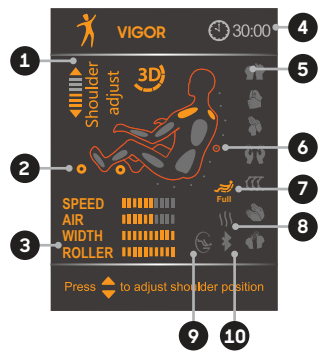
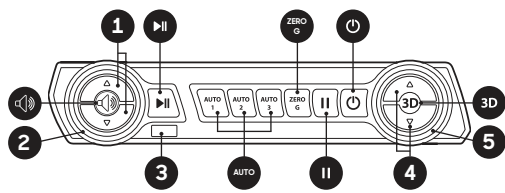


## IN-USE SCREEN



- |                             |                        |
|-----------------------------|------------------------|
| 1 Shoulder Adjust Indicator | 6 Back-roller position |
| 2 Active Rollers            | 7 Active Back Zone     |
| 3 Meters                    | 8 Heat                 |
| 4 Time Remaining            | 9 Zero Gravity         |
| 5 Active Massage Technique  | 10 Bluetooth           |

## QUICK ACCESS PANEL



- |  |   |
|--|---|
| 1 Volume Up/Volume Down  | 3 USB Charging Port   |
| 2 Bluetooth LED Indicator  | 4 3D Level Up/Down - When setting the 3D level, use the 3D Level Up and 3D Level Down buttons to change the depth of the massage node rotation. |
| Bluetooth Button   | 5 3D LED Indicator - The 3D LED Indicator displays the depth.   |
| Play/Pause Sound   | 3D 3D Button  |
| Preset Automatic Programs - While running an Automatic Program, press and hold Auto 1, 2, or 3. The button will be set to the current program. To run the program in the future, press the Auto 1, 2, or 3 button. | Pause - Press this button to force stop the chair during a program  |
| Enter/Exit Zero Gravity Position - Press the Zero Gravity button on the controller to activate Zero Gravity. Press again to deactivate.  | Power - Powers up the chair or returns the chair to the exit position and powers down chair   |

## AUTO PROGRAMS

**RELIEVE** - Features a wave of compression that moves down your body starting in the shoulders, traveling to your feet, and back up.

**VIGOR** - The most intense of the massage programs, with deep, penetrating massage techniques.

**RENEW** - Uses moderate 3D pressure to decrease recovery time after physical exertion, relieve the body of stress and improve circulation.

**ZEN** - Total body relaxation with shiatsu and rolling massage techniques, and air cell massage.

**CALM** - Sequences of air cell massage and gentle rolling techniques sooth and relax the body.

**BEDTIME** - A series of massage and chair movements to help you relax for a good night's sleep.

**RISE & SHINE** - A sequence of massage techniques gradually increases in intensity as your body gets ready for the day.

**AIR ONLY** - A relaxing massage using only air cell compression.

**ZERO G** - Whilst in zero gravity position, this program cycles through all of the massage features.

**EXTEND** - Traditional massage techniques combined with a series of grab, hold and stretch progressions gently extends the body.

**YOGA** - 3D motion extends the back, whilst massage and stretching motions are mixed to achieve combined benefits.

**STRETCH** - Series of twisting and stretching motions using air cell grabs, holds and chair movement.

**ATHLETE** - Designed to encourage recovery from exercise featuring total body shiatsu. Relaxes muscles, improves circulation and aids in recovery.

**STRESS FREE** - Designed to help minimize stress carried in the neck, shoulders, lower back, and feet.

**MID BODY** - Assists in relieving lower and upper back pain through a series of massage techniques.

**TOTAL BODY** - Massage from neck to toes utilizing many different massage techniques. Use for complete body massage benefit.

**UPPER BODY** - Targets the back, arms, shoulders and neck.

**LOWER BODY** - Targets the lower back, buttocks and feet.

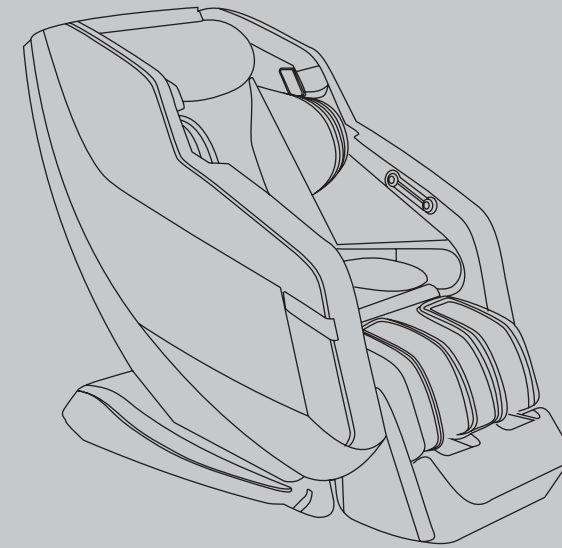
**NECK & SHOULDER** - A sequence of neck, shoulder, and upper back massage techniques with increasing recline.

