### WORKSHEET

Average Tension *per inch*			
Stitches		Rows	





Pop the measurements into our online calculator to get a custom fit for your sock



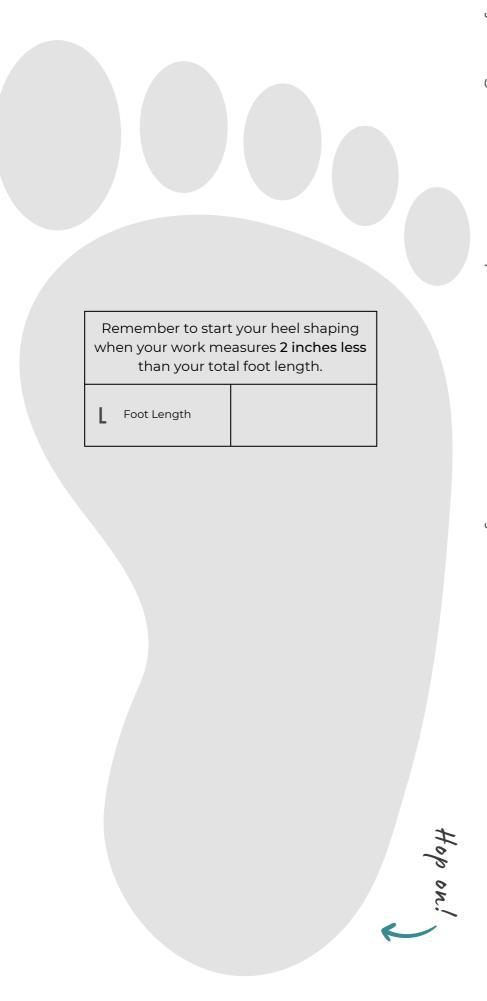
Note the calculator results here		
B No. of sts to cast on (to each needle)		
<b>C</b> Work increases until you have this no. of sts		
sts at centre of short rows (heel)		
<b>E</b> sts either side of those centre heel sts		



## WORKSHEET

# MEASURING THE LENGHT OF YOUR FOOT

your big toe or another toe) That measurement will be your L measurement. with pencil. You can use this page for this purpose. Stand on it and draw a good outline of your foot. Then, measure from the back of your heel to your longest point. (This is different for each foot, it can be the tip of To accurately measure the **length of your foot, y**ou'll measure this standing up on paper and drawing around



## **SOCKS JOURNAL**

### MY THOUGHTS

YARN I LIKE	SHADES I LIKE		
MY CHOICE  YARN:			
SIZE: NEEDLES:			

### **NOTIONS**

The following accessories are recommended to get started with your socks. You might already have some, you may be able to borrow some others from a friend or you might want to get your own. If that is the case, you can check out this section with lots of options for all budgets.







You can scan the QR code if you've printed out the worksheet.

$\bigcirc$	Knitting needles of your choice
$\bigcirc$	Measuring tape
$\bigcirc$	Darning needle
$\bigcirc$	Stitch Markers (in at least 2 different colours)
$\bigcirc$	Row counter (or pen & paper)
$\bigcirc$	Small scissors
$\bigcirc$	Project bag
$\bigcirc$	Crochet hook to pick up dropped sts.
$\bigcirc$	Sock blockers
$\bigcirc$	Soak - or gentle wash of your choice.
$\bigcirc$	
$\bigcirc$	