



72- HOUR HURRICANE SURVIVAL CHECKLIST



BASICS

- ☐ Non-Perishable Food (3+ day supply)
- ☐ Water (1-2 gallons / day / person)
- ☐ Personal Water Filter Straw
- ☐ Flashlights (1 / person)
- ☐ Lighter / Waterproof Matches
- ☐ Extra Batteries
- ☐ NOAA Weatherband Radio
- ☐ Portable Solar Power Bank
- ☐ Rope/Paracord
- ☐ Cash (Small Bills)
- ☐ Help Flag
- ☐ Life Preserver & Floatation Devices



SPECIAL ITEMS

- ☐ Infant Items
 - ☐ Formula
 - ☐ Diapers
 - ☐ Bottles
 - ☐ Powdered milk
 - ☐ Medications
- ☐ Pet Items
 - ☐ Food & Water
 - ☐ Leash
 - ☐ Medications



EXTRAS

- ☐ Sanitation and Personal Hygiene Items
 - ☐ Moist towelettes/Disinfecting Wipes
 - ☐ Garbage bags
 - ☐ Feminine supplies
 - ☐ Soap
 - ☐ Hand sanitizer
 - ☐ Toothbrush and toothpaste
- ☐ Entertainment (cards, games, toys)
- ☐ Sun Protection
 - ☐ Sunscreen
 - ☐ Hats
- ☐ Can Opener
- ☐ Energy/Solar (Solar and Crank Power)
 - ☐ Cell Phone Chargers
 - ☐ Backup Power Bank
- ☐ Copies of important documents
 - ☐ Insurance Policies
 - ☐ ID/Passport
 - ☐ Social Security Card
 - ☐ Birth Certificate
 - ☐ Bank account records
- ☐ Evacuation Plan
 - ☐ Laminated
 - ☐ Phone numbers
 - ☐ Routes to nearest shelters
 - ☐ Where to take your pets

☐ Other Tools & Supplies

- ☐ Multi Tool Knife
- ☐ Cooking Utensils
- ☐ Tube Tent
- ☐ Scream Whistle
- ☐ Mylar Blankets or Bivvy
- ☐ Survival Hatchet (with pry bar)
- ☐ Dry bags to secure valuables
- ☐ Clothing (One change / person)
 - ☐ Shoes/boots
 - ☐ Work gloves
- ☐ Rain Gear
 - ☐ Emergency Ponchos
 - ☐ Jackets for warmth
 - ☐ Hats
 - ☐ Umbrellas
 - ☐ Rain boots
- ☐ Vehicles
 - ☐ Keep tanks filled with gasoline



MEDICAL

- ☐ 2 Weeks minimum of prescribed medicine
 - ☐ Prescription and Non-Prescription
- ☐ First Aid Kit
- ☐ Mask (for contaminated air)
- ☐ Medical Documents

Resources:
<https://www.cdc.gov/nceh/features/hurricanepreparedness/index.html>, <https://www.ready.gov/kit>

Make sure to have a plan ready to go if you're living in a hurricane prone area. Always listen to authorities on whether you should evacuate or stay at home. (1)

Check out **SurvivalFrog.com** for more resources