



Guduchi
the ayurvedism

REVERSE

DIABETES NATURALLY



CASE STUDIES

CASE SHEET 1

NAME- Brajesh Kumar

AGE- 52 years

SEX- Male

CHIEF COMPLAINTS- C/O Diabetes since 10 years.

HISTORY OF PRESENT ILLNESS-

Patient was diagnosed with Diabetes 10 years back and he was on the following Medicines- Tab Glycomet SR 1-0-1 and Tab GP 0.5 mg 1-0-0. He was also diagnosed with Hypothyroidism and was on Tablet Thyronorm 75mcg. He also complained of fatigue and Constipation issues.

FAMILY HISTORY- None

DIAGNOSIS- Type-2 Diabetes Mellitus

COURSE OF TREATMENT-

The patient was started with our Medicine GC2 Churna and Guluchyadi Kashaya Tablet initially. Within few weeks, Glycomet SR And GP 0.5 was tapered down. Patient was also advised Diet and some Lifestyle modification. Patient was treated for Hypothyroidism too and his tablets were gradually stopped too. As the patient showed promising improvement, Both the medicines were eventually stopped and completely tapered down.. A Detox was done, after which the blood sugar levels were normal and stable.

CONCLUSION-

Diabetic Reversal Program helped the patient to be Diabetic-free. Both Diabetes and Hypothyroidism was reversed within 6 months. He is now on absolutely no medication and on normal diet.

REPORTS

BEFORE

TEST REPORT

Lab. Id	: P1355303	Hosp. UHID	:	Reg. Date	: 24-Jan-2023 / 09:23 AM
Name	: MR. BRAJESH KUMAR			Collection	: 24-Jan-2023 / 00:00 AM
Age/Gender	: 52Y-9D / Male			Received	: 24-Jan-2023 / 13:59 PM
Collected At	: FPEC Gunjur			Report	: 25-Jan-2023 / 15:18 PM
Referral Dr	: -	Report Status	: Final	Print	:
Bed	:				

Biochemistry

Investigation	Observed Value	Unit	Biological Ref. Interval	Specimen
GLYCOSYLATED HEMOGLOBIN (HbA1c)				
HbA1c Method HPLC	<u>8.1</u>	%	Normal/Non-Diabetic Level: 4 - 5.6 Prediabetic Level: 5.7-6.4 Diabetic Level: >6.5 Well Controlled Diabetes: <7.0 Unsatisfactory Control : 7.1 - 8 Poor Control : >8.0	EDTA WB
ESTIMATED AVERAGE GLUCOSE Method Calculated from HbA1c	185.77	mg/dl		EDTA WB

Comments:

In persons with diabetes, optimal HbA1c value is as advised by your doctor

AFTER

TEST REPORT

Lab. Id	: P1095898	Hosp. UHID	:	Reg. Date	: 05-May-2023 / 10:39 AM
Name	: MR. BRAJESH KUMAR			Collection	: 05-May-2023 / 14:56 PM
Age/Gender	: 52Y-3M-21D / Male			Received	: 05-May-2023 / 14:58 PM
Collected At	: FPEC Gunjur			Report	: 05-May-2023 / 15:21 PM
Referral Dr	: -	Report Status	: Final	Print	:
Bed	:				

Biochemistry

Investigation	Observed Value	Unit	Biological Ref. Interval	Specimen
GLYCOSYLATED HEMOGLOBIN (HbA1c)				
HbA1c Method HPLC	<u>6.8</u>	%	Normal/Non-Diabetic Level: 4 - 5.6 Prediabetic Level: 5.7-6.4 Diabetic Level: > 6.5 Well Controlled Diabetes: <7.0 Unsatisfactory Control : 7.1 - 8 Poor Control : >8.0	EDTA WB
ESTIMATED AVERAGE GLUCOSE Method Calculated from HbA1c	148.46	mg/dl		EDTA WB

Comments:

CASE SHEET 2

NAME- KUMARI NEELAM

AGE- 53 years

SEX- Female

CHIEF COMPLAINTS- C/O Diabetes since 8 years.

HISTORY OF PRESENT ILLNESS-

Patient was diagnosed with Diabetes 8 years back and she was on Tab Glycin MF 2- 1-0-1. She had complaints of Disturbed Sleep, Constipation and Weakness.

