



The  
Moonlight Post



THE  
GODDESS  
ISSUE



The Moonlight Post

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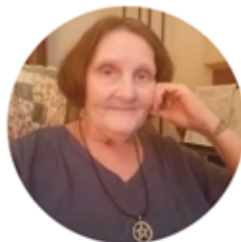


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## Merry Meet!

Welcome to another issue of *The Moonlight Post*. In this edition, we dive deeper into Wicca's best loved aspect - the divine feminine.

Before the major organized religions arose and took over the world, *pagan worship* was widely practiced. And, compared to other religions, one of the most celebrated elements of paganism is its equal emphasis on the feminine and the masculine.

Wicca has also embraced this divine harmony. *Gerald Gardner*, known as the father of modern Wicca, led a coven who worshipped a Horned God and a Mother Goddess. They performed rituals and made offerings to the two with the same degree of emphasis.

In this issue, we will revere this element of Wicca. Special attention is placed on the divine feminine because it stands out against our patriarchal world, with every sphere of life dominated by masculinity.

Here, you will get to know the Goddess deeper. You will discover her secrets, her dreams, and her powers. Develop a strong relationship with the Goddess and she will reward you immensely.

Just like there is a God in us, a Goddess within lies in the depths of our soul and is waiting to be freed.

We hope you'll enjoy this issue as much as we enjoyed writing it.  
*Embrace the Goddess!*

Blessed Be!

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**WHICH GODDESS ARE YOU  
ACCORDING TO YOUR SIGN**





*Athena*

# ARIES

(MARCH 21 - APRIL 19)

Athena is the Greek goddess of wisdom and war. She is bold, brave, and competitive. She is a solid achiever! People born in Aries are very much like this famous deity. They were probably the first to get picked when classmates chose teammates, or are always appointed leader in a group. They are inspiring and empowering, just like Athena!

# TAURUS

(APRIL 20 - MAY 20)

As the Greek goddess of love and beauty, Aphrodite is the epitome of pleasure and sensuality. Like Aphrodite, people born in Taurus enjoy the finer things in life, like good food and nice clothes. But they are hard workers, so they know that they deserve all of these things. And, similar to the goddess, they are fierce lovers and friends.

*Aphrodite*



*Iris*

# GEMINI

(MAY 21 - JUNE 20)

There's no deity more fitting for a Gemini than Iris, the Greek goddess of the Rainbow. Her name is a mix of the Greek words for "messenger" - reflecting the wit and communicative abilities of Gemini, and "rainbow" - mirroring the colorful and vibrant personality of the zodiac's Twins!



*Artemis*

# CANCER

(JUNE 21 - JULY 22)

Artemis is the Greek goddess of the hunt and the Moon. Because the Moon rules over Cancer, Artemis and Cancers share these traits: shyness, modesty, and a tendency to be highly emotional with things they care deeply about. For them, family and friends occupy the biggest place in their sentimental hearts!

# LEO

(JULY 23 - AUGUST 22)

Leos are a ray of light to the world, much like Eos! As the Greek goddess of the Dawn, she brings with her light at the end of every night. This deity represents passion, self-confidence, and the courage to take risks - traits that Leos are born with. There's a reason why the lion is the King of the Jungle!



*Eos*

# VIRGO

(AUGUST 23 - SEPTEMBER 22)



*Demeter*

The Greek goddess Demeter and Virgo are closely tied to the Earth. Both are depicted as carrying grain, and both are seen as Mother figures. Like Demeter, people born in Virgo are practical, nurturing, and hardworking. They are also very loyal to their loved ones!



*Themis*

# LIBRA

(SEPTEMBER 23 - OCTOBER 22)

The Greek goddess Themis is law and order personified, and is the perfect goddess for Libras. She served as a guide for how Greek society worked. Much like this respected deity, Libras are fair-minded, diplomatic, and peace-loving. They like stimulating conversations, good books, and a quiet environment.

# SCORPIO

(OCTOBER 23 - NOVEMBER 21)

No goddess is more fitting for Scorpios than the Queen of the Underworld herself, Persephone. An embodiment of youth and beauty, the Greek goddess is coveted by many. She shares this trait with Scorpios, who are naturally magnetic. This is because Scorpios are very passionate, determined, and loyal.

*Persephone*



# SAGITTARIUS

*Atalanta*

(NOVEMBER 22 - DECEMBER 21)

Atalanta is the Greek goddess of hunting and is Artemis' favorite. Rescued by a bear and raised by hunters, Atalanta is the epitome of adventure. Like this audacious deity, people born in Sagittarius are energetic, open to try new things, and have a great sense of humor. No wonder why they have so many friends!



# CAPRICORN

(DECEMBER 22 - JANUARY 19)

Hera is the Queen of the Sky and Zeus' powerful and regal counterpart. This Greek goddess and people born in Capricorn share these traits - good-mannered, disciplined, hard workers, and natural leaders. Capricorns are classic Type A personalities who get what they want when they set their eyes on it.

# AQUARIUS

(JANUARY 20 - FEBRUARY 18)

The Greek goddess Hecate is commonly associated with anything dark and mysterious. While these are not negative, people have attached unfavorable connotations over the years. Hecate and Aquarius are alike, in that they are both misunderstood. The truth is, they're both just very original and intelligent, who like to think deeply!

