



disAbility equip online



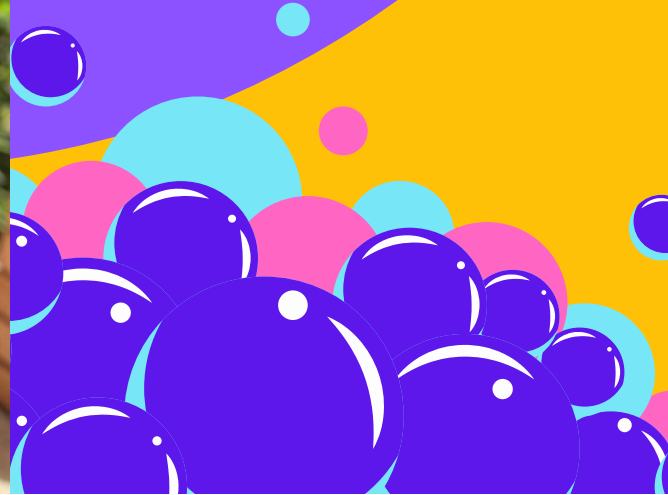
*Live Your Best Life!*

# NDIS FUNDING GUIDE - 2023

## Understanding Funding



- Core Support
- Capacity Building
- Capital Support





## A. Your guide to NDIS funding?

DEO has created this guide to help you to understand how the NDIS works for you. We would like to help you to understand the difference between the three Supports - **Core, Capacity** and **Capital** and what each is used for.

In essence, the NDIS has been established to provide people with individualised support and the flexibility to manage their supports to help them achieve their goals and better create the opportunity to... *Live Your Best Life!*

If optimised, the NDIS has the capacity to give Australians *peace of mind* if they, their child or loved one is born with or acquires a permanent and significant disability.

We work with and apply support funding daily, so if you need more information please feel free to contact us directly on **1300 946 745** or email **hello@disabilityequionline.com.au** .

Yours truly,



Julie-Anne  
DEO Founder & Owner



## B. Reasonable & Necessary

To get your mind around the best way to use your NDIS funding simply ask yourself this question ...

*"Am I about to make a purchase or request that is  
**Reasonable & Necessary?**"*

The NDIS will pay for reasonable and necessary supports that a person needs to live and enjoy their life.

- Reasonable means something that is fair, and
- Necessary means something a person must have.

To get services and support, you need to apply for the NDIS. To do this you can call **1800 800 110** to make an Access Request or you can complete and submit the Access Request form via email.

If you visit the... "Am I eligible page", you will find an NDIS checklist you can read to see if you are eligible.

For more information go to: **<https://www.ndis.gov.au/applying-access-ndis/how-apply>**



# C. Core Supports

This is funding you receive to help you with **daily activities**. It is the most flexible of the support categories. You can use this across all four categories in this core bucket.

## 1. Assistance with Daily Activities

- Assistance with daily personal activities: personal hygiene, moving around the home
- Assistance with household tasks: cleaning, yard, maintenance
- Preparation for meals, laundry service
- Assistance in Supported Independent Living

## 2. Consumables

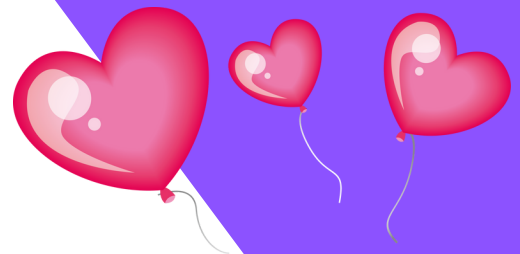
- Continence products
- Low-cost assistive technology (AT) for prosthetics and orthotics
- Low-cost AT for personal care and safety
- Low-cost AT for mobility
- Low-cost AT for communications (comms apps)
- Interpreting and translations

## 3. Assistance with social & community participation

- Access to community, social and recreational activities such as art classes, sports, camps, library visits or day trips
- Group and Centre-based activities
- Specialised employment supports

## 4. Transport

- Alternatives to public transport due to disability e.g. taxis, Ubers, fuel, specialised transport



## D. Capacity Building Supports

This is funding is used to build your independence and skills. It is semi-flexible, you can use this funding freely within each category below, but not across categories in this bucket

### 6. Improved Daily Living

- Occupational Therapy, Psychology, Speech Pathology, Physiotherapy, Exercise Physiology
- Individual or group counselling
- Training for carers & parents
- Assistance with decision making, daily planning and budgeting
- Individual skill development & training
- Early childhood intervention, specialised group intervention

### 7. Increased social & community participation

- Individual skills development & training e.g. attending a community camp or vocation group to build social & communication skills
- Community participation activities
- Innovative community participation
- Life transition planning including mentoring, peer support, individual skill development