FAMILY HISTORY- None

DIAGNOSIS- Type-2 Diabetes Mellitus

COURSE OF TREATMENT-

Patient was initially started withour medicine- GC2 Churna and Patolakaturohinyadi Kashaya Tablet and Tab Glycin MF2 was gradually stopped. She was advised certain Dietary rules and Lifestyle regimen. She showed significant improvement.Her HbA1C was reduced to 6.1% in just few months of treatment.

CONCLUSION

Within the span of 6 months, she has reversed Diabetes and is leading a healthy life.

REPORTS

BEFORE

TEST REPORT

Lab. Id	: P1095897	Hosp. UHID	:	Reg. Date	: 05-May-2023 / 10:35 AM
Name	: MRS. KUMARI NILAM			Collection	: 05-May-2023 / 00:00 AM
Age/Gender	: 53Y-11M-19D / Female			Received	: 05-May-2023 / 14:58 PM
Collected At	: FPEC Gunjur			Report	: 05-May-2023 / 15:21 PM
Referral Dr	: -	Report Status	: Preliminary	Print	:
Bed	:				

Biochemistry

Investigation	Observed Value	Unit	Biological Ref. Interval	Specimen
GLYCOSYLATED HEMOGLOBIN (HbA1c)				
HbA1c Method:HPLC	<u>7.8</u>	%	Normal/Non-Diabetic Level: 4 - 5.6 Prediabetic Level: 5.7-6.4 Diabetic Level: >6.5 Well Controlled Diabetes: <7.0 Unsatisfactory Control : 7.1 - 8 Poor Control : >8.0	EDTA WB
ESTIMATED AVERAGE GLUCOSE Method: Calculated from HbA1c	177.16	mg/dl		EDTA WB

AFTER

TEST REPORT

Lab. Id	: P1355314	Hosp. UHID	:	Reg. Date	: 25-Jan-2023 / 09:52 AM
Name	: MRS. KUMARI NILAM			Collection	: 25-Jan-2023 / 13:30 PM
Age/Gender	: 53Y-8M-9D / Female			Received	: 25-Jan-2023 / 13:32 PM
Collected At	: FPEC Gunjur			Report	: 25-Jan-2023 / 15:17 PM
Referral Dr	: -	Report Status	: Final	Print	: 25-Jan-2023 / 15:56 PM
Bed	:				

Biochemistry

Investigation	Observed Value	Unit	Biological Ref. Interval	Specimen
GLYCOSYLATED HEMOGLOBIN (HbA1c)				
HbA1c Method:HPLC	6.1	%	Normal/Non-Diabetic Level: 4 - 5.6 Prediabetic Level: 5.7-6.4 Diabetic Level: > 6.5 Well Controlled Diabetes: <7.0 Unsatisfactory Control : 7.1 - 8 Poor Control : >8.0	EDTA WB
ESTIMATED AVERAGE GLUCOSE Method: Calculated from HbA1c	128.37	mg/dl		EDTA WB

Comments:

In persons with diabetes, optimal HbA1c value is as advised by your doctor.

Diabetes mellitus with HbA1c continuously and acutely increases during the lifespan of RBCs (120 days). Therefore, Glycosylated Hemoglobin

CASE SHEET 3

NAME- Bharath

AGE- 40 years

SEX- Male

CHIEF COMPLAINTS- Diabetes Since 2 years

HISTORY OF PRESENT ILLNESS-

Patient was diagnosed with Diabetes 2 years back and was not on any Allopathy Medicines. His HbA1C was 10.3 % and he weighed over 124 kgs. He was also diagnosed with Dyslipidemia and complained of Gastritis and Constipation.

FAMILY HISTORY- Yes

DIAGNOSIS- Type-2 Diabetes Mellitus

COURSE OF TREATMENT-

The patient was started on Guduchi Ayurvedic medicines- Amrita Shadanga Churna and Mehari tablets along with strict diet regimen. He was also instructed to resort to physical activities like Yoga and walking. Within 2 months there was improvement in his HbA1C levels. There was weight reduction too. After Shodhana, the patient lost more weight and his Sugar Level has stabilised and his HbA1C is 6.9%

CONCLUSION

Patient has Lost weight and reduced his Diabetes and is leading a healthy life. In just 2 months, the patient's HbA1C has drastically reduced from 10.3% to 6.9%.