*Hecate*

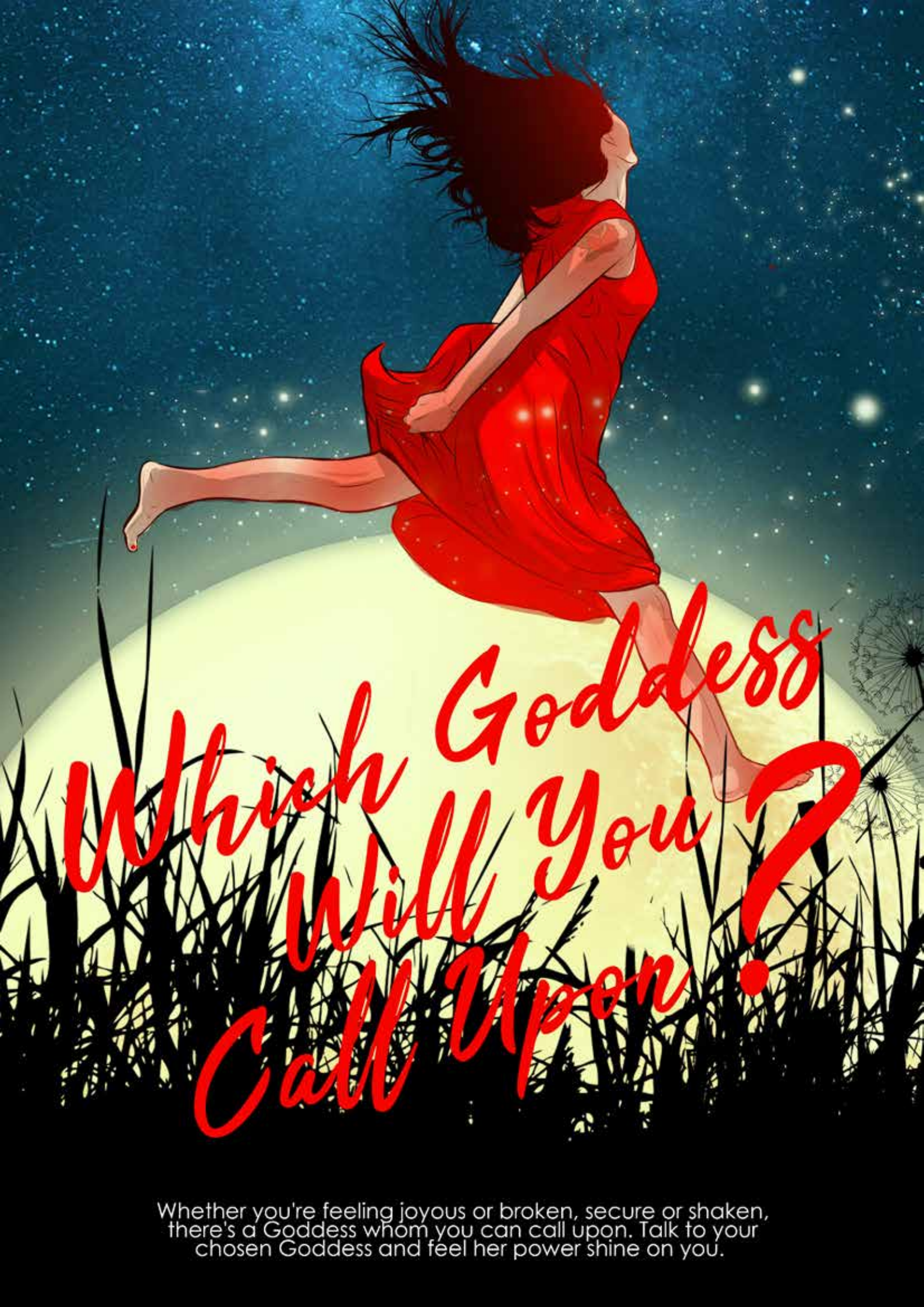


# PISCES

(FEBRUARY 19 - MARCH 20)

Psyche is the goddess of the Soul. Like this beautiful goddess, people born in Pisces are wise, artistic, intuitive, and compassionate. They are selfless, ready to put others before themselves. They are also very friendly, which is why they attract different kinds of people.





*Which Goddess  
Will You  
Call Upon?*

Whether you're feeling joyous or broken, secure or shaken, there's a Goddess whom you can call upon. Talk to your chosen Goddess and feel her power shine on you.



**WHEN YOU'RE  
SHORT ON CASH...  
CALL UPON  
LAKSHMI.**

Lakshmi is the Hindu goddess of wealth and beauty. She is often depicted as a gold-skinned goddess clothed in red robes, atop a giant lotus blossom. From her hands flow gold coins, referring to the prosperity you will receive if you follow her.

This Hindu goddess is also often pictured together with two elephants spraying water. This stands for the material and spiritual prosperity when you work hard and you stay honest.





**WHEN YOU' WANT  
TO BE HEALTHIER...  
CALL UPON  
AIRMID.**

Airmid, or Airmed, is the Irish goddess associated with healing and resurrection. She has a vast knowledge of medicinal plants and knows exactly which herb is perfect for a certain ailment. Airmid is also a keeper of a spring that has powers of resurrection!

