

EMPOWER PLUS



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WHAT IS IT?

Truehope EMPower is a broad spectrum micronutrient supplement designed to provide you with the essential factors needed to maintain mental and physical well being. The formulation contains 15 minerals, 4 vitamins, 3 amino acids, and 3 antioxidants to assist you with your daily nutritional requirements. Truehope EMPower is the most studied micronutrient backed by over 35 independent research studies.

EMPOWER BENEFITS:

Truehope uses cutting-edge technology during production to allow the body to rapidly absorb the essential nutrients more effectively. Most multivitamin and mineral supplements are not formulated for optimal absorption. EMPower uses micronization to reduce minerals to a size the body can actually use and absorb, as well as chelation to wrap the minerals in an organic molecule and bind them to proteins the body can easily recognize and digest. The ratios of minerals and vitamins are formulated to provide maximum absorption and effectiveness.

WHY SUPPLEMENT MICRONUTRIENTS?

Vitamins and minerals are found in the foods we consume. Unfortunately, due to industrialization and current farming practices, the mineral content in our soil has drastically reduced, affecting the vitamin and mineral content in the fruits and vegetables we consume, and the grains that farmed animals consume. Humans also have a greater need for micronutrients than before due to our sedentary modern lifestyle, increased stress levels, and an increase in mental and physical diseases. Micronutrients are a great way to ensure any nutritional gaps are met, while providing highly absorbable nutrients to maintain health and well-being.

WHAT DOES IT DO?

- Increases energy
- Promotes calm
- Increases focus and clarity
- Reduces stress and anxiety
- Boosts the immune system