REPORTS

BEFORE

Name : Mr. BHARATH	MR No. :
Ref. by :	Age / Sex : 40 Year(s) / Male
Corp.Name: NON CORPORATE	Lab Ref No. : A144432
Reg. Date : 05/05/2023 08:28	Reported Date: 05/05/2023 13:37

BIOCHEMISTRY

Test Name	Result	Biological Reference Interval
HbA1c Method : High Performance Liquid Chromatography (HPLC)	10.3 %	As Per ADA Guidelines. Below 5.7% : Normal 5.7% - 6.4% : Prediabetic > 6.5% : Diabetic

AFTER

Name : Mr. BHARATH	MR No. :
Ref. by :	Age / Sex : 40 Year(s) / Male
Corp.Name: NON CORPORATE	Lab Ref No. : A146520
Reg. Date : 29/07/2023 08:18	Reported Date: 29/07/2023 11:34

BIOCHEMISTRY

Test Name	Result	Biological Reference Interval
HbA1c Method : High Performance Liquid Chromatography (HPLC)	6.9 %	As Per ADA Guidelines. Below 5.7% : Normal 5.7% - 6.4% : Prediabetic > 6.5% : Diabetic

CASE SHEET 4

NAME- SREERAJA

AGE- 31y

SEX- Male

CHIEF COMPLAINTS- K/C/O Diabetes since 1.5 years

HISTORY OF PRESENT ILLNESS-

Patient was diagnosed with Diabetes 1.5 years back and was on Tab- Justoza M 1-0-0 and Verifica M 50/500 1-0-0. His HbA1C was 7.6 % and complained of Excessive Hunger and Fatigue.

FAMILY HISTORY- Yes

DIAGNOSIS- Type-2 Diabetes Mellitus

COURSE OF TREATMENT-

The patient went ahead with our Medicines- Mehari Tablet and Amrita Shadanga Churna and His allopathy medicines were stopped on the first day of treatment itself. After a Course of Shodhana, his sugar readings showed significant improvement and went on to be stable and steady. Patient also followed the dietary instructions diligently and lost significant weight.

CONCLUSION

In less than 2 months, he has reduced his HbA1C from 7.6% to 6.7% and is very fit and healthy.

REPORTS

BEFORE

NAME : SREERAJA KUMAR K P(31Y/M)
REF. BY : SELF
TEST ASKED : JAANCH - DIABETIC PROFILE ADVANCED

HOME COLLECTION :
32 36A CROSS 19MAIN 5BLOCK HBR LAYOUT
BANGALORE

TEST NAME	TECHNOLOGY	VALUE	UNITS
HbA1c - (HPLC)	H.P.L.C	7.6	%
Reference Range :			

AFTER

SREERAJA KUMAR
Male, 31 years old
Ref by: SELF
Patient Id: AE58228700075729877

Sample Collected At:
32 36TH CROSS RD 5TH BLOCK
PRAKRUTHI LAYOUT HBR
LAYOUT BENGALURU
KARNATAKA

About Diabetes

This panel is used to check how much glucose/sugar there is in your blood. Too much blood glucose might indicate diabetes.

● Normal ● Borderline ● Abnormal

Test Name	Result	Range
AVERAGE BLOOD GLUCOSE (ABG) <small>Derived From Hba 1 C Values Calculated</small>	146 mg/dL	 NORMAL 125.5 BORDERLINE 154.2 HIGH You
HbA1c <small>Fully Automated H P L C Method H P L C</small>	6.7 %	 NORMAL 6 BORDERLINE 7 HIGH You

CASE SHEET 5

NAME- ANBU MANI

AGE- 52y

SEX- Female

CHIEF COMPLAINTS- K/C/O Diabetes since 11 years

HISTORY OF PRESENT ILLNESS-

Patient was diagnosed with Diabetes 11 years back and was on Insulin and the following Tablets- Jalra 50mg, Udapa 10 and Trivolib Forte.

FAMILY HISTORY- Yes

DIAGNOSIS- Type-2 Diabetes Mellitus

COURSE OF TREATMENT-

The Patient was started with Guduchi Ayurvedic Medicine- Dhatri Nisha Tablet and GC2 Churna and Gradually her Insulin was tapered down. Eventually, it was stopped in 2 months along with Tablets Jalra and Udapa. Her sugar levels showed good improvement without any insulin and Allopathy medicines.

CONCLUSION

Patient has reduced her sugar levels and has stopped allopathy medicines too. She is happy with Guduchi's Customzed diet plan, Medicines and constant support from doctors.

