



hello@disabilityequiponline.com.au



# Sensory Products For the Senses



disAbility equip online

e. hello@disabilityequiponline.com.au



*"Every day may be a challenge, but every small step forward is a victory."*

*Together let's keep supporting and advocating for our those facing barriers of disability and help them to 'Live their Best Life.'*



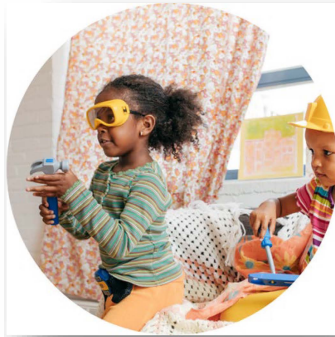
*Julie-Anne Dietz*  
DEO - Founder & Owner



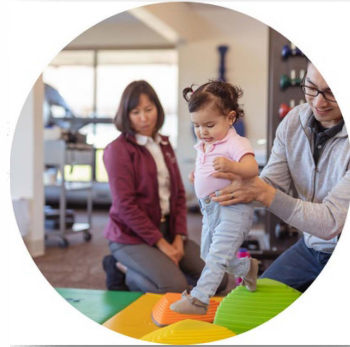
Tactile



Gustatory



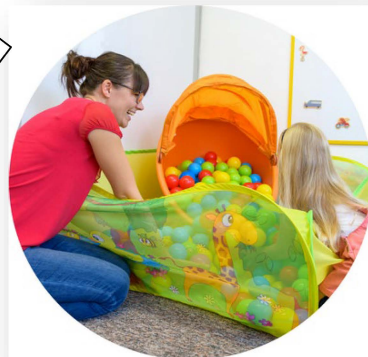
Visual



Auditory



Vestibular



Proprioceptive





# Sensory Inclusion Zone Checklist



*Let's Start Planning!*

**Room Concept** - Briefly describe the concept that you have for your Sensory Inclusion Zone

**Room Purpose** - What is the purpose of your Sensory Inclusion Zone (Check all that apply)

- |               |               |               |          |             |
|---------------|---------------|---------------|----------|-------------|
| Active Play   | Focus         | Soft Play     |          |             |
| Calming       | Relaxation    | Stimulation - | Visual   | Kinesthetic |
| Concentration | Socialisation | Safety        | Auditory | Tactile     |

**People Served** - What are the developmental needs of the children and/ or teens that will be using your space? (Check all that apply)

- |                     |                          |                            |
|---------------------|--------------------------|----------------------------|
| ADHD                | Behavioural Issues       | Down Syndrome              |
| Auditory Processing | Cerebral Palsy           | Sensory Integration        |
| Autism              | Balance and Coordination | Communication and Language |
| Social Skills       | Other Please Specify -   |                            |

**Sensory Inclusion Zone options** - The following is a check-list of the items options that could apply to this area. Which of the following would like to consider. (Check all that apply)

- |           |                      |                   |
|-----------|----------------------|-------------------|
| Flooring  | Tactile tools        | Pressure Products |
| Lighting  | Interactive products |                   |
| Furniture | Balance tools        | Other             |

**Age Range** - What age ranges would you like us to cater to?

**Access** - Do you need to accommodate for wheelchairs? Yes No

**Numbers** - How many children/ young adults do you expect will use the Sensory Inclusion Zone at the same time ? 1 -2 3 - 4 more than 4 Other



# Contents Page



Sense	Page
1. Sight	2
2. Hearing	4
3. Taste	6
4. Smell	8
5. Touch	10
6. Proprioception	12
7. Vestibular	14
8. Interception	16
9. The Dark Den Pop-Up Tent - Best Seller	17
10. The Squeezie Seat - Proprioceptive Support	18
About DEO & Square Pegs Sensory Consultancy Services	19

