

# ALLIMAX



livlong.ca | 1-844-246-5997

## WHAT IS ALLIMAX?

Allimax is a concentrated and stable form of allicin, which is the bioactive molecule in garlic responsible for its vast health benefits. Many garlic supplements provide the precursor to allicin, whereas allimax provides this molecule directly to the body.

## WHAT DOES IT DO?

Garlic has been widely and effectively used throughout history for the prevention and treatment of several ailments. It has strong antibacterial, antiviral and antifungal properties. Garlic, specifically allicin is cardio protective, anticancer, immunomodulatory and helps to ease digestive conditions while also playing a role in parasite eradication. Like many herbs, garlic exhibits strong anti-inflammatory and antioxidant activity. Overall garlic is a medicine that has been used for thousands of years to promote health, assist in treatment of acute conditions and reduce overall risk for chronic illness.

## CONDITIONS/INDICATIONS

- Candida
- Colds/flu/respiratory tract infections
- Lyme disease
- High blood pressure
- High cholesterol
- Helps circulation
- Restores immune function
- Prevents/treats bacterial and viral infections
- H.Pylori
- Sibo

## WHO WOULD BENEFIT?

- Those with a family history of heart disease
- Those with cardiovascular risk factors
- Individuals who get frequent colds and flus
- Those wishing to prevent colds and flus
- Preventative health
- People wanting to reduce risk of chronic disease
- Family history of cancers



### HEART HEALTH

- Reduces lipids in the blood vessels, which has an anti-atherosclerotic effect
- Has an antihypertensive property, mainly through lowering systolic blood pressure
- Lowers LDL cholesterol and serum triglycerides
- Minimizes risks for blood clots and cardiovascular events



### COLD AND FLU

- Improves the body's response to incoming viruses and bacteria
- Inhibits replication of several viruses, not limited to the ones responsible for the cold, flur or other respiratory illness
- Prevents viruses from entering cells
- Long-term garlic use lowers chances of catching the common cold



### ANTIFUNGAL

- Inhibits fungal activity with no associated fungal resistance
- Effective against eradicating candida
- Has been shown to help prevent and manage vaginal yeast infections
- Potential in the treatment of ringworm



### IMMUNE FUNCTION

- Reduces risk of cancer and can reduce growth rate of certain cancer cells
- Enhances detoxification pathways, reducing toxic load and improving overall immunity
- Stimulates several immune cells such as macrophages, lymphocytes, NK cells and eosinophils
- Improves immunoglobulin secretion (the first line defense against bacterial and viral infections in the gut)

### WHY SUPPLEMENT GARLIC?

To get allicin from garlic it needs to be consumed raw and to activate allicin, garlic needs to be cut and then exposed to oxygen. After 5-10 mins of the cut garlic being left out, the allicin content will achieve maximum concentration. It dissipates after a few hours and is deactivated by heat (ie- cooking)