REPORTS

BEFORE

Name: MR ANBUMANI Registered: 05/07/2023 13:33
Age: 52 Year(s) Gender: M Contact No.: 9035326836 Reported: 06/07/2023 15:45
Ref. No. Referring Dr.: DR. HC Report Status: Final

GLYCHO HB

Test Name	Test Result	Biological Reference Range	Sample
HbA1c Glycosylated Hb	8.10 %	< /= 5.6 % - NORMAL 5.7 - 6.4 % - PREDIABETES > /= 6.5 % - DIABETES (By the ADA Recommendation - Jan 2012) %	BLD
CAPILLARY ELECTROPHORESIS			
ESTIMATED AVERAGE GLUCOSE (Calculated from HbA1c): CALCULATED	185.8 mg/dL	- mg/dL	BLD

----- End of GLYCHO HB Report -----

AFTER

MC - 2784 Visit Id: R10363377

Sample Source: HOME COLLECTION
44/1, 3rd Main, Vinobha Nagar, Kadugondanahalli Bangalore 560045

Name: MS ANBUMANI Registered: 07/12/2022 10:37
Age: 52 Year(s) Gender: F Contact No.: 9035326836 Reported: 08/12/2022 14:47
Ref. No. Referring Dr.: Report Status: Final

GLYCHO HB

Test Name	Test Result	Biological Reference Range	Sample
HbA1c Glycosylated Hb	7.00 %	< /= 5.6 % - NORMAL 5.7 - 6.4 % - PREDIABETES > /= 6.5 % - DIABETES (By the ADA Recommendation - Jan 2012) %	BLD
CAPILLARY ELECTROPHORESIS			
ESTIMATED AVERAGE GLUCOSE (Calculated from HbA1c): CALCULATED	154.20 mg/dL	- mg/dL	BLD

----- End of GLYCHO HB Report -----

CASE SHEET 6

NAME- RUBIN

AGE- 52y

SEX- Male

CHIEF COMPLAINTS- K/C/O Diabetes since 10 years

HISTORY OF PRESENT ILLNESS-

Patient was diagnosed with Diabetes 10 years back and was on Insulin and the following Tablets Glimecure 1mg, Glipacure 50mg.. He complained of Pain while micturition, Frequent urination and his bladder thickness was 7mm. He was also Hypertensive and was on Tablet Losar H for the same

FAMILY HISTORY- Yes

DIAGNOSIS- Type-2 Diabetes Mellitus

COURSE OF TREATMENT-

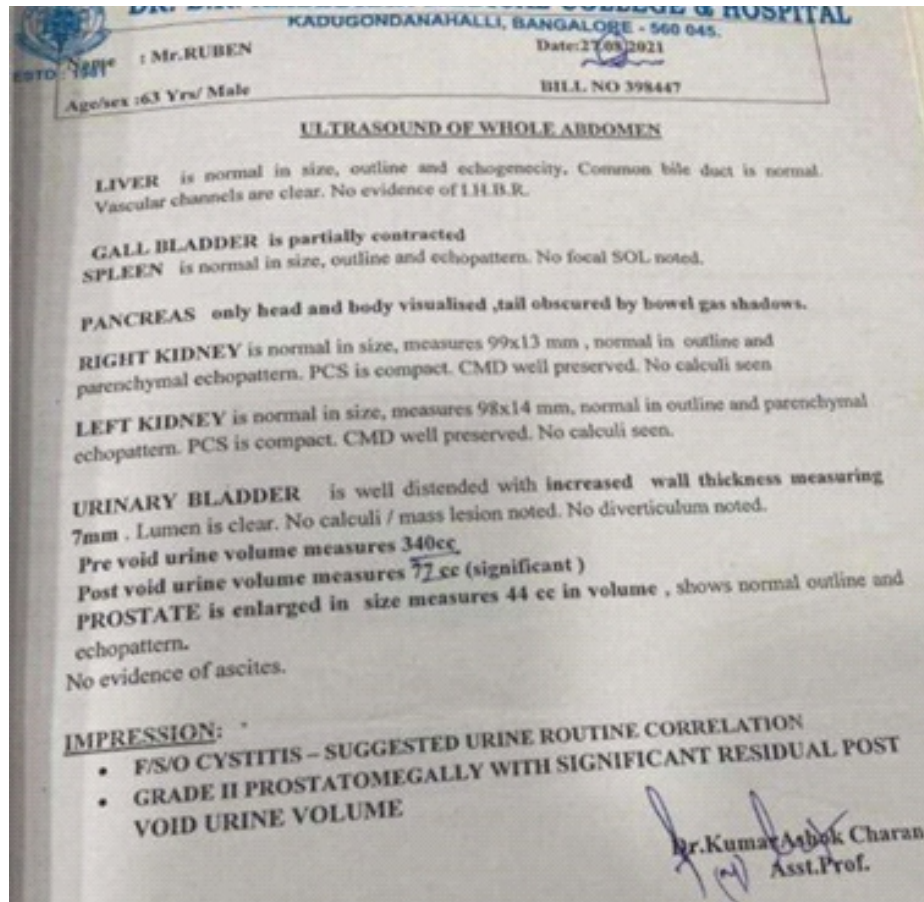
The Patient was started on Guduchi's Ayurvedic Medicine- Nishakatakadi kashaya tablet and GC2 Churna and his Insulin and Allopathy Tablets were gradually tapered down. There was Significant improvement in his sugar readings. He was given Shodhana upon which there was improvement in sugar readings as well as reduction in Pain and frequency of urination.