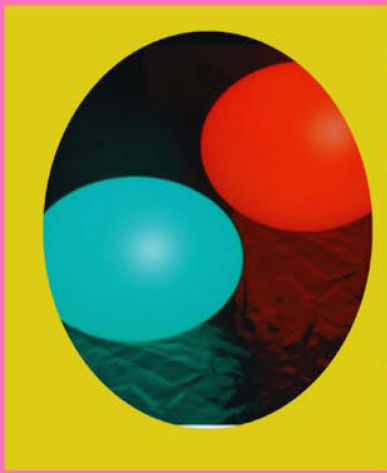


# #1 sight

Sensory LED Bubble Tubes



Sensory Projection Lamp



Colour Changing Stones



Liquid Floor Tiles

Colour Changing Stones

# 1. Sight

**Sight** - The ability to perceive visual information through the eyes. Using our eyes to see what is far or close to us. A typical person can use smooth and precise eye movements to scan and visually assess their environment.



*We suggest the following products, click on link for more information.*



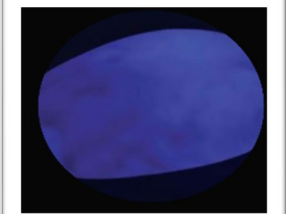
## **1.1 [LED Column Bubble Tubes](#)** - 120 cm \$395.00 / 150 cm \$495.00 / 180 cm - \$595.00

Our range of mesmerising quality bubble water features are made from high quality acrylic. With its unique continuous bubble effect within the acrylic chamber, produced by a quality air pump in each unit located in the base and accentuated by the clever use of multicolour LED lighting (comes with remote control) it can provide calming relief for sensory overload.



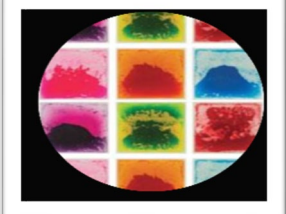
## **1.2 [Sensory Projection Lamp](#)** - \$58.00

Create a warm and peaceful starry atmosphere with our Sensory Projection Lamp for Calming Sensory Zones. The starry sky projection mode can project a complete starry sky onto the walls and ceiling of your home, school, or centre.



## **1.3 [Colour Changing Stone](#)** - \$56.00

The large colour changing plastic stone is excellent for sensory spaces. These colour changing lights feature LEDs. The LED lights are an environmentally friendly option as they are long lasting. Each pebble can change to 6 assorted colours. They each measure 25cm wide x 18cm long x 9cm high. The addition of the colour changing Stone is an excellent way to create sensory play spaces or quiet areas in the learning environment. The Stones automatically slowly change colour on a continuous cycle.



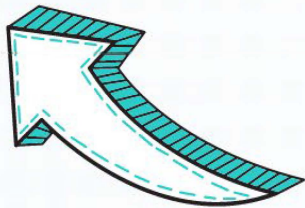
## **1.4 [Liquid Floor Tiles](#)** - \$369.00

These sensory floor tiles feature colourful liquids inside. The Liquid Floor Tiles create a genuinely interesting sensory experience as children stand, press and jump on the tiles. Create a fun and exciting environment as children see the cause and effect of the internal liquids moving.

Please note: All pricing is indicative and maybe subject to variation.

