

croissant 2.5 almond croissant\* 3.5 pain au choc 2.5

## TOAST

**Avocado Toast** 8.5 VG  
citrus, candy beetroot, sichuan pepper, chervil on wholemeal sourdough  
+ gluten free toast instead 1

**Banana & Almond Butter Toast** 7 VG \*  
caramelised banana, almond butter, coconut, maple on wholemeal sourdough  
+ gluten free toast instead 1

**Warm Strawberry Toast** 7  
Greek yoghurt, coconut & English strawberries on wholemeal sourdough  
+ gluten free toast instead 1

## BREAKFAST BOWLS

**Acai Bowl** 10 VG, GF \*  
frozen acai, frozen banana, coconut milk, seasonal fruit, chia seeds, granola & coconut shavings  
+ almond butter\* 2.5

**Seasonal Fruit & Greek Yoghurt** 6 GF  
+ granola\* 2.5

**Granola** 6.5 GF \*  
GF oats, maple syrup, ginger, cardamon, pecans, almonds & Greek yoghurt  
+ coconut yoghurt instead 2 + summer fruits 2.5

## RICE PAPER ROLLS

**Rainbow** 4 VG, GF  
beetroot, chives, carrot, pickled cabbage, cucumber, shredded cabbage, vermicelli noodles & sesame

**Spicy Mushroom** 4.5 VG, GF  
Spicy cooked oyster mushrooms, carrot, coriander, fresh chilli, vermicelli noodle & sesame

**Chicken Avocado** 5 GF  
chicken, avocado, pickled red onion, mango, mint, vermicelli noodles, olive oil, lemon juice & sesame

**Salmon** 6 GF  
cooked salmon, avocado, mixed peppers, cucumber, spring onion, mint, vermicelli noodles & sesame

**Garlic tofu** 5 VG, GF  
black sesame, garlic tofu, carrot, mango, radish, spring onion, vermicelli noodles & sesame

### sauce

ginger soy 2 VG, GF  
almond satay 2 VG, GF \*  
green tahini 1.5 VG, GF

## SWEET

**Energy Balls** 3.5 VG, GF \*  
choc coco | oat & cranberry | choc hazelnut  
**Giant Anzac Cookie** 3.5 VG, GF \*  
daily selections of cakes on our counter

## SIDES

gluten free bread 1, Greek yoghurt 1.5 coconut yoghurt 2, almond butter\*, granola\* summer fruits 2.5  
avocado, smoked salmon 6

## COFFEE

Espresso 2.5  
Long Black 3  
Macchiato, Piccolo 3  
Flat White 3  
Cappuccino 3  
Latte 3  
Rose Latte 4

double shot with rose water infused semi skimmed milk & petals

**Lavender Latte** 4  
double shot with lavender water infused semi skimmed milk & petals

## TEA

Fresh Mint 2.5  
Lemon, Honey & Ginger 2.5  
Earl Grey 2.5  
English Breakfast 2.5  
Chai 3  
Green 2.5  
Chamomile 2.5  
Liquid Gold 4

turmeric, ginger root, honey, black pepper & lime  
**ACV Cleanse** 3.5  
apple cider vinegar, honey & milk thistle

## SUPER LATTES

**Hot Choc** 4  
cacao, date syrup & semi skimmed milk

**Happy Hot Choc** 6 VG \*  
cacao, date syrup, peppermint, matcha  
CBD & hazelnut milk

**Chai Latte** 4  
home brewed with cinnamon & date syrup

**Latte Black\*** 4  
activated charcoal, date syrup & cashew milk

**Liquid Gold Latte** 4.5  
turmeric, ginger root, honey, black pepper  
& coconut milk

**Matcha Latte** 4  
organic Japanese green tea powder  
& semi skimmed milk

**Butterfly Matcha\*** 4.5  
organic blue matcha latte & almond milk

**Rose Matcha** 4.5  
organic Japanese green tea powder, semi skimmed  
milk infused with rose water

## ADD

Extra Shot, Decaf 50p  
MCT Oil 1 CBD Oil 3.00  
Oatly Milk 50p Rude Health Milk 50p  
almond\*, coconut, hazelnut\* or cashew\*

## SMOOTHIES

all 6.5

**Good Hair** VG, GF \*  
Argan oil, spinach, berries, coconut milk & almonds

**Maca Man** VG, GF \*  
cashew milk, cacao, maca, banana, protein  
powder, shot of espresso & almond butter

**Sweet 16** GF \*  
coconut milk, aloe vera, brazil nuts, collagen  
powder, berries, lemon & cucumber

## BOTTLED

**Remedy Kombucha** 3.6  
ginger lemon, original, raspberry lemonade or cherry plum

**Jax Coconut Water** 3.5  
original, raspberry sparkling or ginger lemon sparkling

**Belu still or sparkling water 300ml** 2.5  
**Karma Cola** 3

cola or lemonade  
**Trip CBD sparkling** 3.5  
peach ginger, elderflower mint, lemon basil

**Coopers Beer** 5  
**Camden Brewery Pale Ale** 5

\*contains nuts **VG** vegan  
**GF** gluten free **DF** dairy free

**please advise our staff of any allergies**

due to the nature of our kitchens, we can not  
guarantee the absence of allergens in our dishes

## COVID 19

We are following the Government guidelines to ensure the **safety of both our customers & our staff.**

We will **not be accepting any re-usable items such as coffee cups or tupperware.**

Whilst waiting for your order, please keep a safe distance from other people.

For any questions regarding this, please ask a member of staff.