

KLEAR KIDNEY



WHAT IS IT?

Klear Kidney is a herbal formula designed to support the kidneys and the bladder from several angles. The herbs in Klear Kidney work synergistically to prevent UTIs and tonify the urinary system. It was formulated to support urinary system infections and support overall kidney and bladder health.

WHAT DOES IT DO?

The herbs that make up the Klear Kidney Tincture are known as diuretics. There are three types of diuretics and they work to regulate fluid balance in the body, help remove waste products and toxins while supporting bacterial clearance from the urinary system. Diuretics generally have an affinity for the bladder, kidneys and they protect and nourish these tissues. Klear Kidney can help to prevent UTIs, offer symptomatic relief from active infections and soothe the lining of the urinary system.

WHO WOULD BENEFIT FROM THIS

- Individuals suffering from recurring/chronic UTIs
- Those with bladder inflammation/pain
- Anyone who has interstitial cystitis

HOW TO USE KLEAR KIDNEY

In addition to being a diuretic formula, the herbs contained in Klear Kidney are generally antibacterial. Due to this, Klear Kidney is meant to be used short term. It is recommended to use this tincture at the first sign of a UTI or urinary discomfort. Talk with a practitioner for extended use in the case of ongoing infections of the bladder.

CONTRAINDICATIONS

Do not use Klear Kidney if you are pregnant, breastfeeding, or have a kidney disorder, heart disease, high or low blood pressure, edema or are taking other diuretics.

CAUTION: Do not use if on any medications or consult with your doctor



UVA URSI

Uva Ursi is a classic herb used historically to fight infections in the urinary tract. It can reduce bacteria and inflammation specifically in the bladder. Uva Ursi is a diuretic and can help flush fluids from the body providing symptomatic relief, while lowering the pathogenic load.



CORN SILK

Corn Silk is the female flower of corn and it has long been used in TCM and by many indigenous populations for overall kidney and bladder health. It coats the entire urinary system, soothing and relaxing the urethra and the bladder. It reduces inflammation directly in the bladder and has been used adjunctively in the management of interstitial cystitis, kidney stones and UTIs. It inhibits bacteria build up in the bladder and can reduce symptoms of UTIs.



JUNIPER

Juniper is a powerful diuretic that increases the kidney filtration rate, helping to flush out harmful bacteria from the kidneys and bladder. Juniper is extremely antibacterial and has the potential to inhibit a full blown UTI.



CLEAVERS Cleavers are known as a tonic for the kidneys, helping them to function optimally, restoring their function and protect them from damage. Cleavers have a soothing action in the body and are often effective at calming inflammation in the urinary tract. In herbal medicine, Cleavers are used to prevent UTIs. Like most herbs with an affinity for the kidneys, Cleavers are also a diuretic. They help to flush waste, toxins and excess fluid from the body.



WHITE BIRCH

White Birch is anti-inflammatory, analgesic and antibacterial. It naturally relieves pain and is often used in interstitial cystitis and UTIs. White Birch can inhibit the formation of kidney stones by increasing bile flow.