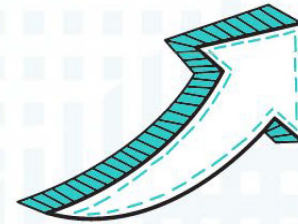
01

Calming Sleep Lamp

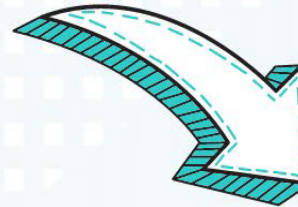


02

Vibes High Fidelity Reusable Noise Reduction Ear Buds

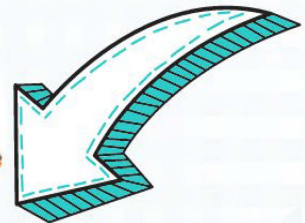


## 2. HEARING



03

Hearing Protectors



04

TickIT Mystery Sensory Balls

03

Hearing Protectors

04

TickIT Mystery Sensory Balls



## 2. Hearing

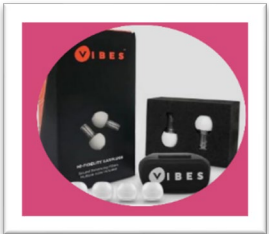
**Hearing - The ability to perceive auditory information through the ears. This includes hearing, listening, interpreting, localizing sounds, and being able to filter and selectively attend to auditory stimuli.**

*We suggest the following products, click on link for more information.*



### 2.1 Calming Sleep Lamp with soothing sounds - \$159.00

This **Calming Sleep Lamp** is one of the bedroom sleep accessories. Ideal for anyone who may need some calming strategies to help them fall asleep. It has **7 calming colour** shades and **32 soothing sounds** which enhance the ability to calm down and go to sleep. Simple to use and extremely effective it is perfect for people with autism and other sensory processing disorders to assist with calming. This Calming Sleep Lamp is dimmable with a timer, it is smartphone free. The *Calming Sleep Lamp* - sending you to sleep every night... then turning itself off.



### 2.2 Vibes High Fidelity Reusable Noise Reduction Ear Buds - \$59.95

Unlike traditional foam earplugs & noise cancelling headsets / headphones / earmuffs that block and muffle sound, **Vibes filter sound**. Using specially designed sound tubes that balance sound waves, and sound-enhancing acoustic filters that reduce decibel levels, Vibes allow you to protect your hearing health and stay comfortable in loud environments that would otherwise cause discomfort and hearing damage.



### 2.3 Hearing Protectors – From \$32.00

Ear Protection Hearing Protectors and noise-reducing over ear headphones come with vivid, flamboyant colours that your kids will love. The unique artistry helps to ensure the high visibility colour will not fade over time. Feel confident that your children are safe and noticeable in any environment and any weather condition. Blocks out potentially damaging external noises by completely covering the outer ear with a noise reduction rating of 21dB to 27db.



### 2.4 TickiT Mystery Sensory Balls - \$169.00 set of 6

The TickiT Mystery Sensory Balls are a set of six (6) reflective mirror balls that look identical, but all have individual characteristics. When rolled, some wobble, some turn or will not roll in a straight line, some feel funny when twisted, spun, or shaken and some make different shaker or rattle sounds.

Absorbent  
Chews



Chewies



# 3. Taste

Shirt  
Savers



Sensory Chew Balls  
& Fidgets Balls



## 3. Taste

**Taste - The ability to perceive flavours through the tongue and other sensory organs in the mouth is something many of us take for granted. You may recognize the gustatory system more by the word taste or oral sensory system. Taste and smell or the olfactory system are very closely related. Oral fixation is when you feel the need to chew, suck, or hold an object in your mouth.**

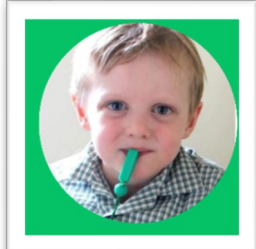


*We suggest the following products, click on link for more information.*



### 3.1 Absorbent Chews - \$43.00 Set of 6 in assorted colours

Do your kids like to chew but prefer the texture of fabric or towel over smooth silicon or rubber. Designed to redirect children from chewing and biting their clothing or other items. Unlike other chews, these soak up drool, keeping shirts dry even after extended periods of chewing. Ideal for oral-focused kids who prefer terrycloth to silicone chewies. Redirects from biting and self-injury, helping to address problems at school and travel issues. Supports challenges of ADHD, sensory processing disorder and autism. For moderate chewers.



