



Cut Out

Ring sizing guide

Use the guide below to judge the size against an existing ring. Please ensure you line the circle up within the inside of existing ring band to get an idea of your size.

14.05mm ... Inside diameter mm
size 3 ... US/Canada Size
F ... UK Size

14.05mm size 3 F	14.15mm size 3½ F½	14.36mm size 3¾ G	14.56mm size 3¾ G½	14.65mm size 3¾ H	14.86mm size 4 H½
15.04mm size 4¼ I	15.27mm size 4½ I½	15.40mm size 4¾ J	15.70mm size 5 J½	15.80mm size 5½ K	16.00mm size 5¾ K½
16.10mm size 5½ L	16.41mm size 5¾ L½	16.51mm size 6 M	16.71mm size 6¼ M½	16.92mm size 6½ N	17.13mm size 6¾ N½
17.35mm size 7 O	17.45mm size 7¼ O½	17.75mm size 7½ P	17.97mm size 7¾ P½	18.19mm size 8 Q	18.35mm size 8¼ Q½
18.61mm size 8¾ R	18.80mm size 8¾ R½	19.10mm size 9¾ S	19.31mm size 9¾ S½	19.51mm size 9¾ T	19.84mm size 10 T½
20.02mm size 10¼ U	20.20mm size 10½ U½	20.32mm size 10¾ V	20.68mm size 11 V½	20.76mm size 11½ W	20.94mm size 11¾ W½
21.18mm size 11¾ X	20.94mm size 11¾ X½	21.49mm size 12 Y	21.69mm size 12¼ Y½	21.89mm size 12½ Z	22.10mm size 12¾ Z½

1
K
M
O
Q
S
U
W
Y
1
1
N
P
R
T
V
X
Z

Cut Out

or Cut round the guide (top right), making sure you cut out the thick slit. Wrap the guide around your finger pushing the rounded end through the slit and note the size. Remember that it should fit snugly but still be able to pass over the widest part of your finger.

Please print this guide at 100% on an A4 sheet. Do not select 'fit to page' option.

To check you have printed at 100% the line below should be 2cm.