CONCLUSION

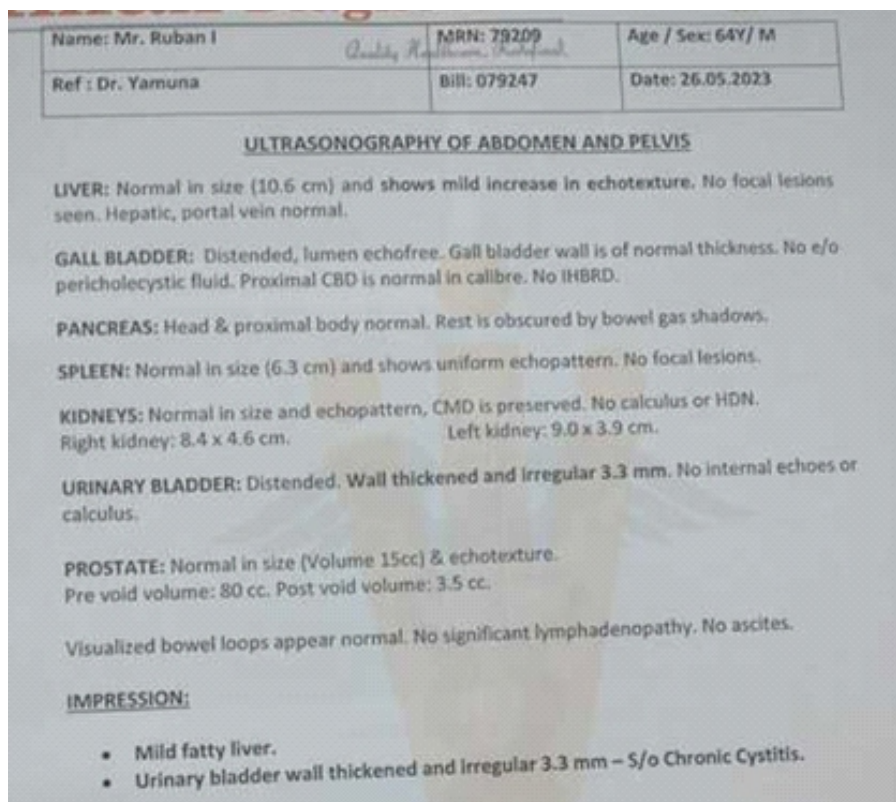
Within 6 months, Patient's Insulin, Allopathy medicines was stopped. His bladder thickness reduced from 7mm to 3mm within 3 months of treatment. He is now on no medicines absolutely and he is Diabetic Free.

REPORTS

BEFORE



AFTER



CASE SHEET 7

NAME- DANDAYUDHAPANI

AGE- 50y

SEX- Male

CHIEF COMPLAINTS- K/C/O Diabetes since 15 years

HISTORY OF PRESENT ILLNESS-

Patient visited us with complaints of Fever, Chills, Frequent urination and Burning sensation while urination. He was a known Diabetic of 15 years and was on Tab Glimser M2. He also complained of Diminished Vision and Extreme Fatigue. His Random Sugar was 335 mg/dL.