A popular story about Airmid goes like this:

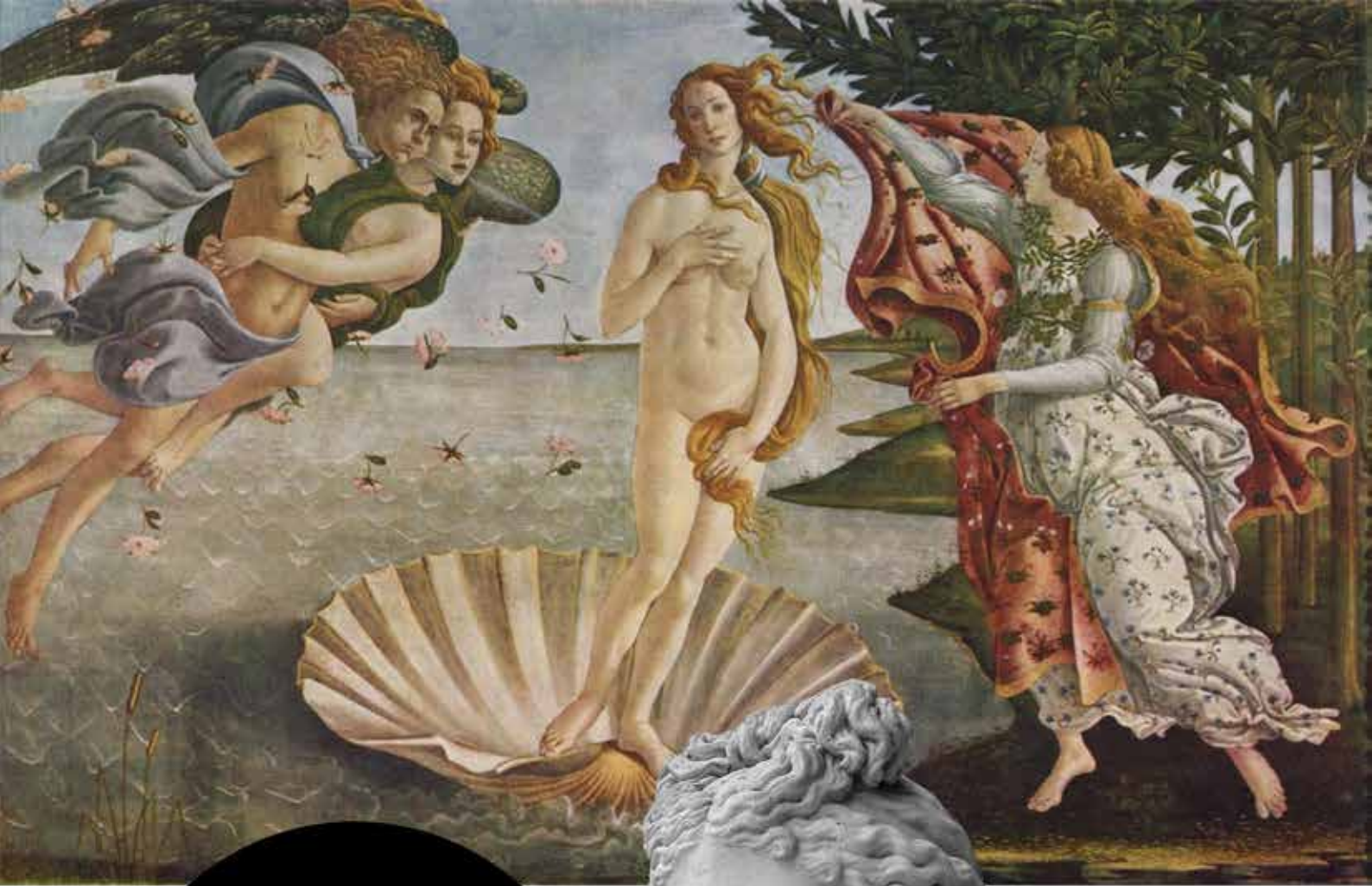
After her brother Miach was killed by their father, Airmid shed tears upon his grave, 365 herbs sprouted from the earth over Miach's body. Airmid gathered all of them inside her cloak. But just then, her father appeared and scattered all the herbs. Because of this, nobody but Airmid knows all the secrets of the healing herbs.

**WHEN YOUR  
CREATIVE JUICES  
HAVE RUN OUT..  
CALL UPON  
THE MUSES.**

You may call upon them as a whole, or you can pick one according to your chosen artistic sphere. The nine Greek Muses are: Calliope, the Muse of epic poetry; Clio, the Muse of history; Erato, the Muse of lyric poetry; Euterpe, the Muse of music; Melpomene, the Muse of tragedy; Polyhymnia, the Muse of sacred poetry; Terpsichore, the Muse of dance and chorus; Thalia, the Muse of comedy and idyllic poetry; and Urania, the Muse of astronomy.

The Muses are usually represented as young, beautiful women. They serve as the inspiration to poets, musicians, painters, dancers, and those seeking knowledge. When you feel your creativity has run dry, invoke the powers of the Muses!





**WHEN ALL YOU  
NEED IS LOVE...  
CALL UPON  
VENUS.**

Perhaps the most well-known Roman goddess, Venus rules over love, beauty, fertility, prosperity, and victory. Her Greek counterpart is Aphrodite. In visual representations of her, Venus is usually depicted nude. Why? Because stories about this sexy goddess revolve around her exploits with gods and mortals alike.

