



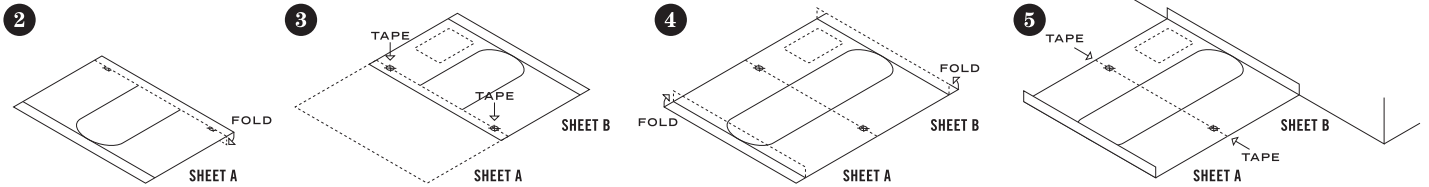
Superior Quality  
HANDCRAFTED IN THE U.S.A.  
SAINT PAUL MINNESOTA

SALES@LANONA.CO  
LANONA.CO

SIZING DEVICE

## PRINTING & SETUP

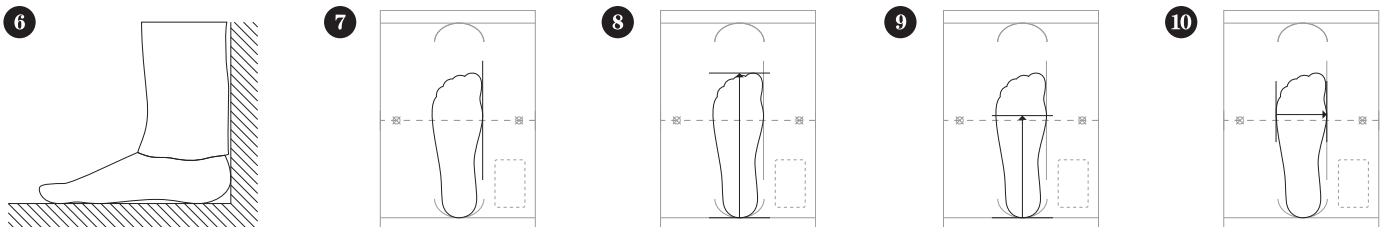
1. Print and check that print size is accurate using a credit card for scale reference where noted on sheet B.
2. Fold sheet A along dashed line (as noted)
3. Place folded edge of sheet A on top of sheet B and align both sheets where noted, completing the circles, then secure with tape.
4. Fold along solid line located by both heel edges to create vertical panels.
5. Position device on ground, with vertical panel flat up against a closed door. Secure device to the floor with tape so it does not shift during the measuring process.



## MEASURING

TO BE REPEATED FOR BOTH FEET.

6. Position your heel against the door, where noted on the device
7. Align the edge of the ball of your foot along the vertical line where noted
8. Putting weight on your foot, carefully measure and mark the length of your foot. This is your heel to toe measurement.
9. Next, locate the middle point of the ball of your foot and note the corresponding number adjacent to that point. This is your heel to ball measurement. Compare the two measurements (heel to toe and heel to ball), and the size of your shoe will be the larger of the two.
10. For width, double check that the edge of the ball of your foot is against vertical line where noted. Putting weight on your right foot, measure and note the width area that the edge of your foot occupies.



