



Proudly supported by  
the Lions of Canada



# Lions Quest Canada

The Centre for Positive Youth Development

## To Do List

- Donate to Lions Quest Canada
- Honour someone with a Lions Quest Fellowship
- Include Lions Quest Canada in your club budget annually
- Invite members to join the Q-bear Fan Club
- Purchase Child ID Kits to hand out in your community
- Include a speaker about Lions Quest at a club meeting
- Host/sponsor a Lions Quest workshop for your school or community
- Share information about Lions Quest with people who may be interested in our work
- Visit our website at [www.lionsquest.ca](http://www.lionsquest.ca) and sign up for the newsletter

### Contact Us

[www.lionsquest.ca](http://www.lionsquest.ca)

800-265-2680  
[qbear@lionsquest.ca](mailto:qbear@lionsquest.ca)

PO Box 2947  
Stn Main  
St. Marys, ON N4X 1A6

## We believe in 5 things all kids need:

- Strong positive relationships with people who care about them
- Safe and caring places to live, learn, and play
- Opportunities to provide service to others, learn and try new things
- Healthy habits
- Hope for the future

## What are we working on right now?

**Introducing (or re-introducing) our programs to educators** – Social & Emotional Learning is being talked, and the importance has significantly increased as students return to classrooms after the pandemic. We need to promote our program as an effective, proven resource that not only helps to reduce negative behaviours like bullying and substance abuse – but also promotes positive behaviours like healthier relationships with peers/family and community service learning. With suicide as the leading cause of death for teens, it's critical to support mental well-being.

**Expanding the program to communities** – Our program & approach has many applications outside of the school setting – including juvenile justice, youth groups, and with families. We say it "takes a village to raise a child" – you are a villager – your club is part of the village.

## How can you help?

**Spread the Word!** – You have family, friends, neighbours who are educators or may be interested in our work. Simply mention Lions Quest to them and ask them to check it out. It's very clear that our growth is dependent on word of mouth and personal relationships. You don't need to be the experts, just the catalyst.

**Lions Quest Fellowships** - For **\$500**, you can honour someone with a Lions Quest Fellowship. The application is available on our website at [www.lionsquest.ca](http://www.lionsquest.ca). Our goal is to award 50 Fellowships this year.

**Q-Bear Fan Club** – For **\$100**, you can join the Q-Bear Fan Club. Personal donations are eligible for a charitable tax receipt. As we launch this new initiative, our goal is to have 50 Q-Bear Fans this year.

**All Other Donations** – We welcome donations of any amount. Dedicate all or a portion of fundraising event proceeds to Lions Quest Canada. Use your funds from bingo/gaming events (as allowed by your municipality). Include Lions Quest Canada in your annual budget. Our goal is \$135,000 from the Lions Family of Canada this year – we can do it!

# OUR APPROACH

**Evidence-based Instructional Resources**

**High Quality Training**

**Service Learning**

**School Climate**

**Engaging Parents/Caregivers as Partners**

**Involving Community**



## WHAT CAN YOUR CLUB DO...

### For Students...

- ✓ Establish and sponsor Leo clubs
- ✓ Provide classroom materials with club name
- ✓ Sponsor peace poster competition
- ✓ Support service-learning projects
- ✓ Set up community collection jars for service projects
- ✓ Recognize young people & use their names

### For Schools...

- ✓ Visit schools and Lions Quest classes
- ✓ Attend parent meetings
- ✓ Participate on school climate committee
- ✓ Participate in joint fundraising activities
- ✓ Attend staff meetings
- ✓ Provide funding for teachers to attend Lions Quest workshops
- ✓ Establish an eye-glass collection box for the school
- ✓ Provide the school with a certificate of participation
- ✓ Support the "meet the teacher" night

### For Educators...

- ✓ Host annual gathering or refresher
- ✓ Invite teachers to your club meetings
- ✓ Reward the Lions Quest teachers with pins, certificates and/or plaques
- ✓ Assist with service-learning projects
- ✓ Have a hospitality room at your convention and invite teachers

### For Parents/Caregivers...

- ✓ Provide the hall or refreshments for family meetings
- ✓ Host the family meetings
- ✓ Publish meeting dates in your bulletin
- ✓ Invite parents to your club meetings
- ✓ Sponsor a parents/families day
- ✓ Join the Home & School/PTA/ School Council
- ✓ Provide childcare during the family meetings

### For Your Club...

- ✓ Involve students in your service projects
- ✓ Invite teachers & parents to join your club
- ✓ Form and sponsor Leo clubs
- ✓ Send your Lions bulletin to your school(s)
- ✓ Establish a Lions Quest contact person for your club
- ✓ Do shared activities with the schools

### For Your Community...

- ✓ Host a community workshop
- ✓ Provide public notices of Lions Quest activity & projects
- ✓ Sponsor Lions Quest barbecue
- ✓ Use the media to generate positive publicity
- ✓ Have trained teachers and students present the program at other clubs and schools
- ✓ Provide end of year recognition awards for schools, teachers, youth leaders, coaches, students, families, etc.