While you can implore Venus for a passionate love life, don't forget her main message for you - that no one can love you more than yourself. Because in the long run, self-love will open up new horizons in your career, family life, and yes, romantic relationships!





**WHEN YOU'RE  
FEELING LOST...  
CALL UPON  
ATHENA.**

The Greek goddess Athena has great power over wisdom. She is most renowned for guiding warriors, like Perseus and Hercules, out of seemingly impossible situations. Her sacred image, the Palladium, kept Trojan warriors safe as long as they held onto it.

Aside from her infinite wisdom, she is also revered as a fearless warrior. As Zeus' favorite child, he trusted her to wield his aegis and his thunderbolt. Athena also served as the guardian of Athens. The Parthenon, the most famous temple in Greece, was built so her followers can worship her.

**WHEN YOU  
WANT A SECOND  
CHANCE...  
CALL UPON EOS.**

Eos is the Greek goddess of dawn and is invoked as the champion of new beginnings.

While not among the most famous goddesses, Eos plays an important part in bringing light each day. She is the sister of the sun god Helios and the moon goddess Selene.

Most of the stories surrounding Eos is about how Athena cursed her with constant desire.

Because of this, Eos often found herself kidnapping the men she fell in love with. However, this never-ending yearning also became a lifetime quest for love and adventure.

● **A note about calling upon the goddesses:**

*Always remember to approach the goddesses with the respect and adoration they deserve. Before calling upon a goddess, really get to know her. This is so to avoid "cherry picking", or picking whoever is convenient for your needs. Learn about her history and her life, and you will have a harmonious and bountiful relationship with your goddess.*

# Faery of Attraction





# WORKING WITH THE GODDESS:

*3 Rituals for You and Mother Earth*

THERE IS AN INFINITE NUMBER OF RITUALS THAT YOU CAN PERFORM WITH THE HELP OF THE GODDESS. OF ALL THESE, WE PICKED THREE: ONE FOR PERSONAL PROTECTION, ONE FOR THE HEALING OF THE ENVIRONMENT, AND ANOTHER TO THANK THE GODDESS.

YOU CAN DO THESE RITUALS ANYTIME YOU CAN, BUT, IF YOU WANT TO INCREASE YOUR RITUAL'S EFFECTIVENESS, YOU CAN CHOOSE TO DO IT ACCORDING TO A PARTICULAR LUNAR PHASE OR SABBAT.

# A RITUAL FOR PROTECTION



When you feel like your safety or security is compromised, draw down the protective qualities of the Moon with this ritual.

What you'll need:

- A white candle
- A small piece of paper
- A pen
- An astrology guide (you can access this online)

What you'll do:

1. Using your web browser, identify your zodiac sign, the planet that rules over the sign, and the moons associated with that sign.
2. Write down your zodiac sign on one side of the paper.
3. Write down the planet on the other side of the paper.
4. Light the candle.
5. Chant the names of the moons of your planet, followed by your middle name. Do this three times.
6. While chanting, place the paper over the flame and continue chanting until the paper has burned out.
7. When the paper has burned to ashes, fix your eyes and focus on the candle. Meditate and try to become in tune with the color, warmth, and scent of the candle. Do this for 10-15 minutes.
8. Take a deep breath and slowly blow out the candle.



# A RITUAL FOR THE HEALING OF THE EARTH



As Wiccans, it is our responsibility to place primary importance on the environment. Aside from recycling, buying local, and other things you can do as an individual to reduce waste and environmental degradation, you can also take time to do a simple ritual for the healing of our one and only home.

## What you'll need:

Incense  
Smudge tools  
Stones  
Bowl of sand or dirt  
Water  
Candles (1 brown, 1 white, 1 black)

## What you'll do:

1. Before the actual ritual, cleanse your body by taking a shower or bath.
2. Cleanse the room where you are going to perform the ritual through smudging.
3. Light the incense and the white candle (Goddess candle)
4. Put the stones on your altar.
5. Cast a circle and call upon the Mother Goddess to assist you in your healing work.
6. Get the bowl of dirt or sand, and holding it in your hands, say "Cleanse the Earth. Heal it. Bless it."
7. Put a few drops of blessed water on the bowl before placing it on your altar.
8. Using the flame of the white candle, light the black candle. Picture the Earth being cleansed and healed by the Goddess.
9. While meditating on the black candle, visualize sending energy to the bowl of dirt/sand.
10. Using the flame of the white candle, light the brown candle. Picture the Earth as healthy - its mountains untouched, its rivers unpolluted, and its forests intact. Continue to send energy to the bowl.
11. Take the bowl outside and raise it to the Moon. Feel the moonbeams filling the bowl with healing energy.
12. Pour the contents of the bowl into the ground where it came from.
13. Close the circle and ground.



# A RITUAL TO THANK THE GODDESS DIANA



Do this ritual whenever you want to give tribute to Roman goddess Diana, who rules over the Moon, countryside, hunters, and crossroads.

What you'll need:

Your altar

If you want to do an outdoor ritual, do so in the woods under the light of the Moon

What you'll do:

Simply say a short prayer from the heart while looking up at the Moon and feeling the moonbeams filling you with the warmth of the Moon. You can also use this prayer written by author Raven Grimassi.