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SHEET B



FOLD ALONG THIS LINE TO CREATE A VERTICAL PANEL

## WIDTH AREAS

MEN X-WIDE

WOMEN X-WIDE / MEN WIDE

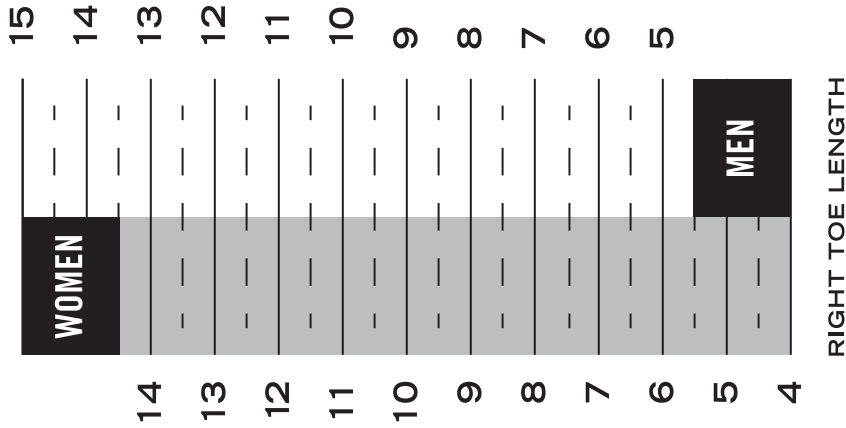
WOMEN WIDE / MEN MED.

WOMEN MED. / MEN NAR.

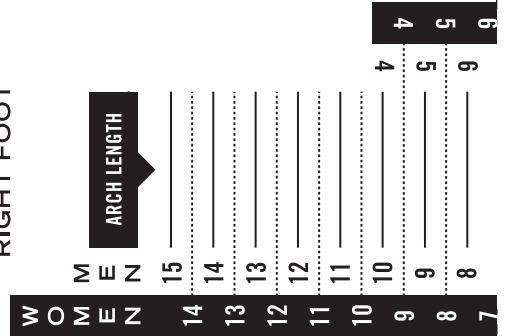
WOMEN NAR.

narrow-c

PLACE  
**LEFT HEEL**  
HERE



RIGHT FOOT



VERIFY PRINT SIZE IS ACCURATE  
BY PLACING A CREDIT CARD  
WITHIN THIS RECTANGLE



◀ FOLD ALONG DASHED LINE, ALIGN TO OTHER SHEET AND SECURE WITH TAPE

**SHEET A**

**WIDTH AREAS**

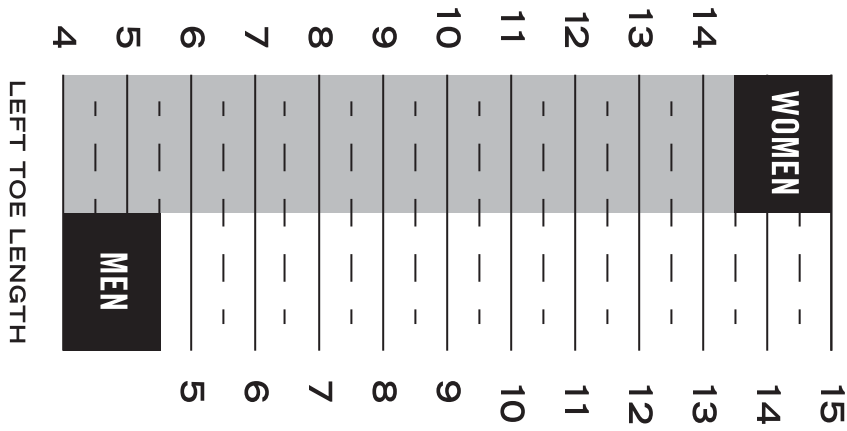
**MEN X-WIDE**

**WOMEN X-WIDE / MEN WIDE**

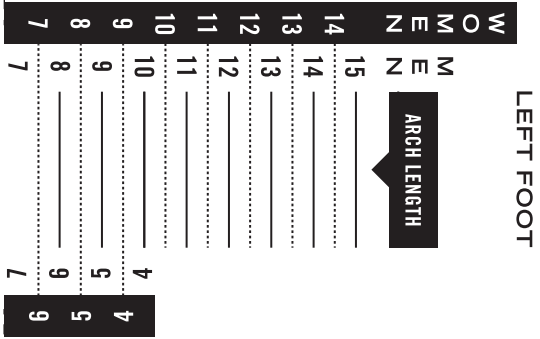
**WOMEN WIDE / MEN MED.**

**WOMEN MED. / MEN NAR.**

**WOMEN NAR.**



ALIGN BALL OF FOOT TO THIS LINE FOR WIDTH REFERENCE



FOLD ALONG THIS LINE TO CREATE A VERTICAL PANEL

▶ FOLD ALONG DASHED LINE, ALIGN TO OTHER SHEET AND SECURE WITH TAPE