FAMILY HISTORY- Yes

DIAGNOSIS- Type 2 Diabetes Mellitus and Urinary Tract Infection

COURSE OF TREATMENT-

The first line of treatment was to bring down the Fever, Chills and Burning sensation while urination. Within a week, he was feeling better. He was then treated for Diabetes with our medicines- Mehari Tablet and Amritha Shadanga Churna and His Allopathy tablets were gradually waived off.

CONCLUSION

Within a week, his Urinary Tract Infection had cleared up and in 3 months his sugar readings came down from 335 mg/dL to 95 mg/dL without allopathy medicines. There was improvement seen in his vision too.

REPORTS

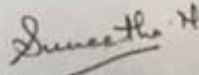
BEFORE

Reg. No. R475571	Date 12/03/2023
Name Mr. DANDAYUDHAPANI	Age / Sex 49 Year(s) / Male
Ref. by	

Test Parameter	Result(s)	Biological Reference Interval
BIOCHEMISTRY REPORT		
Specimen EDTA	Collected On 12/03/2023 06:43	
GLYCOSYLATED HAEMOGLOBIN		
GLYCOSYLATED HAEMOGLOBIN(HbA1c)	(H) 8.2 %	Non Diabetic Level: < 5.7% Pre Diabetic Level: 5.7 - 6.4% Diabetic Level: = or > 6.5%
<i>HPLC Method</i>		
MBG	(H) 214 mg/dl	
—End Of Report—		
Verified By VIGNESH TECHNOLOGIST		 DR SUNEETHA CONSULTANT PATHOLOGIST Reported On 12/03/2023 12:41 KMC :84245

AFTER

Reg. No. R480287	Date 07/05/2023
Name Mr. DANDAYUDHAPANI	Age / Sex 49 Year(s) / Male
Ref. by DR.YAMUNA	

Test Parameter	Result(s)	Biological Reference Interval
BIOCHEMISTRY REPORT		
Specimen Sodium Fluoride (PPBS) Sodium Fluoride(FBS)	Collected On 07/05/2023 09:28 07/05/2023 07:33	
FASTING BLOOD SUGAR <i>Glucose Oxidase peroxidase</i>	92.0 mg/dl	70 - 110 mg/dl
PPBS (After Breakfast 1hr30min to 2 Hr) <i>Glucose Oxidase peroxidase</i>	95.0 mg/dl	Non Diabetic : < 140 mg/dL Pre Diabetic : 141 - 199 mg/dL Diabetic : = 200 mg/dL
—End Of Report—		
Verified By RAJI SHEEBU TECHNOLOGIST		 DR SUNEETHA CONSULTANT PATHOLOGIST Reported On 07/05/2023 12:54 KMC :84245

CASE SHEET 8

NAME- VENKATA REDDY

AGE- 43y

SEX- Male

CHIEF COMPLAINTS- K/C/O Diabetes since 1 years

HISTORY OF PRESENT ILLNESS-

Patient was a newly detected case of Diabetes and was on no Allopathy medicine. His HbA1C was 8.3%. He was under tremendous stress and was on sedentary lifestyle.

FAMILY HISTORY- None

DIAGNOSIS- Type 2 Diabetes Mellitus

COURSE OF TREATMENT-

Patient was initially put on balanced and Scientific diet that suited his body requirements and was advised to follow active lifestyle. He was started on Guduchi Ayurveda medicines- Diabex GT Tablet and Chirabilvadi Kashaya Tablet right away. He also underwent Shodhana, upon which he felt lighter and his sugar levels were in check.

CONCLUSION

Patient reversed his Diabetes under 8 months. His HbA1C reduced to 6% and he is feeling better and is leading a Robust life.

REPORTS

BEFORE

Name	VENKATA REDDY N	Age	43y 5m 21d	Gender	MALE
MRN	HEBL-0000513389	Visit No	V0000000001-HEBL		
Lab No	H001039226	Collected On	08/11/2022 10:12AM	Received On	08/11/2022 10:19AM
Referred By	Umesh R Gupta	Reported On	08/11/2022 5:21PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
HBA1C (Whole Blood)	8.3 %		Normal: < or = 5.6 % Increased risk for Diabetes (Pre-diabetes): 5.7 - 6.4 % Diabetes: > or = 6.5.	Ion-exchange HPLC- D