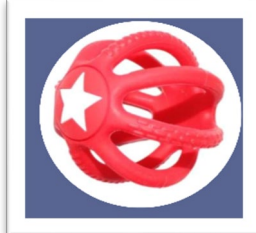
### 3.2 Shirt Savers - \$17.99 pack of 3 (7 colours and 2 designs available)

Great for kids who like to chew on their clothes, fingers, hair...anything really! We have the unique, Chewy Charms designed - Shirt Savers! Designed to go on a shirt with buttonholes, they come in a pack of 3. Attach a Shirt Saver to a shirt and forget about it. The round edges of the beads make it easy for the wearer to work it to the back of the mouth between the molars for maximum vestibular stimulation and the calming effect that it can bring. It is threaded on strong, but soft, cord that is exceptionally durable.



### 3.3 Chew Pendants - \$16.95

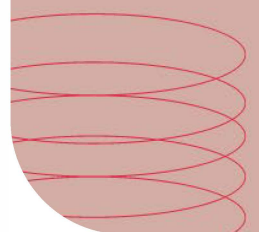
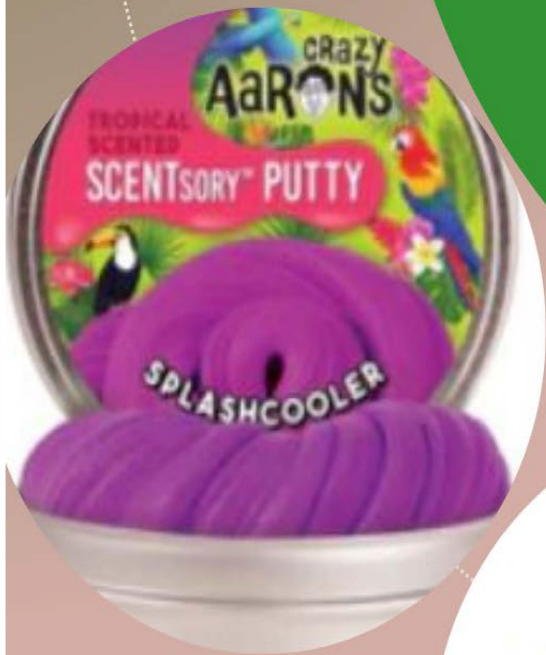
Our Chew Pendants are a reliable and comforting friend your child can rely on when big emotions threaten to cloud their day. The silicone Chew Pendant necklace is available in a range of their favourite colours and designs and is recommended by Occupational Therapists as a tool your child can use independently to develop effective control of their nervous system responses.



### 3.4 Sensory Chew Balls & Fidget Balls – From \$16.95

Designed for all ages and stages, Sensory Chew Ball functions as an oral sensory aid for older children. Free from any nasty chemicals, the Sensory Chew Ball is made from food-grade silicone so individuals can chew on the soft, safe surface to soothe their oral fixation. The open frame design allows them to easily hold the Sensory Ball and bring it to their mouths when sensory overload occurs. The Fidget Ball, made from bpa-free silicone is suitable for all kinds of wearing, stretching, manipulating, and grasping. Its tactile surfaces are designed to stimulate sensory development, fine motor skills and hand-eye coordination. The Fidget Ball is also a great stress reliever, aiding children to focus their attention and self-regulate their emotions. It is small, lightweight, and discrete, so your child can slip into their pocket and keep it with them at all times.

# 4. Smell



# 4. Smell



**Smell - The ability to perceive odours through the nose. When we eat, we smell something first. If it smells good, we are more likely to try it. If it smells bad that sends a warning that we may not like it OR that it is dangerous for us to eat. Smell travels through chemical receptors with direct neuronal connections to limbic system (responsible for emotional memory). This is often why our emotions are tied to smells and food.**

*We suggest the following products, click on link for more information.*



## 4.1 [Scentsory Putty](#) - \$19.95

Crazy Aaron's® new SCENTSory Putty™ goes way beyond scent to invoke a total sensory experience like no other. Indulge your senses with the velvety soft touch, the dynamic look, and the wonderful scent and discover just how amazing SCENTSory putty can make you feel.



