

ELEMENTAL SPELLS

PLUS THE NINE SACRED WOODS IN A BONFIRE RITUAL



THE FIVE ELEMENTS OF NATURE



The elements of nature are fundamental aspects in Wicca. These are the Earth, Fire, and Water, and the Spirit. The Spirit is the elusive element among them. This is why the pentagram is a powerful symbol in itself. It has five points representing the five elements.

The elements are call upon by the Wiccans in rituals and spell casting. Each element has its own associated symbols and meanings. And Wiccans work on their symbolisms and characteristics. It really just depends on the witch!

Here are the five elements of nature:



EARTH

The Earth element is the element of form and binding. This element is closely linked to our physical world. It is anything linked to our physical bodies like properties, money, and business. It is the foundation upon which the other elements move. The Earth element shows us our limitations because of our physical make up. It is a feminine element because it is the energy of the Mother Goddess.

The Earth's season is winter. Its color is yellow and its direction is north. In nature, the Earth's places are the caves, valleys, and forests. Since they provide shelter and homes to many beings. The gnomes represent the Earth element's active magickal principle. In astrology, the signs Capricorn, Taurus, and Virgo are associated with this element.

The pentacle is the altar tool assigned to the element of Earth.

air



The element of Air is a masculine energy that associated with mental activity. It is also associated with gusts of wind. According to the old witches' lore, spirits insert themselves within the wind. The traveling sound of a howl is also believed to carry spirits.

This element's color is blue and its direction is east. Sylphs represent the magickal properties of the Air. In astrology, its signs are Aquarius, Gemini, and Libra. The wand is the altar tool that's symbolic of this element. Because the wand was once a branch swaying in the wind. The blade is also another, because of the sound it makes when you slice it through the wind.



FIRE

The element of Fire is a living element. It is a symbol of divinity. It is a living principle of duality due to what it can provide and cause. Fire provides light and heat, but can also cause death, damage and destruction.

The flame itself is a symbol of divinity. For example, the symbol of the Goddess Vesta is a flame on the hearth. The Fire element's color is red. And the ritual tool associated with it is the blade. This is because the blade is made and shaped using fire. In astrology, the signs for this element are Sagittarius, Aries, and Leo.

The ancients believe the element of Fire lies within the pieces of wood. Because rubbing pieces of wood together creates a flame. In the olden times, the pagans maintained sanctuaries for their deities in the forest. The sanctuaries would be made of branches and wood. And to transfer the deities to a new location, they would encase them in a bundle of wood.

WATER



The element of Water is symbol of renewal and regeneration.

The Undines represent the magical activity of this element. The water element's direction is the West. Its color is blue or green, depending on the tradition. In astrology, the signs associated with it are Scorpio, Cancer, and Pisces.

The altar tool associated with this element is the chalice, for the obvious reason that the chalice on the altar holds water or wine.



SPIRIT

The Spirit element, or Akasha, is the subtle presence that is present in everything. It is the super element that binds all the elements together. It is the source of all energy. Your soul contains a bit of the Akasha.

There is this collection of the unconscious called the "Akashic Records."

These are a collection of all things past, present, and future. Only those who train or who have the natural ability to do so, can access it. Can't imagine it? Think of a super computer that has access to all information.

This element operates through sound and vibration. Just like the element of Air. Its colors are white and black, reflecting all vibrations of light and dark.

It covers all directions and non-directions. It has no altar tool or astrology sign associated with it.

Judging by all this, the Spirit element is the most difficult one to describe. It transports you from narrow confines to something bigger. It goes beyond thought and emotion. It is something that is almost incomprehensible.



1. Rowan

The Rowan is associated with the Celtic hearth goddess Brighid. It is associated with astral traveling, success, and personal power. If you carve a charm into a Rowan twig, it can serve as your protection from harm. Even the Norsemen used Rowan branches as rune staves of protection. Rowan also prevents the soul of the dead from lingering around too long.