*Hail and adoration unto you,  
O Great Diana. Hail Goddess  
of the Moon and of the night.  
You who have been since before  
the beginning, You who caused  
all things to appear, Giver and  
sustainer of life, adoration unto you.  
Hail and adoration unto you,  
O source of all enlightenment.  
I pray you to impart to me  
your illumination and enlighten  
my mind that I may perceive more  
clearly all things in which I endeavor,  
illuminate my soul, imparting your  
essence of purity. I reveal my  
inner self to you and ask that all be  
cleansed and purified within."*





*The Maiden, Mother, and Crone -  
in many Wiccan traditions, the Goddess  
is depicted as a being with three  
personas. She is worshipped  
as the female equivalent*

# THE

*of the Horned God. Together,  
the Goddess and God make up  
the life force that rules the Earth.*

*It was British poet and scholar  
Robert Graves who put forward  
the idea of the Triple Goddess.  
In his book *The White Goddess:  
a Historical Grammar of Poetic Myth,**

# TRIPLE

*Graves gathered that some cultures  
worshipped a White Goddess of birth,  
love, and death - particularly cultures  
in pre-Christian Europe and  
in the ancient Middle East.*

*As the feminine half of  
the life force, the Goddess controls  
both the Earth and the Moon.  
Thus, the three distinct aspects of the  
Goddess are aligned with  
the phases of the Moon -*

# GODDESS

*the waxing Crescent (Maiden), the Full  
moon (Mother), and the waning Crescent  
(Crone). This is helpful in identifying  
which Goddess to call upon during spellwork.*





## THE MAIDEN

When the moon is a waxing Crescent in the sky, it is said that the Maiden is growing along with it. The enlarging Moon symbolizes the youthfulness of a woman. She is at the stage in her life where everything is new.

The Maiden is associated with the dawn, sunrise, and the spring. She also represents new beginnings, beauty, innocence, vitality, and creativity. If you want to have a fresh start in any aspect of your life, call upon the Maiden.

Goddesses associated with the Maiden: **Persephone** or **Artemis** (Greek); **Rhiannon** (Celtic); **Freya** (Norse)



## THE MOTHER

The Full Moon announces the transformation of the Maiden into the Mother. She represents fertility and abundance. Images of summertime, blooming fields, and a cornucopia of goods come to mind.

In the human dimension, the Mother embodies adulthood, fullness of life, and a nurturing quality. Many Wiccans believe that Gerald Gardner based his image of the divine feminine on the Mother Goddess.

Goddesses associated with the Mother: **Demeter** and **Selene** (Greek); **Ceres** (Roman); **Danu** and **Badb** (Celtic)



## THE CRONE

As the cycle of the Moon ends, the wise Crone takes over the skies. Conjuring images of twilight, night, autumn, and winter, the Crone rules over endings, death, and rebirth. She is also powerful in transformations, prophecy, and guidance.

The Crone Goddess is there to remind us that endings and death are an important part of life. Just as the dark of the Moon comes before the New moon, death is necessary to bring forth new life on Earth. She should not be feared, but revered for her infinite wisdom.

Goddesses associated with the Mother: **Hecate** (Greek); **Baba Yaga** (Russian); **Morrigan** (Celtic)



# THE GODDESSES



The night sky is always something to behold, isn't it? You "ooh" and "aah" at the millions of stars scattered across the black cosmic canvas.

But at the Moon? You just breathe a happy sigh. There are no words for her.

For thousands of years, our ancestors have looked up at the Moon and saw her divinity. And over the centuries, many cultures have associated lunar deities to the Moon.

In rituals offered to the Moon, you can invoke the names of these lunar deities. Here are the most famous Goddesses of the Moon in Wicca.

OF THE MOON

# ENETTES

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Selene is the Greek goddess of the Moon. Together with her brother Helios (god of the Sun) and her sister Eos (goddess of the Dawn), the trio rule over the sky. She is a Titan goddess, which means that she was already around before the Olympian gods and goddesses.

While Selene is often associated with fellow Moon goddesses Hecate and Artemis, she is known as the Moon herself. That said, her powers align with those of the Moon: healing, nurturing, intuition, and emotion.



# HECATE

Hecate is widely accepted as the Goddess of Witches. In ancient writings, she is described as a protector and helper of humans. Hecate is often depicted as having three heads, to denote crossroads, or to matters of triple significance (Maiden, Mother Crone; life, death, rebirth, etc.)

Although she is commonly associated with the Crone aspect of the Triple Goddess, her earliest representation was that of a Maiden. Even so, her role as "dark goddess" may originate from her ties to the spirit world, sorcery, and the underworld. This is not at all negative, as this only means that she is a very powerful goddess that binds the human world and the spirit world.



# ARTEMIS

Artemis is the Greek goddess of the hunt and the Moon. Her twin brother, Apollo, is also associated with the Sun. She is typically pictured as a young and slender woman carrying a bow and arrow, with a wild animal (usually a deer or hunting dog) accompanying her. When Artemis is portrayed as the goddess of the moon, she is wearing long robes and a crescent

moon crown. Her bow is also a symbol of the waxing moon.

Aside from being a Moon goddess, Artemis was also a goddess of chastity. She protected her virginity at all cost, even killing those who made the honest mistake of seeing her unclothed while bathing. She bestows the same protection to those who worship her.



# CERRIDWEN

---

Like Hecate, the Celtic goddess Cerridwen is associated with the Crone. And again, this portrayal is not so accurate, as she is also connected to the Mother. She represents abundance and fertility, and some depictions of her are that of a white sow.