## 4.2 [Oricom 4-in-1 diffuser and humidifier](#) - \$109.95

Soothe your multiple senses with this 4-in-1 Aroma Diffuser, Humidifier, Speaker, and Night Light. The 4-IN-1 Aroma Diffuser, Humidifier, Night Light & Speaker - for sensory overload has a built-in humidifier that nurtures your wellness by preventing dryness and discomfort, offering true peace of mind. Be soothed back to sleep relaxing music, audiobooks, or soothing songs through the built-in high-quality speakers. Perfect for sensory overload.



## 4.3 [Scented Chi Balls](#) - \$24.50

The Chi Ball is a soft and spongy 15cm inflatable ball that is infused with an aromatherapy fragrance which corresponds to its colour. The use of colour and aromatherapy has been shown to stimulate and balance both thoughts and emotions, and consequently promote a greater sense of wellbeing. Ideal for individuals facing barriers of age, disability, limited mobility, and mental wellbeing will benefit from one or more aspects of the *ChiBall*. A *ChiBall* can be used in your everyday life as part of your own health and wellbeing exercises. Comes in 10 assorted colours and aromas.



## 4.4 [Aromatherapy Diffuser & Humidifier](#) - \$69.00

This Therapeutic Diffuser is a safe, effective, and pleasant way to use Pure Essential Oils both therapeutically and for creating a calmness for those with sensory issues. This irresistibly cute humidifier is perfect for creating a routine for calmness. Pure Essential oil molecules are dispersed into the air in their purest form, enhancing the effects of Aromatherapy. The unit stays cool to the touch as there is no heating element, so it is safe for all the family. Assists with the dry air of hot summers and stuffy winter rooms. Holds enough water to humidify a child's room overnight. Auto shut-off function that safely stops the heating once the water's gone. Comes in 3 designs.



Tactile Walkway

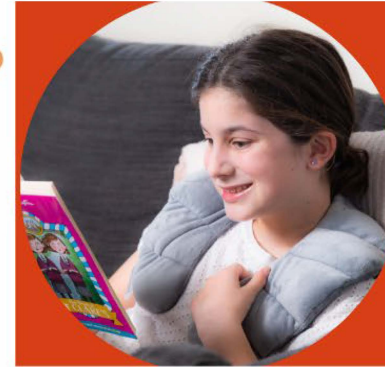


Tactile Calming  
Sensory Touch Mat



Sensory Backpack

Weighted shoulder pad, lap  
pad and toys



Calming beanbag  
Sets

# 5. Touch

The ability to perceive pressure, temperature, and other tactile sensations through the skin. The tactile system is often the most commonly recognized sensory system of the body. It is also the one most people notice most often if a child has an overactive or under-active tactile system. Anything you touch or feel is part of this system.

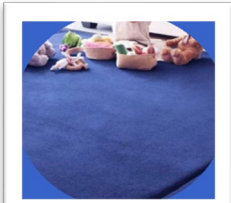


Anything you touch or feel is part of this system. The tactile system is often the most commonly recognized sensory system of the body. It is also the one most people notice most often if a child has an overactive or under-active tactile system.

# 5. Touch



We suggest the following products, click on link for more information.



## 5.1 Tactile Calming Sensory Touch Mat – From \$199.00

The Tactile Calming Sensory Touch Mat is a **30mm** thick slow rebound foam mat / rug perfect for any activity on the floor. Kids love them for playing, learning to walk, practicing rolling. Adults love the soft feeling underfoot and to sit on when watching tv (*Do you ever find yourself sitting on the floor instead of the couch?*) Lightweight, stain-resistant, and easy to wash. Non-slip bottom. Comes in 5 colours - Light or Dark Grey, Deep Blue, Pink & Beige. All sizes from small to HUGE!