2. Birch

The Birch is the first month in the Celtic tree calendar. The Birch tree is the first tree to go back after a forest fire. That is why it is associated with new beginnings and renewal. It also has the power to protect and heal. But the Birch is especially used in spells for fertility and heightening creativity. Use Birch branches to make your own broom or for use in enchantment spells and purification. Hanging Birch twigs over a child's cradle will protect the newborn from harm. Tie a red ribbon around the Birch tree to ward off negative energy.

3. Ash

Odin was hung from a Yggdrasil tree, which was an Ash tree. This was for him to gain wisdom. Since then, the Ash tree has long been associated with wisdom and knowledge. So use the Ash in magickal workings related to prophetic dreams, spiritual journeys, and the ocean. Magickal tools made from ash like wands and brooms are more useful, powerful and effective.

4. Alder

The Alder represents the evolving spirit. It is associated with divination, spiritual decisions, and prophesying. The Alder will help sharpen your intuition. Its flowers and twigs are used in Faerie magick. Whistles of before were made of Alder shoots, to call upon the Air spirits.

5. Willow

A Willow tree planted near anyone's home will protect

The Nine Sacred Woods In a Bonfire Ritual

In many Wicca traditions, the nine sacred woods are used in ritual bonfires. The nine sacred woods are taken from the first nine trees in the Celtic tree calendar. You will also find the nine sacred woods listed in the long version of the Wiccan Rede. These sacred woods are not at all easy to find. But are usually what they use to build the Beltane or Bael fire.

Here's a list of the nine sacred woods.

that home from natural disasters like flooding and storms. This tree has great warding off powers. Apart from protection, use the herb from the Willow tree for healing. Willow branches are durable while bendable, that's why they're used for willow workings like baskets. The Willow wood is used for nurturing, healing, and knowledge.

6. Hawthorn

The Hawthorn is a prickly and thorny tree associated with magickal workings related to the masculine energy. Stuff like business and professional work. When the Hawthorn grows in tandem with the Ash and the Oak, it makes for a good breeding ground for those of the Fae Realm. Use the branches for cleansing, protecting, and defending. Tie a red ribbon around the thorn as a protective amulet in your home or on your person.

7. Oak

The Oak tree is a towering tree that towers all over the other trees. This tree was sacred to the Druids and rules over the summer months. Use the Oak branches for protection spells, money and success spells, and fertility spells. Being such a masculine tree, the Oak was associated with the leader gods like Zeus and Thor.

8. Holly

The Holly tree was the source of materials for weaponry. In spells, it's used in protective magick. Placing holly outside or inside your home will bring you and your family good fortune. Planting holly hedges around your home will protect your home from evil spirits.

9. Hazel

The Hazel tree is associated with wells and magic springs. Just like the Ash tree, it is used for workings related to wisdom and knowledge. In the ancient times, the wood from the Hazel tree was used to make staffs for self-defense.

There you have it, these are all the sacred woods that you can use in your ritual bonfires. If you can do so, consider yourself lucky. Let the sacred woods bring you luck, protection, healing, wisdom, and a new beginning. Just a reminder, as in the Wiccan Rede:

“Nine woods in the Cauldron go,
burn them quick a' burn them slow.

Elder be ye Lady's tree;
burn it not or cursed ye'll be.”

So avoid burning the Elder tree's branches in your ritual bonfire! Focus on learning about and searching for the nine sacred woods of a bonfire.



FINDING AND CONNECTING WITH YOUR ELEMENT

Your element says a whole lot about you. It will help you understand your natural leanings. It will help you see why you are the way you are and why you act the way you do. Your personality is closely tied to the element it represents. Knowing your element, you will gain a deeper understanding of yourself. This information will help you grow as an individual. Knowing your element will help you in your spiritual practice. Knowing your element will make your more effective in your magick.

Finding your personal element is a process that takes time. You are going to

have to pay attention. You will also need to meditate and do exercises in introspection. Your element calls to you based on your personality traits, birth name, date of birth, colors, likes and interests.

The trickiest element of all is the Spirit element. Since it crosses over all four elements. It is in everyone and everyone is a part of it. If you feel like you have a balance of all four elements within you, then your strongest element might just be the Spirit. If that's the case, then consider yourself lucky. You can connect with and use the four basic elements in your magick and spiritual life.