Because of her closeness to the Moon, she is looked up to as a patron of wisdom and inspiration. She is the keeper of the cauldron of knowledge, according to Celtic mythology. Cerridwen is the goddess to call for spells that have to do with wisdom, growth, and change.





Roman Moon goddess Athena is the Roman equivalent of Artemis. In some Wiccan traditions, particularly the Dianic Wiccan tradition, mainly honor Diana as the symbol of the sacred feminine. Her name means "heavenly divine", which is only too appropriate for her role in the skies.

Diana is also a goddess of domestic animals, as well as fertility. She is called upon by women who wish to bring children into the world. She is also a patroness of hunters, the countryside, and crossroads.



D I A N A

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ASK ANY WITCH WHAT THE MAJOR WICCAN HOLIDAYS ARE, AND SHE'S MOST LIKELY TO MENTION BELTANE, YULE, OR ANY OTHER SABBAT.

BUT DID YOU KNOW THAT THERE'S WHAT SOME WOULD CALL A "SECOND WHEEL OF THE YEAR"?

all about  
**SABBATS**

## THE ESBATS

In this version of the Wheel of the Year, the celebrations are called Esbats. While Sabbats are ruled by the Sun, the Esbats are ruled by the Moon. Every month, the Full Moon lights up the night sky. Wiccans honor the Goddess during this time.

Wiccans observe the Sabbats and Esbats differently. Generally, there are more festivities and merrymaking during Sabbats. The Esbats are quite the opposite. During this time, practitioners do magickal work.



While Esbats are usually at the Full Moon, some Wiccans reassign the Esbat to other Moon phases. This is because the energy of the Moon is different at varying phases. For example, rituals involving new beginnings work best during the New Moon, and those involving cutting ties and bad habits work best during the Waning Moon.

## THE FULL MOONS

Before the calendar was invented, the lunar cycle was used to tell the passage of time. This is why each Full Moon had a nickname, depending on what season it is. Wiccans still use these Full Moon names to enrich their rituals during Esbats.





## **JANUARY** **FULL WOLF MOON**

Alternate names:  
Cold Moon, Spirit Moon,  
Center Moon, Severe Moon,  
Greetings Moon

Symbols:  
wolves, courage, hunt

At this time each year,  
wolves would be often  
heard howling. They're  
either marking their  
territory or out hunting.

## **FEBRUARY** **FULL SNOW MOON**

Alternate names:  
Hunger Moon, Bone Moon,  
Black Bear Moon

Symbols:  
heavy snowing, bones,  
hunger

Winter is in full  
swing during this time,  
and snow falls heavily.

## **MARCH** **FULL WORM MOON**

Alternate names:  
Sap Moon, Sugar Moon,  
Eagle Moon, Crow Moon,  
Lenten Moon  
Wind Strong Moon

Symbols:  
worms, robins, maple

Worms hiding in trees  
and other winter  
hideaways emerge as the first  
signs of spring show up.

## **APRIL** **FULL PINK MOON**

Alternate names:  
Egg Moon, Sprouting Grass  
Moon, Budding Moon,  
Moon When the Geese Lay Eggs

Symbols:  
pink moss, spring, eggs

The first spring flowers,  
pink in color, appear.  
They signal the coming of  
a fresh new start after  
the long winter months.

## **MAY** **FULL FLOWER MOON**

Alternate names:  
Corn Planting Moon,  
Milk Moon, Mother's  
Moon, Frog Moon

Symbols:  
flowers, fertility,  
mothers, planting, corn

Flowers are in full bloom,  
during this month.

## **JUNE** **FULL STRAWBERRY MOON**

Alternate names:  
Rose Moon, Hot Moon,  
Honey Moon

Symbols:  
strawberries, roses,  
honey, mead, summer

In colonial America, this was  
a popular time to  
gather strawberries



## **JULY** **FULL BUCK MOON**

Alternate names:  
Thunder Moon,  
Raspberry Moon,  
Salmon Moon

Symbols:  
buck, antlers, thunder,  
fruits, ripe corn

This time of the year  
signals the growing of  
the male deers' antlers.

## **AUGUST** **FULL STURGEON MOON**

Alternate names:  
Green Corn Moon,  
Black Cherries Moon,  
Flying Up Moon

Symbols:  
sturgeon, all kinds  
of fishes, blueberries,  
green corn, wheat

Sturgeon fish are most readily  
caught during this month.

## **SEPTEMBER** **FULL HARVEST MOON**

Alternate names:  
Barley Moon,  
Yellow Leaf Moon

Symbols:  
harvest, autumn,  
corn, barley, plums

This is the month where  
the autumn equinox and the  
harvest season occur.

## **OCTOBER** **FULL HUNTERS MOON**

Alternate names:  
Migrating Moon,  
Falling Leaves Moon

Symbols:  
hunting, travel,  
fallen leaves

During this time, autumn  
is in full swing and  
hunting is in season.

## **NOVEMBER** **FULL BEAVER MOON**

Alternate names:  
Frost Moon

Symbols:  
beavers, fur, frost

This month is a time  
to make winter clothing  
from the fur of beavers.

## **DECEMBER** **FULL COLD MOON**

Alternate names:  
Long Nights Moon

Symbols:  
winter, long night, ice

The winter solstice -  
the longest and coldest night -  
occurs at this time of the year.