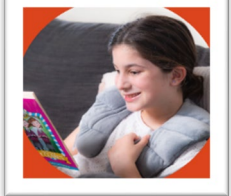
## 5.2 Tactile Walkway - \$186.00

Create an active surface that stimulates acupressure points on all parts of your body that contact the mat. Positive effects include enhanced neuro-muscular feedback, coordination, circulation & muscle tone, while accelerating the reduction of muscle pain, tension & fatigue. Use as one long surface or hang on a wall for tactile stimulation for the feet or hands. Can also be cut to smaller sizes for individual use under students' desks, for standing or sitting on. Only available in Black.



## 5.3 Sensory Backpack - \$59.00

The Autism Friendly Adapt Backpack with tactile, proprioceptive, auditory, and visual input has been carefully designed with input from Occupational therapists, adults on the autism spectrum, and professionals to not only provide the input the user requires, but it doesn't stand out - it's truly a "cool" bag! Featuring sequins for a tactile twist, memory foam to squeeze, chewy toys and a padded hip belt as well as a specifically designed slip pocket for devices. Great for school and travel, this is the perfect bag for those with stimming and sensory overload issues.



## 5.4 Weighted shoulder pad, lap pad and toys – From \$53.00

Weighted products like our shoulder wraps, lap pads and toys provide a calming and soothing effect. These products offer deep touch pressure stimulation (DTPS) which is a type of sensory input that can help regulate the nervous system and reduce feelings of anxiety and stress.



## 5.5 Calming Tactile Sets – \$24.50 Fleece Bean Bag Set of 6 / Shaggy Bean Bag Set of 4 / Gel Filled Shapes Set of 6

The Fleece Bean Bag set is ideal for sensory and tactile play due to the fleece-like texture and the Shaggy Bean Bag Set with soft tassel texture are ideal for sensory and tactile play.

# 6. PROPRIOCEPTION

Soft Play Furniture



Compression Bed Sheets



Helping with  
Sensory  
Proprioception



Body Socks



Calming Roller

body socks

calming roller



# 6. Proprioception

**Proprioception - The ability to perceive the position and movement of one's body and limbs. The proprioceptive system or proprioception is one of the internal senses of the body that comes from the joints, muscles, ligaments, and other connective tissue. The proprioception system allows you to know where your body parts are and what they are doing without necessarily looking at them. The receptors are in the joints, muscles, and tendons and perceive contraction, stretching, and compression.**

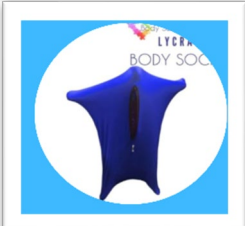


*We suggest the following products, click on link for more information.*



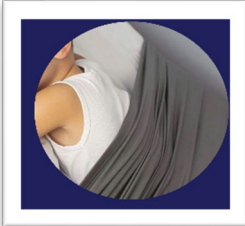
## 6.1 Soft Play Furniture – From \$129.00

Soft Play Foam Furniture can help improve proprioception by providing tactile and sensory feedback to the body. The foam material compresses when pressure is applied, which can help individuals with proprioceptive difficulties better understand the position and movement of their body. Additionally, Soft Play Foam Furniture can provide a stable and supportive surface for individuals to sit or stand on, which can improve balance and coordination. The soft, cushioned surface can also provide a calming and soothing effect, which can reduce anxiety and improve focus. Pieces can be placed in different configurations to create sensory zones in the home and school. Exceptionally durable and easy to clean vinyl makes these products ideal for all sensory and inclusion zones.



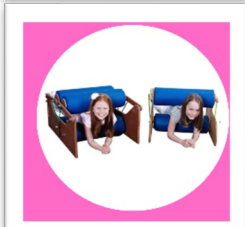
## 6.2 Body Socks – From \$55.00

Many children with autism struggle with over-sensitivity to the environment around them. A sensory body sock is a great tool helps to calm **over-stimulation**. Body Socks are the perfect calming, sensory escape tool to help the individual focus and feel safe. These are the genuine Bodysocks™ product and are ideal for individuals with autism, sensory processing disorders, and anxiety.