ASTROLOGY

Every astrology sign is associated with the four elements. Your sign plays a big part in what your element could be. And your element is predetermined by your soul before you were born. They reflect the energies your soul hopes to unfold and develop over your lifetime.

FIRE

Aries, Leo, Sagittarius

WATER

Cancer, Scorpio, Pisces

EARTH

Taurus, Virgo, Capricorn

AIR

Gemini, Libra, Aquarius

BIRTH NAME

You can also determine your element from your first name. Your birth name is you're your energy signature. Look at the vowels in your first name. The primary vowel, the most prominent one, tells you the element that you resonate with the most.

A- Spirit

E- Air

I- Fire

O- Water

U- Earth

PERSONALITY TRAITS

Here are some personality traits that are particular to each element. As with anything, balance is important. Don't lose sight of the real purpose of knowing your element. It will help you with your spiritual, mental, and emotional growth. For example, you may be of the Fire element. If you are grossly lacking the Water element, you need to make an effort to work on that. Let this guide you with what you need to work on.

AIR

- Highly curious
- Has lots of ideas
- Like further and advanced education
- Organized
- Highly focused
- Has a vivid imagination
- Logical thinker
- Knows how to find information

EARTH

- Materialistic- has close ties to possessions
- Health-conscious
- Likes to seek the help of doctors
- Likes cleanliness
- Maintains a beautiful home
- Steadily employed and earning
- Likes to spend time outdoors

WATER

- Strong Intuition
- Sensitive
- High self-esteem
- Stable in romantic relationships
- Maintains stable friendships
- Freely expresses love and affection
- Likes to receive love and affection
- Has control over emotions
- Expresses negative emotions in a healthy manner

FIRE

- Goal-oriented
- Inspired
- Achiever
- Energetic
- Passionate
- Assertive
- Effective at grounding, raising, and directing power

SPIRIT

- Highly spiritual
- Centered
- Copes with stress and problems spiritually
- Has a God/Goddess within
- Regularly worships
- Builds relationships with deities
- Interested in other religions
- Peaceful
- Joyful
- Enjoys relationships with spiritual guides

ANIMALS

The animals you are drawn to will also tell you your element.

EARTH

- Horses
- Deer
- Dogs
- Hares
- Wolves
- Bears

AIR

- Hawks
- Ravens
- Eagles
- Owls
- Butterflies
- Dragonflies
- Bats

FIRE

- Lions
- Salamanders
- Tigers
- Foxes
- Lizards

WATER

- Swans
- Dolphins
- Fishes
- Whales
- Penguins
- Sharks
- Seals

COLORS

Your favorite colors are also telling of your element.

EARTH

- Green
- Tan
- Brown

AIR

- Light Blue
- White
- Yellow

FIRE

- Red
- Gold
- Orange
- Blue

WATER

- Aquamarine
- White
- Light Green
- Teal

MYTHOLOGICAL CREATURES

Mythological creatures are also associated with the different elements. What interests you also reflects your element.

EARTH

- Gnomes
- Elves

AIR

- Pixies
- Sylphs
- Pegasus

FIRE

- Phoenix
- Dragons

WATER

- Mermaids
- Nymphs
- Undines

How To Communicate With Your Element

You are born with a special connection to your element. Now it's time to connect with it.

1. Get something that represents your element

It could be a cup of water for Water; a lit candle for Fire; a flowerpot for Earth; a feather quill for Air.

2. Cast a circle

This is to draw in the positive energy around you.

3. Sit in the circle

Sit in the center along with your representation for your element.

4. Run your hands through the representation of your element

Think thoughts about being consumed by the element. If your element is Water, think of being underwater. If your element is Fire, think of a blazing hot summer day. If your element is Air, think of being in the eye of a hurricane. If your element is Earth, think of being underground.

5. Call forth the element

As your vision becomes clearer, start communicating with your element. Talk to it and tell it things about yourself. Share with it what makes you happy and sad. Share your hopes and your dreams. Just communicate with it in the same way you would with other people.■

ELEMENTAL SPELLS



AIR



WATER



FIRE



EARTH



AIR SPELL

The Air element rules over things of the mind, such as memory, intelligence and creativity.