AFTER

MC - 3018

Name	Mr. VENKATA REDDY 196381	Sample Collection Date	25/06/2023 12:54 PM
	C 1260380 Hosp. No.	Age	43 Year(s) Sex Male
Ref. By	DR.	Corporate	B.M Clinical Laboratory HSK-06
Axapta Barcode	392162318		

Test Parameter	Result(s)	Biological Reference Interval
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BIOCHEMISTRY REPORT

GLYCOSYLATED HAEMOGLOBIN(HBA1C) (EDTA Blood)

GLYCOSYLATED HAEMOGLOBIN(HBA1C) by HPLC : 6.0 %

Adults -
Non - Diabetic Level : < 5.7 %
Pre - diabetic : 5.7 - 6.4 %
Diabetic level : > or/ = 6.5 %
ADA Target : 7 %
Action Suggested for > 8 %
{ Interpretative information based on
Diagnosis and Classification of
Diabetes Mellitus, American Diabetic
Association }

MBG : 124 mg/dl

Sample is processed at ChanRe Diagnostic Laboratory, Bangalore

CASE SHEET 9

NAME- SUDHARSHANA

AGE- 45y

SEX- Male

CHIEF COMPLAINTS- C/O Recently detected Diabetes

HISTORY OF PRESENT ILLNESS-

Patient was a newly detected case of Diabetes and was on no Allopathy medicine. His sugar levels were high, PPBS was around 371 mg/dL.

FAMILY HISTORY- None

DIAGNOSIS- Type 2 Diabetes Mellitus

COURSE OF TREATMENT-

The patient was put on our personalized Ayurvedic Treatment plan, which included medications like Mehari tablet and GC2 Churna, lifestyle adjustments and regular monitoring. Alongside his treatment, he adopted a balanced and scientific diet, tailored to his specific needs and incorporated physical activity into his daily routine.

CONCLUSION

Patient achieved and sustained normal blood levels while leading a regular lifestyle and enjoying a normal diet. His HbA1C was reduced to 5.8% within 5 months of treatment.

REPORTS

BEFORE

RASHI DIAGNOSTIC CENTER
RASHI DIAGNOSTICS INDIA PRIVATE LIMITED

Reg. No. R446302 Date: 19/03/2022
Name: [REDACTED] Age / Sex: 62 Year(s) / Male
Ref. by: DR. FREETHISH VAIDYANATHAN

Test Parameter	Result(s)	Biological Reference Interval
BIOCHEMISTRY REPORT		
Specimen	Collected On	
Sodium Fluoride (PPBS)	19/03/2022 10:11	
Sodium Fluoride (FBS)	19/03/2022 07:53	
FASTING BLOOD SUGAR <i>Glucose Oxidase peroxidase</i>	(H): 196.0 mg/dl	70 - 110 mg/dl
PPBS (After Breakfast 1hr30min to) <i>Glucose Oxidase peroxidase</i>	(H): 371.0 mg/dl	90 - 130 mg/dl

— End Of Report —

AFTER

Pt. Name: [REDACTED] Sex: Male Age: 62 yrs
Ref. by Dr: Yamuna Lab no: L43344 Date: 3.8.2022

Lab-Report

Specimen-Blood:

TEST	RESULT/UNITS	REFERENCE RANGE
Glycosylated Haemoglobin (HbA1C) <i>Method: HPLC</i>	5.8 %	(Below 6 Normal) (6-7 Good Control)
Mean Blood Glucose (MBG)	120 mg/dl	(90 - 150)

— End of Report —

Path/Sr I. Tech

CASE SHEET 10

NAME- SUMITRA DEVI

AGE- 55y

SEX- Female

CHIEF COMPLAINTS- C/O Diabetes Mellitus since 17 years

HISTORY OF PRESENT ILLNESS-

She was a Diabetic since 17 years on was on many allopathy medicines namely Trivolib 2. Even after taking those tablets, her sugar levels kept increasing and once her HbA1C reached 13.4%, she was advised to be put on Insulin. As she was not keen on taking Insulin, she approached us for treatment. She was also Hypertensive and she was on tablet Cilacar.

FAMILY HISTORY- None

DIAGNOSIS- Type 2 Diabetes Mellitus

COURSE OF TREATMENT-

The patient was initially started with our Medicines- GC2 Churna and Nishakatakadi Kashaya tablet. She was given a specific diet and lifestyle modification was advised. As there was gradual improvement in her sugar readings, slowly Allopathy medicines were stopped one after the other. Later, she underwent detox after which there was great improvement.

