

# PROMPTS FOR LOOKING BACK

01. PATTERN THINKING:

What patterns in your own behavior or thought process did you recognize (or continue) this year?

02. UNKNOWN FRIENDS:

Who sought you out? Who did you seek out?

03. OVER/UNDER:

What did you do in excess? What did you not do enough of? (A consideration: if you're overthinking, write. If you're under thinking, read.)

04. SUPERLATIVE SOMETHINGS:

Because it's that time of year, list a few best ofs, but make it a deep cut, i.e.:

The best pastry; the best single piece of gossip; the best garnish; the best failure; the best snack eaten in the car; the best bath; the best gadget (...your own categories are welcome additions.)

# PROMPTS FOR LOOKING BACK

05. JUST A NUMBER, ETC.:

What was your relationship with aging? Maybe it's your own, or maybe it's proximity to another's.

06. VIBE CHECK:

Define your stylistic vibe of the year in a few words, i.e.:

German Optician at the Opera; Miami DJ slash Drug Dealer; Avant Beanie Baby; Off-Duty Marais  
Trash Man; Kyoto Monk on Acid

07. COPPING A HABIT:

I read that Georgia O'Keeffe drank orange blossom tea, so I bought orange blossom tea. What's something you started doing this year (or tried on for a week or two) just because you observed someone else doing it?

08. REARVIEW WINDOW:

Think back to this time last year. What's something that-between then and now-has obviously, inarguably changed in your own life or immediate world?