# MORE WAYS TO SHOW OFF YOUR WICCA N PRIDE!!!



## Wiccan Flags

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# HOW TO FIND YOUR WICCAN GODDESS

A woman with long dark hair, wearing a bright yellow, long-sleeved, floor-length dress with a large bow at the waist and a small floral headband, stands on a sandy beach. She has her arms raised, looking upwards. The background is a blue sky with light clouds and some greenery in the distance. On either side of the woman, there are several horizontal yellow bars of varying lengths, creating a decorative border.

ONE OF THE MANY DISTINCT AND WONDERFUL CHARACTERISTICS ABOUT WICCA IS THAT YOU CAN HAVE MORE THAN ONE GOD OR GODDESS. HOWEVER, WHILE WICCA ALLOWS US TO CALL UPON MULTIPLE GODS, ALL OF US USUALLY HAVE A GO-TO DEITY.

WE CALL THIS DEITY OUR PATRON GOD OR GODDESS. YOU YOURSELF CAN IDENTIFY A PATRON, WHOM YOU CAN DEVELOP A CLOSE RELATIONSHIP WITH. YOU WILL WORK WITH YOUR PATRON WITH YOUR SPELLS AND RITUALS. YOUR PATRON WILL HELP YOU GROW INTO A BETTER WICCAN.



If you haven't found your patron goddess yet, then read up and follow these steps.

### **YOUR PATRON DOESN'T HAVE TO BE ALONE**

When you have a patron, you're not banned from worshipping other gods or goddesses. It's okay to call upon other deities for a specific need. Just remember that the relationship you have with your patron goddess (or god, for that matter) is constant and growing.

When you're only beginning, it's wise to start with one patron. But in time, you can have more than one patron. It would be best if you stick to one pantheon when you choose your patrons.

## THE CALLING

Will you choose your goddess, or will your goddess choose you?

You will never know unless you raise your level of awareness. Many Wiccans say that they found their goddess through a vision or a dream. Others talk about how an inner voice introduced herself as the patron goddess. What they experienced was a "calling", where the goddess called them unto her.

Don't be disheartened if you don't hear the calling. Maybe your goddess is just waiting for the right time, or that you have to fine-tune your senses to notice the signs.

## THE SEARCH

While hearing your goddess call to you is wonderful, not everyone will get to experience it at all. Sometimes, a patron goddess will challenge her ward and make them find her.

If you're still not getting the calling for some time, then it might be best to meet your goddess halfway. The first step is research. Strive to really understand deities by reading a lot about the topic. Get to know the gods and goddesses, especially the ones who you feel might become your patron. More knowledge will lead to a natural intuition when it comes to choosing your patron goddess.



## WORSHIPPING YOUR PATRON GODDESS

Another reason why it's important to research is that, once you've identified your patron goddess, you should know how to worship and work with her. You wouldn't want to make the mistake of performing sun rituals to a Moon goddess.

Have your altar ready for your patron goddess. A picture of her isn't necessary, but she would be delighted if you did something as simple as printing out a copy and hanging it on the wall. Decorate your altar with items associated with your goddess. For example, if your goddess is skilled with herbs, then some dried kitchen herbs and even flowers will go a long way.

Having a patron goddess is all about your personal relationship with her. Be sure to talk to her. Talk to her, and listen to her while you meditate. Perform rituals for her. Allow the lessons that she learned in her life to guide you as well.

These are general guidelines in finding your patron goddess, and starting a relationship with her. In the end, it is you who will learn and grow with your own practice.





# CHARM NECKLACES

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FOR DIANIC WICCANS,  
THE GODDESS IS THE WELLSPRING  
OF ALL LIVING THINGS  
ON EARTH. HAVING BEEN  
FOUNDED ON THE WICCAN TRADITION,  
PRACTITIONERS FOCUS ON  
EMPOWERING THEIR WOMANHOOD AND  
RISING FROM THE PATRIARCHY.

# THE DIANIC WICCAN TRADITION

Of all the popular Wiccan traditions, Dianic Wicca is perhaps the most distinct. Get to know this wonderful form of Wicca and see if it's for you.

In 1971, Hungarian-born Zsuzsanna Budapest founded Dianic Wicca in Venice Beach, California. While most Wiccan traditions honor both male and female deities, Dianic Wicca worships only goddesses. This form of Wicca is named after the Roman goddess Diana, although this doesn't necessarily mean that Dianic Wiccans stick to the Roman pantheon.

For Dianic Wiccans, the Goddess is the wellspring of all living things on Earth. Having been founded on the Wiccan tradition, practitioners focus on empowering their womanhood and rising from the patriarchy.

#### **WHAT MAKES IT DIFFERENT FROM OTHERS?**

Dianics, like other Wiccans, also celebrate the major Wiccan holidays, as well as Esbats. They

follow the same general principles, and more or less the same spells and rituals.

What mainly sets apart these feminist Wiccans, particularly the Budapest lineage, is that covens are composed of exclusively women. For them, Dianic ritual promotes healing from trauma, which makes this tradition like female-centered therapy groups that were prominent in the 1960s and 1970s. This isn't surprising, since Dianic Wicca actually sprang forth from the Women's Liberation Movement.