CONCLUSION


Patient's HbA1C reduced from 13.4% to 6.8% in just 4 months of our treatment. Even after 1 year of stopping all medicines, her HbA1C is 5.8%. getting back to her normal diet and without any Diabetic medicines, Sumithra Devi is leading a healthy life.

REPORTS

BEFORE

REPORT			
NAME	: MRS SUMITRA DEVI(S3Y/F)	HOME COLLECTION	: 33 1ST A CROSS KEMPEGOWDA LAYOUT NAGARESHWARA NAGENAHALLI BANGLORE
REF. BY	: SELF		
TEST ASKED	: BLOOD SUGAR (F),BLOOD SUGAR (PP),AAROGYAM BASIC 2		
PATIENTID	: SD19908549		
TEST NAME	TECHNOLOGY	VALUE	UNITS
HbA1c - (HPLC)	H.P.L.C	13.4	%
Reference Range :			
Reference Range: As per ADA Guidelines		Guidance For Known Diabetics	
Below 5.7% : Normal		Below 6.5% : Good Control	
5.7% - 6.4% : Prediabetic		6.5% - 7% : Fair Control	
≥ 6.5% : Diabetic		7.0% - 8% : Unsatisfactory Control	
		>8% : Poor Control	
<small>Method : Fully Automated H.P.L.C. using Biorad Variant II Turbo</small>			
AVERAGE BLOOD GLUCOSE (ABG)	CALCULATED	338	mg/dl
Reference Range :			
90 - 120 mg/dl : Good Control			
121 - 150 mg/dl : Fair Control			
151 - 180 mg/dl : Unsatisfactory Control			
> 180 mg/dl : Poor Control			
<small>Method : Derived from HbA1c values</small>			
Please correlate with clinical conditions.			
Sample Collected on (SCT)	: 124 Sep 2022 08:16		
Sample Received on (SRT)	: 24 Sep 2022 13:22		
Report Released on (RRT)	: 24 Sep 2022 15:21		
Sample Type	: FTDA		

AFTER

NAME	: Mrs. SUMITRA DEVI	REG / LAB NO.	: 22121072 / 27086
AGE / SEX	: 54 Yrs / Female	DATE OF COLLECTION	: 29-12-2022 at 08:51 AM
REFERRED BY	: SELF	DATE OF REPORT	: 29-12-2022 at 06:07 PM
			
TEST PARAMETER	RESULT	REFERENCE RANGE	
HbA1c (GLYCOSYLATED Hb)	6.8 %	As per ADA Guidelines:	
		Non Diabetic: Less than 5.7%	
		Prediabetic: 5.8 to 6.4%	
		Diabetic: 6.5% or higher	

REPORT			
NAME	: MRS SUMITRA DEVI(S4Y/F)	HOME COLLECTION	: 33 1ST A CROSS KEMPEGOWDA LAYOUT NAGARESHWARA NAGENAHALLI BANGLORE
REF. BY	: SELF		
TEST ASKED	: AAROGYAM BASIC 2 DC		
PATIENTID	: SD19908549		
TEST NAME	TECHNOLOGY	VALUE	UNITS
HbA1c - (HPLC)	H.P.L.C	5.8	%
Reference Range :			
Reference Range: As per ADA Guidelines		Guidance For Known Diabetics	
Below 5.7% : Normal		Below 6.5% : Good Control	
5.7% - 6.4% : Prediabetic		6.5% - 7% : Fair Control	
≥ 6.5% : Diabetic		7.0% - 8% : Unsatisfactory Control	
		>8% : Poor Control	
<small>Method : Fully Automated H.P.L.C method</small>			
AVERAGE BLOOD GLUCOSE (ABG)	CALCULATED	120	mg/dL
Reference Range :			
90 - 120 mg/dl : Good Control			
121 - 150 mg/dl : Fair Control			
151 - 180 mg/dl : Unsatisfactory Control			
> 180 mg/dl : Poor Control			
<small>Method : Derived from HbA1c values</small>			
Please correlate with clinical conditions.			
Sample Collected on (SCT)	: 04 Aug 2023 07:04		
Sample Received on (SRT)	: 04 Aug 2023 11:42		

CASE STUDIES



WELCOME TO GOOD LIFE



Corporate Office Address :

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