## SH WNE life

OPTION 1-PAPER TEST


## How to use a ring sizer:

1. Print and carefully cut out our paper ring sizer.
2. Cut a slit on the line labeled "A".
3. Slip the pointed end through the slit creating a circle.
4. Place around your finger and pull the pointed end to create a snug fit.
5. Use the number line to determine your size. Be careful not to wrap the paper too tight. Aim for a comfortable, snug fit.

OPTION 2 - RING TEST


## How to use option 2:

Already have a ring that fits perfect? Use this chart to determine the size by placing the ring you love on top of each circle until you find a match!