## 6.3 Sensory Compression Bed Sheets – From \$89.95

Sensory compression bed sheets provide calming sensory input to help an over stimulated sensory system calm down, ready for a good night's sleep. Made from premium Calmtex® Super Soft, breathable fabric. They are an excellent alternative to a weighted blanket. Sensory sheets slip over the mattress and are open ended, making it easy to remove for washing. Our sensory sheets are the perfect addition for any child or adult living with Anxiety, ADHD, Autism, Sensory Processing Disorder or PTSD, by providing calming sensory input. Comes in plain or patterned fabric.



## 6.4 Calming Roller – From \$830.00

The Calming Roller is based on research conducted by Temple Grandin and delivers sensory input through calming, deep pressure. The user can self-regulate the proprioceptive feedback via the side tension adjustments. The child can rock back and forwards in the Calming Roller gaining as much or little deep sensory input as they need. Available in 2 styles.



Lycra  
Therapy  
Swing



Egg Chair  
Nest & Tents

## 7. Vestibular Sense

Balance &  
Movement  
Ball



Trampoline



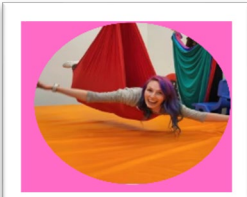
1123010106

# 7. vestibular



**Vestibular - The ability to perceive balance, acceleration, and spatial orientation through the inner ear. The vestibular system is located in the inner ear and helps you to detect changes regarding gravity. Are you sitting, standing, lying down, upside down, spinning, standing still etc? It is often referred to as the internal GPS system of your body.**

*We suggest the following products, click on link for more information.*



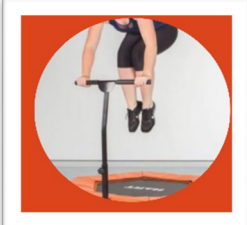
## **7.1 Lycra Therapy Swings – From \$280.00**

The Lycra Therapy Swing is ideal for children and adults that have difficulties with sensory modulation. A Lycra Therapy Swing can be beneficial to individuals who crave sensory input, particularly proprioceptive and vestibular input. The Lycra Therapy Swing can help their brain regulate stimuli and provide a calming sensory activity.



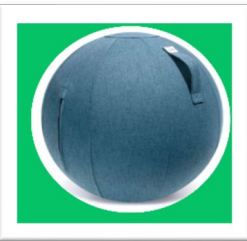
## **7.2 Egg Chairs, Nests & Tents – From \$110.00 to \$695.00**

Egg Chairs, hanging nests and hanging tents can provide a quiet and private space for individuals to retreat to when they feel overwhelmed or overstimulated. The enclosed design can help block out external stimuli and provide a calming and soothing environment for relaxation and self-regulation. The swinging and rocking motion can assist with vestibular regulation as well.



## **7.3 Trampoline - From \$169.00**

Whether being gently bounced on or used for repeated jumping, trampolines provide wonderful vestibular stimulation. Great for general exercise and fitness and provides opportunities to develop core and gross motor skills. Bouncing encourages balance, coordination, and strength. The unstable surface is also great for developing the muscles in your feet and stimulate micro-movements that encourage overall postural stability. Comes with Stability Bar.



## **7.4 Vestibular Balance & Movement Ball - ergonomic – \$179.00**

An essential occupational therapy tool, the therapy ball helps to work on balance reactions and postural control as well as providing vestibular input in a variety of directions. The dynamic fabric cover limits the expansion of the inner ball, and strengthens the upright, stable seated position. The Vestibular Balance & Movement Ball has a sturdy round shape that enables good rotation.