In Air magick, make sure to add some aspects of air to it, like:

- Bells, feathers, fans and incense
- Stones like quartz and amethyst
- Herbs and oils of lavender, mint and pine

Air spells entail a bit of writing and speaking aloud, inhaling scents, and the ringing of bells or chimes.

Bring Travel Spell

Everyone reaches a point where they want to travel and see the world. This spell will help bring travel opportunities into your life.

You will need:

- 1 small hand fan

a paper or wooden fan you can wave (not battery-operated)

- 1 dish of fresh mint
- 1 feather
should be small and light

What you should do:

Lean over the dish of fresh mint and inhale the smell. Then, visualize yourself being in different places and seeing different landscapes.

Next, toss the feather in the air and use the fan to blow it around the room. Make sure to keep the feather airborne.

Then, let the feather land in the mint dish.

Finally, take in another whiff of the mint dish's aroma.

Remember: *Each morning, make it a habit to take a deep breath of the mint dish as you picture yourself in new places.*



The Water element is used for magick involving love, friendship, healing, dreams and sleep.

Water magick is usually done through ritual baths or drinking. Add some water elements for any magick that has to do with your emotions or the astral plane:

- Stones like moonstone, aquamarine or jade
- A chalice or a cup
- Oils and herbs such as jasmine or gardenia

Peaceful Dreams Spell

If you are under a lot of stress and have trouble sleeping, this spell will promote restful sleep and pleasant dreams.

What you'll need:

- 1 tsp sea salt
- 1 tbsp rosemary
- 1 tsbp rose petals
- 2 tsbp valerian
- 3 pieces of moonstone
- A glass bowl

What you should do:

Before bed, fill the glass bowl with water. Add in the salt and herbs and stir.

Say the following:

*"Bring me quiet,
Bring me peace,
Ease my dreams
And let the nightmares cease."*

Drop the 3 moonstones into the bowl.

Place the bowl near your bed. Go to sleep. The bowl will absorb any negative dreams.

WATER SPELL

Fire spells call upon the elements with the aid of candles. The Fire element represents passions, energy, ego, willpower, creativity, strength and emotions.

You can cast spells specifically for these things. But fire spells are usually done to bring more energy to your purpose and desire.

Use these things for your fire spells:

- Athame
- Candles
- Stones such as garnet and bloodstone
- Oils and herbs like cedar, cinnamon, basil and rosemary

If you want to burn fire, a cauldron would be a good tool to start with. Having a cast-iron cauldron will help if you want to use more fire.

Spell To Bring Joy Into Your Life

Use the power of fire to bring a little more joy into your life.

What you will need:

- 3 orange candles
- Rosemary
- Cedar oil

What you should do:

Anoint the candles with cedar oil.
Light the candles.
Sprinkle herbs around the bases of the candles.
Focus the flame and feel the heat of the fire fill up your soul.
Say the following:

*"Happiness and joy come into my life,
Do away with anger and stress,
I am happy, I am free,
Away with negativity."*

Warm your hands using the flame of the candles.

Leave the candles be and let them burn down on their own.

FIRE SPELL

EARTH SPELL

The Earth element deals with material things like money, abundance and financial prosperity. Earth spells deal with grounding, fertility, home, nature and growth.

These are some of the things to use in your Earth spells:

- A bowl of salt
- A potted plant
- A pentacle
- Onyx stone
- Oils and herbs like patchouli, mugwort, and cypress

Earth spells often include live plants, burying things in the earth and eating foods. If you're looking to add some earth energy, try to use these types of things in your spellwork.

Fertility Egg Spell

If you are having trouble getting pregnant, a little

Earth magick just might be the help you need.

What you will need:

- 1 raw egg
- 1 whole vanilla bean
- A pencil

What you should do:

Write the Theban symbols on an egg that mean "ripe."
Go outside and dig a hole in your yard (or a flower pot if you don't have a yard). Make it deep enough that no animal can dig it up.
Bury the egg with the vanilla bean.

Reminder: *This spell will work best if you bury the egg during a waxing moon. And if you do, each night afterwards, go outside and water the spot and let your spell "grow".* ■



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