



Lions Quest Pre-K–Grade 12

Social & Emotional Learning Programs

Revised



Direct Skills Instruction:

- Early Learning – Grade 8 curriculum
- 36 Developmentally appropriate and sequential lessons
- Addresses topics such as stress, emotion regulation, bullying, practicing empathy & mindfulness
- Social Emotional Learning (SEL) integration into core academic areas
- Includes Facilitator's Resource Guide, Universal Program Guide, Digital Resources, Student Journals

Professional Training:

- On-site or virtual instructional training conducted by professionals in the field
- Guidance on effective school-wide implementation
- Implementation & assessment support available

Positive School Climate:

- Easy-to-use lessons for building a positive learning community
- Specific strategies for creating a positive school climate
- Service Learning Unit

Family & Community Engagement:

- Take-home worksheets to engage families
- Families as Partners Guide to leading family meetings
- Strategies to involve the broader community

Implementation Options:

- One lesson/week for all students
- Homeroom/Advisory period
- Stand-alone course
- After-school program

Promoting :

- Connection to School
- Positive Behaviour
- Character Education
- Bullying Prevention
- Substance Use Prevention
- Increased Resiliency
- Mental Wellbeing

Evidence-based and Proven Effective

Increases :

- Attendance
- Positive School Climate
- Academic Performance

Decreases:

- Problem Behaviours
- Bullying
- School Suspensions
- Student Stress Level

Research-based Pedagogy & Content

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Lions Quest *Skills for Growing* and *Skills for Adolescence*

Pre K – Grade 8 School Based Social Emotional Learning Programs



	Topic 1	Topic 2	Topic 3	Topic 4	Topic 5	Topic 6	Topic 7	Topic 8
Unit 1: A Positive Learning Community	Making Introductions	Establishing Classroom Agreements	Building Relationships and Community					
Unit 2: Personal Development	Clarifying Your Values	Assessing Strengths and Growth Opportunities	Building Self-Confidence and Self-Respect	Motivating Yourself	Setting Positive Goals	Labeling Your Emotions	Managing Stress and Strong Emotions	Recognizing the Thoughts, Emotions, and Action Connection
Unit 3: Social Development	Listening	Respecting Others	Communicating with “What, Why, And How” Messages	Working Together	Building Healthy Relationships	Handling Conflict in Relationships	Dealing with Bullying Behaviour	Dealing with Bullying Behaviour
Unit 4: Health and Prevention	Choosing Healthy Living	PreK-2: Staying Away from Poison Substances 3-8: Staying Away from Alcohol	Growing in Responsibility	PreK-2: Being Careful Around Medicines 3-8: Staying Away from Tobacco	Making Good Decisions – Part 1	Making Good Decisions – Part 2 3-8: Staying Away from Other Drugs	Standing Up to Social Pressure	6-8 Only: Reinforcing and Modeling a Healthy, Drug-Free Lifestyle
Unit 5: Leadership and Service	Serving Your School and Community	Assessing Classroom Assets and Interests for Service-Learning	Identifying Classroom, School, and Community Issues and Needs	Deciding Together on a Service-Learning Project	Planning a Service-Learning Project to Meet School or Community Needs	Implementing the Service-Learning Project	Reflecting on and Demonstrating the Service-Learning Project	Demonstrating Service
Unit 6: Reflection and Closure	Reflecting on Learning, Experience, and Goals	Celebrating Class Successes and Acknowledging Contributions						