**QUICK** - A six minute demonstration of all massage techniques.

**SHARPER IMAGE<sup>®</sup>**  
 MASSAGE CHAIRS  
[www.sharperimagemassagechairs.com](http://www.sharperimagemassagechairs.com)  
 Toll Free #: 888-894-9150  
 72 Stard Rd, Seabrook, NH 03874  
 Version 1.3

## SHARPER IMAGE

### RELIEVE 3D MASSAGE CHAIR



## QUICK START GUIDE

## SHARPER IMAGE<sup>®</sup>

**Multi-Functional Screen** - Displays navigation menus and In-use screen

**Pause** - Press this button to force stop the chair during a program. This will stop all functions immediately and deflate airbags. Press again to resume functions

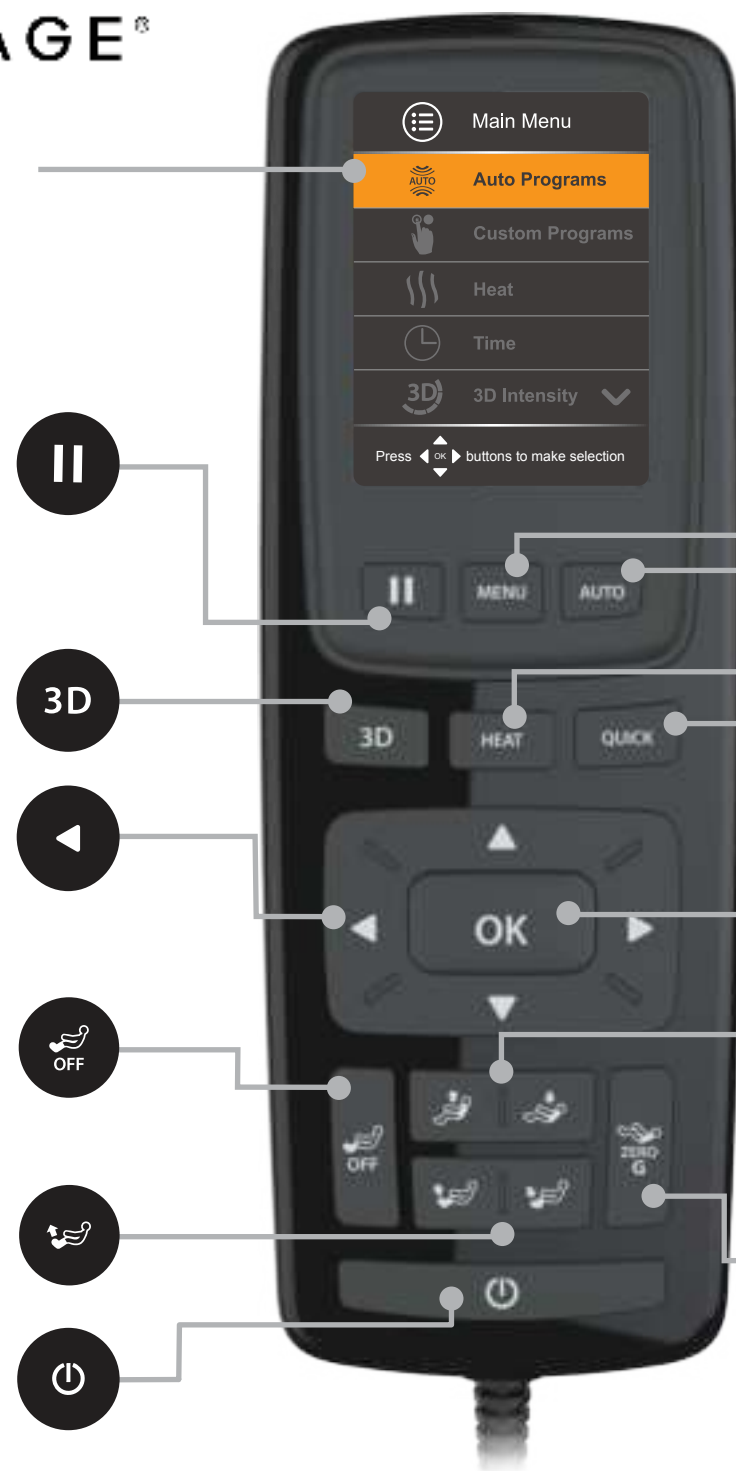
**3D** - Allows you to adjust the depth of the massage node (the 3D massage effect), from Level 1 (lightest) to Level 5 (deepest). The In-Use Screen displays the 3D level

**Directional Buttons** - To navigate between the options in the Main Menu, use the Navigation Control's arrow buttons to move up, down, left, and right

**Foot Roller/Airbag** - Press once to turn off rollers; press again to turn off airbags; press a third time to turn rollers and airbags on

**Foot Up/Down** - Press and hold up arrow to raise the footrest, press and hold down arrow to recline the footrest

**Power Button** - Powers up the remote or returns the chair to the exit position and powers down remote



**Menu** - Home page of navigational menus

**Auto** - Select from 20 pre-set auto programs

**Heat** - Turns heat on or off

**Quick** - A six minute demonstration of all available massage techniques

**OK Button** - Press OK to confirm your selection

**Back Up/Down** - Press and hold up arrow to raise the backrest, press and hold down arrow to recline the backrest

**Zero Gravity** - Press the Zero Gravity button on the controller to activate Zero Gravity. Press again to deactivate.