50 PER PERSON)
2 SESSIONS PER WEEK	\$190 PER WEEK (\$95 PER PERSON)
3 SESSIONS PER WEEK	\$270 PER WEEK (\$90 PER SESSION)