

THERAPY SWING INSTALLATION

The Body Sock Therapy Swing is designed to be suspended from an anchor bolt (not included), safely secured into a structural beam. The swing should be positioned no higher than 40cms from the ground once weight has been applied.

Please follow the step-by-step instructions to hang your swing.

STEP 1

Unpack the Therapy Swing and accessories from the bag.

WHAT'S INCLUDED

- Therapy Swing
- Nylon Straps (already attached to the swing)
- Carry Bag
- Carabiner Clip Heavy Duty 12kN x 2

STEP 2

Attach one carabiner to one of the nylon straps. Attach the second carabiner to the other nylon strap. The carabiners should be attached in the same position on each strap. The position of the carabiners will change depending on the height of the anchor bolt.

STEP 3

Attach each of the carabiners to the anchor bolt (not provided).

STEP 4

Add weight to the swing. The swing should be positioned no higher than 40cms from the ground, once weight has been applied.

STEP 5

Adjust the height of the swing by moving the carabiner to another loop on the nylon strap.

SAFETY RECOMMENDATION

The Therapy Swings are designed for individual use with gentle motion. It is important that the swings are tested, after installation, by an adult prior to use. Recommended weight range: up to 100kgs.

Recommended 3+ under Adult supervision.



www.bodysocks.com.au

