

RHOZIVA DIGEST



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WHAT IS RHOZIVA DIGEST?

Rhoziva digest has all the therapeutic benefits of the original Rhoziva formula, which includes stress reduction, anxiety relief and increased energy with the addition of supporting the most common manifestation of chronic stress- digestive issues.

WHAT DOES IT DO?

Rhoziva digest, in addition to a therapeutic dose of rhodiola, contains a blend of digestive enzymes and scientifically validated digestive herbs to reduce heartburn, constipation, bloating, digestive discomfort and diarrhea. Rhoziva digest helps to alleviate the root cause of digestive issues (stress), while providing immediate relief and increasing nutrient absorption for lifelong health benefits

WHO IS THIS FOR?

Anyone experiencing digestive issues can benefit from Rhoziva digest. When getting to the root cause of digestive issues, stress more often than not shows up as the main culprit. Oftentimes, the body perceives stress before the mind does and the physiology of stress directly affects digestion. If you:

- Experience a nervous stomach
- Have anxiety that reduces appetite or makes it hard to enjoy food
- Experience less than 1 bowel movement a day or more than 3
- Have gas, bloating, gut discomfort and feel heavy/ tired or experience pain after eating

Rhoziva digest will likely have substantial benefits for you

BENEFITS OF RHODIOLA:

[Check out the original formula here for a more detailed description](#)

Many laxatives work to contract the muscles needed for regular, healthy bowel movements. The muscles can then become dependent on external stimulus to function correctly, creating a reliance on these types of laxatives. Rhoziva Lax promotes bowel movements by hydrating the colon while bulking the stool, the same way that dietary modifications work to alleviate constipation. Rhoziva can be used short term such as in the case of travel induced constipation, or long-term while working on the root cause of constipation with no risk of dependence.

ADDITIONAL BENEFITS OF RHOZIVA DIGEST:

- Reduces constipation
- Experience pain free eating
- Decrease bloating
- Acid reflux relief
- Decrease gut inflammation

HOW THE DIGESTIVE HERBS WORK:



CHAMOMILE

Soothes the entire tract and restores the mucus barrier needed for healthy digestive function, manages loose stools, decreases gas and bloating and has an overall calming effect on both the digestive system and the nervous system



ARTICHOKE

Reduces constipation and stimulates bile flow aiding in the digestion of fats and helping food to move through the digestive tract with ease. Research shows artichoke extract helps to reduce the symptoms of heartburn



CARDAMOM

Known as a carminative, cardamom helps relieve gas and bloating and has traditionally been used to reduce nausea associated with eating. Cardamom helps relieve pain in the stomach and intestines.



TANGERINE PEEL

Increases the secretion of gastric juices which help to breakdown and digest food, ensuring more efficient digestion and assisting in maximum nutrient absorption. Tangerine reduces excess mucus in the digestive tract while soothing the muscles in the digestive tract, alleviating constipation

IMPROVED DIGESTION BENEFITS

By improving the digestive process the immune system is supported though re-establishing a healthy gut microbiome, we increase vitality by increasing the amount of nutrients we absorb and we slow down the aging process.