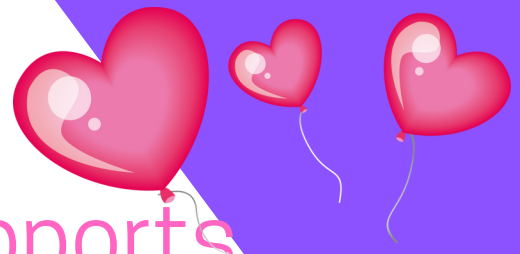
### 8. Improved Health & Wellbeing

- Dietician consultation and diet planning
- Dietician group session
- Personal Training

### 9. Improved Relationships

- Specialised behaviour intervention support
- Training in behaviour management strategies





# D. Capacity Building Supports

Continued ...

## 10. Support Coordination

- Connection to supports
- Assistance in coordinating or managing life stages, transitions and supports
- Linking participants to mainstream and informal supports
- Building capacity of participants
- Psychosocial recovery coaching

## 11. Improved Life Choices

- Plan management services
- Plan and financial capacity building
- Learning to self manage

## 13. Improved Learning

- Help to research and apply for study and training opportunities

## 12. Improved Living Arrangements

- Assistance with accommodation and tenancy obligations





# E. Capital Supports

This is funding to help you pay for more expensive big-ticket items and services. You can only use it for the specific purposes stated in your plan and nothing else.

## 14. Assistive Technology

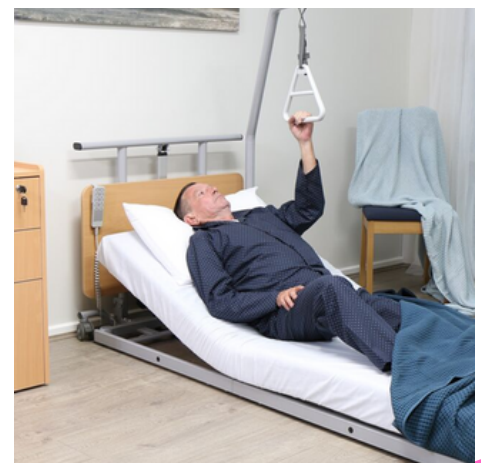
- Communication technology
- Hearing Technology
- Vision Equipment
- Mobility Products such as - lifts, hoists, sit to stand chairs
- Wheelchairs and related items
- Orthotics
- Prostheses
- Adaptive furniture
- Assistance animals
- Environmental control systems.



All Terrain Beach Rollator

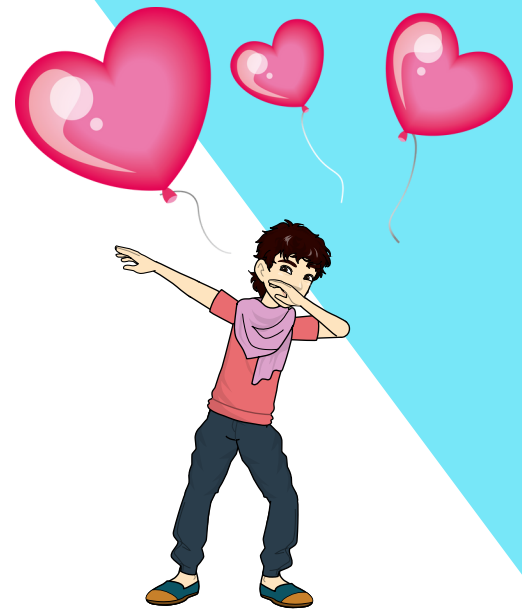


Sit to Stand Wheelchair



Premium Lift Bed

## F. Clever YES Questions



To see if you are on the right track, see if you can answer 'yes' to all of the following questions:

1. Is this a product or service that you need due to your disability?
2. Does it help to meet your plan 'goals'?
3. Is it reasonable value for money?
4. Is there evidence for it to work?
5. Is it a support your wouldn't be able to receive from family or a community member?
6. Is the NDIS the most suitable funding scheme to pay for this support?





# G. disAbility Equip Online

At DEO our passion for this sector comes from our years of lived experience. We are here to assist, so please reach out!

Your Disability Equipment Providers

- **Product Assistance**
- **Product Sourcing**
- **Product Delivery**

**Get In Touch Today!**

p: 1300 946 745

e: [hello@disabilityequionline.com.au](mailto:hello@disabilityequionline.com.au)

w: [disabilityequionline.com.au](http://disabilityequionline.com.au)

**Disclaimer:**

*The material and information contained in this document is for general information purposes only. You should not rely upon the material or information as a basis for making any business, legal or other decisions. DEO strongly recommends that you contact the NDIS for future information.*



*Live Your Best Life!*