

NOURISHING WAVES



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WHAT IS IT?

Nourishing waves is a kelp-based nutritional formula that addresses the main causes of hair thinning, weak nails, dry skin and slow metabolism. It contains therapeutic doses of several complementary nutrients that work synergistically in the body to improve the appearance of hair, skin and nails while working on a biological level to regulate metabolism through its impact on the thyroid.

WHAT IS IT USED FOR?

Nourishing waves is a unique formula that contains naturally occurring iodine and other nutrients to support thyroid function. A sluggish thyroid is often at the root of thinning, dull hair, brittle nails, weight gain and dry skin. On top of nourishing the thyroid, ingredients such as silica, biotin and selenium are included to directly upregulate collagen production and provide hydration to hair and skin. This formula is designed to:

- Improve hair and nail strength
- Promote healthy skin
- Support thyroid function
- Hydrate skin/ add shine to hair
- Decrease hair loss and thinning hair
- Increase energy
- Support and repair connective tissues

OTHER BENEFITS

- Breast health
- Weight loss

WHO IS THIS FOR?

- Anyone with hypothyroid or a sluggish thyroid
- Those experiencing hair loss
- Individuals wanting longer, thicker, shinier hair
- Stronger nails
- Anyone wanting plump, dewy skin
- Those feeling fatigued and craving more energy

INGREDIENTS

LEARN MORE

Each ingredient was purposely hand selected to support the thyroid, metabolism and improve the appearance of hair, skin and nails. The star of the show:

KELP

A good source of naturally occurring iodine, which is needed in thyroid health and often deficient

Mineral rich and nutrient dense (contains 10x more minerals than plants grown on land)

High in carotenoids and flavonoids needed in production of healthy connective tissue

OTHER NUTRIENTS:

- Vitamin C works to promote collagen production
- Magnesium is essential to elastin production
- Biotin is included to stimulate keratin production and increase rate of hair follicle growth
- Silica contributes to collagen production and acts as a transporter molecule taking nutrients into the hair, skin and nails
- The B-vitamins ensure that dietary nutrients are metabolized properly and there is adequate amino acid delivery for strong nails and thick hair.
- Selenium improves skin elasticity, reduces age spots and promotes a healthy thyroid

Nourishing waves contains trace amounts of over 60 naturally occurring vitamins, minerals, amino acids and enzymes for the maintenance of good health