

# Only Knit Shawl

English pattern



Written by Knitary Design

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This shawl is as easy as it gets when it comes to knitting. The shawl has no purl stitches, and the only thing to remember is the increase at the beginning of every needle. I chose one fingering weight merino and one lace thread when I made the prototype. This becomes a light but solid structure knitted in garter stitch, and you can combine colors and yarn of your choice. Garter stitch will lose some of its firmness in use, but this combination of yarns on a smaller needle will prevent some wear and tear.

**Size: ONE**

**Length: 190 cm/74,5 inches**

**Width in the middle: 75 cm/29,5 inches**

**Materials:** 150 g fingering weight merino 230–257 yards / 210–235 m together with 75 g lace yarn 25 g= 230 yards/210 m

In the blue shawl it's used Sunday from Sandnes Garn in color 6043 together with Tynn Silk Mohair from Sandnes Garn in color 6552.

In the grey shawl it's used Arwetta from Filcolana in color 957 together with Tilia fra Filcolana in color 358.

**Needles:** 4 mm/ US 6 long circular needle 80 cm/31 inch and 7 mm/US 10 or 11 for the bind off.

**Gauge:** 17/10 cm garter stitch.

### Techniques used in this pattern:

Cast on  
Edge stitch  
Knit stitch  
Increase left  
Bind off

Techniques used in this pattern is shown on youtube channel knit\_tech.

It's also a written explanation on the last page. I don't use abbreviations in this pattern.



## Pattern

Cast on 3 stitches on needle 4 mm/US 6 using long tail cast on.

The first stitch is always an edge stitch where you have the yarn in front of the work and take the first stitch off purlwise. Knit the first needle without increasing.

Needle 2: Edge stitch – knit 1 – increase left – knit the rest of the stitches.

Needle 3: Edge stitch – knit 2 – increase left – knit the rest of the stitches.

Repeating needle: Edge stitch – knit 3 – increase left – knit the rest of the stitches.

Knit the repeating needle until it's 256 stitches on the needle. It's then knitted 253 needles garter stitch where you increase at the beginning of every needle.

A regular bind off can become too tight for this kind of garment, but if you knit one needle on a bigger needle this problem will be solved. Knit one repeating needle 7mm/ US 10-11. Then do the bind off by taking the first stitch off purlwise, knit the next, move the first stitch on the right needle over the second. Knit one more, lead the first stitch on the right needle over the last. Repeat this until the end of the needle. When one stitch remains, cut the yarn and pull the thread through this stitch.

Fasten the yarn ends on the backside. The backside is the side where the end from the cast on lies naturally. Or take a look at your work and fasten the threads on the side you like the least.

All done shawl ready to use! Knitted garments prefer a handwash and a kind centrifugation, or use a program for wool or silk on your machine.

@knitary\_design  
#knitarydesign #onlyknitshawl

If you want to share your version of this shawl on Instagram.

## Written explanation techniques:

**Long tail cast on** – the easiest cast on there is. Make a loop/knot stitch, have the needle in your right hand and lead it in this loop, have one thread over your index finger and one over your thumb on the left hand and hold both threads between your little finger and your ring finger. Make more loops/stitches by leading the right hand needle under the thread on your thumb, up in the middle and over the thread on our index finger. Slip the loop that's created over your thumb, tighten up and place the thread over your thumb again.

**Edge stitch** – have your working yarn in front of the needle, take the first stitch of purlwise. The working yarn places it's self naturally on the backside when you do this move.

**Knit stitch** – right needle from the left in the first stitch on the left needle, pick up the yarn through the stitch over to the right needle and slip the stitch the left needle off.

## Link Youtube knit\_tech:

All techniques except increase left is in this video:

<https://youtu.be/RTBpAEBRjk8>

Increase left in this video:

<https://youtu.be/z7R8VOG8lrE>

**Increase left** – pick up the yarn/loop between the stitch on the right and left needle from the front over to the left needle, knit it through the backloop.

**Bind off** – take the first stitch on the left needle loose of knitwise, knit the next, lead the stitch that was moved loose off over the knit stitch on the right needle. Repeat – knit one and lead the other stitch on the right over the needle over the last knitted one. When one stitch remains, cut the yarn and pull the thread through this stitch. Make sure the bind off is loose. It will make this garment more flexible on all sides if the bind off is loose.

## **All techniques are shown on youtube channel knit\_tech.**

A visual guide can be easier to understand than a written guide.