Meditate Mate



Yoga Mat with Direction Lines



Calming Cloud Chair



# 8. Interoception



Calming Cloud Chair



# 8. Interoception

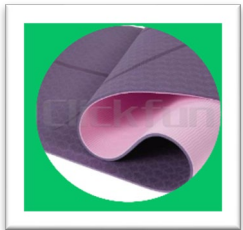
*Interoception - The ability to perceive sensations from inside the body, including hunger, thirst, and the need to use the bathroom. The interoception system is the internal sensory system of the body. The receptors for this system are located in the organs, muscles, and skin.*

*We suggest the following products, click on link for more information.*



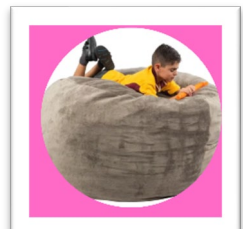
## 8.1 Meditation Mate Monkey - \$89.95

Meditation can be a beneficial practice for individuals with interoception issues as it helps to increase awareness of internal sensations. It can promote a greater sense of calm and relaxation. Meditation involves focusing attention on distinct parts of the body and noticing sensations. The Meditation Mate Monkey can help individuals become more attuned to their body and better recognize subtle changes in internal sensations. Choose from the Meditate Mate Monkey, the Meditate Mate Bag Tag for calming breathing reminders when on the go or choose the combo for both products.



## 8.2 Yoga Mats with Alignment Lines - \$49.95

Individuals with interoceptive difficulties may have trouble recognizing or interpreting their body's internal signals. This can lead to a variety of challenges, including difficulty with emotional regulation, body awareness, and self-care. Interventions for improving interoception can include activities that increase bodily awareness, such as mindfulness practices, yoga, or breathing exercises. Yoga focuses on the mind-body connection and can help improve body awareness and interoception by bringing attention to the physical sensations and movements of the body.



## 8.3 Calming Cloud Chair - \$479.00

Loved by occupational therapists and filled with memory foam which conforms and moulds to your body, these divinely comfortable cloud chairs provide proprioceptive sensory input and even pressure, promoting body awareness and helping to improve mood for those with sensory issues. This chair is soft, yet supportive and proven to alleviate anxiety. Perfect for sensory rooms, classrooms, and at home.

# 9. The Dark Den Pop Up Tent- Sensory Space

THE BEST DARK DEN WITH WHEELCHAIR ACCESS - \$359.00 [Click on Link Here](#)

This pop-up tent is ideal for kids who respond well to a safe sensory space. This pop-up tent offers a private and secluded space for someone suffering from sensory overload or just in need of some ME time. Ideal for children with autism. Big enough for two kids and is suitable for adults as well!



# 10. The Squeezie Seat Chair

SENSORY SQUEEZIE SEAT CHAIR - ~~\$526.00~~ [Click on link here](#)

*This is the best chair cushion for your child with sensory needs. This is not your average chair cushion, this is a Sensory Squeezie Seat Chair cushion that your child can gently squeeze when they are seated allowing for subtle movements without calling attention to wiggling.*





## ***ABOUT: disAbility Equip Online & Square Pegs Consultation Services***

*We are a passionate and caring organisation with over 25 years' experience in schools, business and marketing but most importantly, we have been involved with the disability sector for over 50 years. As a family with 4 sisters, one having complex disabilities, we always believed she should have every opportunity to have everything that we had.*

***Our passion is to help her live her best life and this remains the foundation for everything we do.***

*Our online store has been open for 3 years now. Throughout this time we have further developed our understanding of the retail disability sector and have a handle on industry best practice. The disability sector, like many others, is moving quickly with new and improved products becoming available all the time. We will undertake to stay updated and always pass on useful information.*

***Live Your Best Life!***



***Julie-Anne Dietz***

***DEO & Square Pegs Sensory Consultation Service Founder & Owner***

[www.disabilityequiponline.com.au](http://www.disabilityequiponline.com.au)

p. 1300 946 745

e. Hello@disabilityequiponline.com.au