To better understand what Dianic Wicca is, here are Budapest's words:

*"There are only two kinds of people in the world: mothers and their children. Mothers can give life to each other as well as to men, who are not able to do the same for themselves. This constitutes a dependency upon the Female Life Force for life renewed and was accepted naturally in ancient times by our ancient forebearers as a sacred gift of the Goddess. In patriarchal times, this sacred gift was turned against women, and used to force them to give up roles of independence and power."*



## THE FIRST COVEN

The first Dianic Wiccan coven was established on the Winter Solstice of 1971 by none other than Zsuzsanna Budapest. It was called the Susan B. Anthony Coven Number One, and Budapest served as its High Priestess for nine years.

Up until today, the original Dianic coven still exists, now assuming the name Circle of Aradia. The Los Angeles-based group offers voluntary services to women who want to "keep the fire of the Goddess alive".

## DIANIC WICCA AND INCLUSIVITY

Because the original Budapest lineage was exclusively for women, only women-born individuals were initiated into covens. While it embraced lesbians, the Dianic tradition through Budapest did not allow a transgender woman to become part of it. For some Wiccans, the feminist ideals of the tradition cease to be such the moment it excludes transgender women. Because of this, it came under fire and many Dianic covens distanced themselves from Budapest's group.

The pioneering coven and those that closely follow it have also sparked debate about their view on men, particularly about allowing male members in covens. Another issue that arose is the correctness of using hexes on male aggressors. Those opposed to this view cite the

Wiccan Rede and the Threefold Law, two of the fundamental principles of Wicca.

## THE PRESENT

Many groups in the Dianic tradition have begun accepting men and transgender women as members, given that they induct men on a case-to-case basis. Some covens still maintain their strictly exclusive stance on who can join. There are also independent Dianic witches, those who follow in the teachings of Budapest but focus on independent study and practice.

If you decide to follow the Dianic path, keep in mind one of its basic tenets: that, like the Goddess, you are powerful and you are on the road towards healing and empowerment.







Everyone, including you, has feminine & masculine energies. Think of these energies as yin and yang.

Feminine energy is associated with goodness, empathy, and a sense of nurturing. Meanwhile, masculine energy is linked to strength and the spirit of conquering.

To live a happy and abundant life, you need to harness both your masculine and feminine energies. Think of it as yin and yang - one cannot exist without the other.

Popular culture throughout the years has been placing more emphasis on the male counterpart. You can see this in movies and ads, which define a full life as one centered on career and riches.

In recent years, however, people have been putting the spotlight on feminine energy. This is because - in our often chaotic and overly competitive world - what we truly need is compassion.

# UNLEASH YOUR INNER GODDESS



## **1. Tune in to the Moon's cycle.**

While you have your own inner cycle, you are also affected by the external ones surrounding you, especially the Moon's cycle. It's important for these to synch, so that you'll be able to know exactly what you'll need.

Every night, look at the Moon for five minutes. Identify where the moon is in its cycle. Know where you are in yours, too. Follow your heart. If you need time to relax, do so. If you feel like seizing the day and crossing items off on your goals list, go for it!

If you pay attention to your own cycle, and when you align this with the lunar cycle, you will put your priorities in order and find that much-needed grounding.



## 2. Live your truth.

In this hyper-masculine society, men and women are conditioned to believe that there is only one definition of "success".

For example, people see putting other people first as a sign of weakness. Another example is that being a woman or a member of the LGBTQ community is inferior to being a man.

You and I both know that all of these are not true. We've been taught to be silent about our needs, but it's time we unlearn this and embrace our truth. A goddess never apologizes for being the way she is, and neither should you.



### **3. Honor your body.**

Whoever said that your body is a temple wasn't joking. Like a sacred space, your body's health is key to the flourishing of every other aspect in your life. When you're physically unhealthy, you won't be able to live your life to the fullest.

Honor your body primarily by accepting it. As long as you're healthy, learn to love the things that you don't see as "beautiful". Then, take greater care of your body by eating healthier and exercising regularly. Also, it doesn't hurt to indulge your senses once in a while - a bubble bath or a day at the spa, perhaps?



#### **4. Open up to the love and help you deserve.**

When faced with a difficult situation, you often find yourself retreating to your corner. You refuse to seek or accept the help that our family or friends offer, thinking that doing so is a negative thing.

Assuming that seeking help is a sign of weakness is another thing we need to unlearn. Our loved ones' affection is there not because we are weak. It is there because love is the greatest gift we can offer to anybody, especially ourselves.

When you accept the love and help you deserve, you will open yourself up to brand new opportunities. The things that you thought you couldn't do just became possible, with a little help from your friends.



## 5. **Live in the present.**

So much of our lives is spent worrying about the future, that we forget the present. You should remember this: all you are ever sure of is now. This means that there is no guarantee that tomorrow will come.

While it is wise to prepare for your future, remind yourself to live in the present. Spend more time with the people you love and really listen to them. Enjoy your favorite cup of tea without worrying about work emails. Make it a daily ritual to unwind on the way home after work.

When you practice the art of slowing down and living in the moment, you'll see the beauty in life. Sure, there's still those work emails, but at least you'll have the sunset to look forward to.

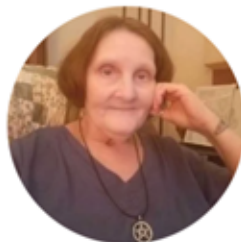


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